THE Sun

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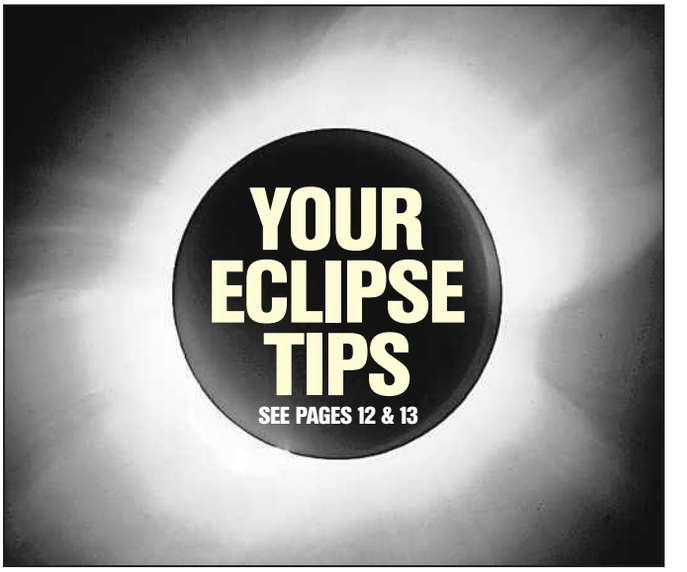
SHOP THE BOATS!

By THOMAS GODFREY and ED SOUTHGATE

MEGA-dinghies like the one which took a record 230 migrants to Britain are sold brazenly online by Chinese factories.

The Sun found a 49ft boat for £1,400 in just

Continued on Page 5



OFFICE STAR LUCY:

I have incurable cancer..but I'm at peace

By HOWELL DAVIES

THE Office star Lucy Davis yesterday revealed she has incurable breast cancer — but bravely told fans she is "at peace" with what comes next.

The 53-year-old actress, who played receptionist Dawn Tinsley in the BBC sitcom, said she is trying to make the most of the time she has left.

Lucy, daughter of comedy legend Jasper Carrott, added: "I asked my friends and family to make fun of me as much as possible."

Full Story — Page 7

Brave . . . actress Lucy, and below, as Dawn with Office castmates

REFORM CHIEF ON DONATION ROW

FARAGE: I'D STILL TAKE £5M CASH

EXCLUSIVE by JACK ELSOM
Political Editor

NIGEL Farage said he would still take the controversial £5million donation from a crypto-billionaire even now — as he prepares to fight a by-election tomorrow.

The Reform UK leader insisted he had no regrets accepting it as he will need "protection" for the rest of his life.

Before resigning as an MP to force a contest in his constituency in Clacton, Essex, he was under investigation by Parliament's ethics watchdog for not declaring money from Christopher Harborne.

Defiant . . Farage yesterday

'I need protection for rest of life'

That could reopen upon his likely return to Parliament.

And it will force him to fight another by-election if it finds him in major breach of Commons rules.

Speaking to The Sun in Clacton yesterday, Mr Farage said: "If I get the result I want, if Standards decide they want to do it again, well, I think they'd look rather silly."

He has argued he did not need to declare the £5million as it was given to him before he became an MP, when he had no intention of returning to frontline politics. However, it has led to relentless criticism and scrutiny on his finances in recent months.

And it comes as Mr Farage is mindful of his safety in the wake of the death of Reform spokeswoman Ann Widdecombe in her own home.

Asked if he would still have taken the money if he knew of the subsequent hassle, he said: "Oh yes. Ann Widdecombe was 78 years old. She was murdered. She had nothing apart from CCTV.

"She had no personal protection whatsoever. I'm going to need it 'til the day I die. You can see that around me now." During our interview, a pair of hecklers yelled at him about the £5million and had to be kept back by his security.

He is the overwhelming favourite to win re-election after rival parties snubbed what they called a "stunt".

His main opponent is the comedy candidate Count Binface, who has emerged as the vehicle for anti-Farage voters.

Mr Farage said: "I'm hoping for a big thumping vote, and that'll be a message back to an Establishment that's done its best over the last few months not to give us an even break, literally on anything."

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'Over the top' . . Yusuf

Traitor slur slammed

By JACK ELSOM

NIGEL Farage has slapped down Zia Yusuf for branding ex-Tory Defence Secretary Ben Wallace a "traitor".

The Reform leader said he would give his home affairs spokesman a "ticking off" over the outburst.

Mr Yusuf had also suggested that Mr Wallace — who served in the Scots Guards and fought in Northern Ireland — should be prosecuted for his role in the Afghan airlift scandal.

Thousands of Afghans were secretly brought to the UK after a data leak put them in danger.

In a rare rebuke to Mr Yusuf, Mr Farage said: "I should give him a ticking off.

"I'll speak to him today. It's over the top."

'SAVE SHOPS BID HOT AIR'

By RYAN SABEY

PM ANDY Burnham's plan to revive the high street by targeting vape and betting shops is a "lot of b******s" and "hot air", Marks & Spencer's former boss says.

Tory peer Stuart Rose hit out at the plans, saying the cost of employing people and business rates are the real block on shopping areas thriving.

Mr Burnham has vowed to give local communities new powers after saying high streets have been allowed to be "hollowed out".

But Lord Rose, *inset*, said: "Forgive my French but it's a lot of b******s about nothing. Getting rid of vape shops won't save the high street.

"Can't believe such a long press release says so little. If the vape shops are illegal they should be shut down full stop!"

He went on: "By all means give local councils teeth, but none of this will revive high streets unless rates are reformed and cost to employ reduced. A lot of hot air."

New vape shops will require planning permission and cannot claim to be convenience stores to get round rules.

Adult gaming centres offering 24-hour gambling machines will also need planning permission from next year.

The PM also wants police to "take a strong line against shoplifting" which he said he does not consider to be "a small thing".

The Sun Says — Page Ten

QUAKE TOLL HITS 254

Searching . . rescuers

By ZEENIA NAQVEE

RESCUERS hunt for signs of life in the rubble after a devastating earthquake.

Survivors comforted each other, *inset*, as the death toll rose to 254 last night — and was expected to rise.

Buildings were reduced to twisted wreckage across western Colombia on Monday when the 7.4-magnitude quake struck its coffee-growing heartland.

Bill 'bribe' on pylons

HOUSEHOLDS are being "bribed" with £2,500 in cheaper energy for living near pylons, Reform says.

Residents within 500 metres of the new towers will start receiving the money off bills next year, split over ten years.

But Reform UK's Richard Tice said: "This is simply a £20-a-month bribe for families whose homes will be devalued."

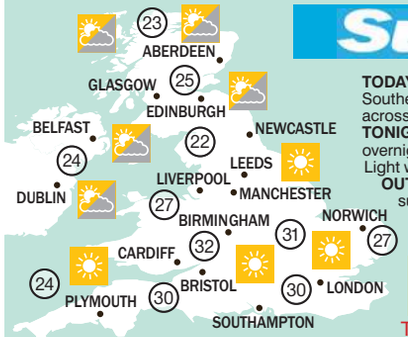
Labour is poll's No1

LABOUR has surged ahead of Reform UK following PM Andy Burnham's arrival in No10, a poll shows.

The party hit 24 per cent as they pulled two points clear of Nigel Farage's outfit, the YouGov survey showed.

And the Tories are up two points on 21 per cent as they draw closer to Reform UK.

Sun WEATHER



TODAY: Cloudy in Northern and Central England. Southern regions enjoy sunny spells. Light winds across most areas.

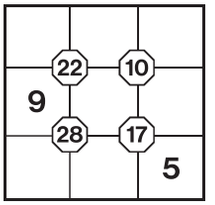
TONIGHT: Mostly cloudy in North and Central England overnight. Clear skies expected in Southern regions. Light winds throughout.

OUTLOOK: On Thursday, England experiences sunny spells with very warm temperatures. By Friday, expect mostly cloudy skies.

THU	FRI	SAT	SUN
35°	31°	26°	25°

SEKUTA

PLACE the numbers 1-9 in the spaces so the number in each octagon is equal to the sum of the four surrounding spaces. Solution on Puzzles page.



PUZZLES: PAGES 40 – 41

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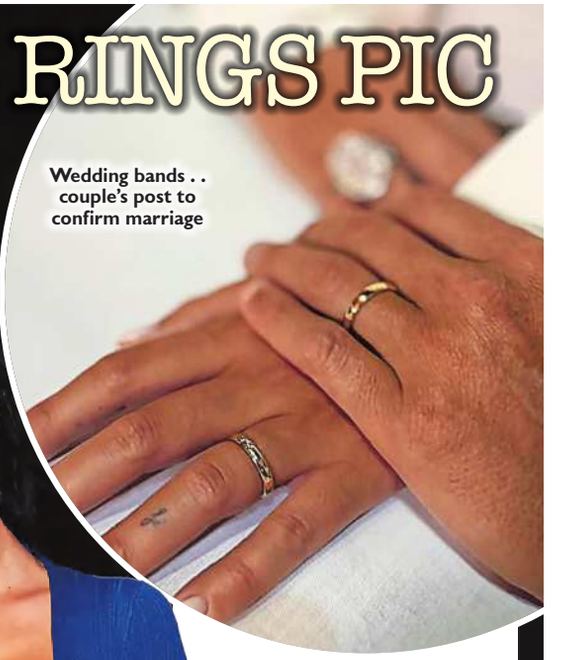
TODAY'S BIRTHDAYS

ACTRESSES **CARA DELEVINGNE**, **34**, *left*, and **AMANDA REDMAN**, **69**, boxer **TYSON FURY**, **38**, *right*, Dire Straits' **MARK KNOPFLER**, **77**, tennis ace **PETE SAMPRAS**, **55**, and football's **MARIO BALOTELLI**, **36**.

●**Tuesday's EuroMillions: 3, 11, 17, 46, 48. Lucky Stars: 1, 2. Health Lottery: 5, 12, 17, 26, 30. Bonus ball: 13.**

NEWLYWEDS SHARE RINGS PIC

Family . . couple with four youngest kids



Wedding bands . . couple's post to confirm marriage

Two become Ron

CRISTIANO MARRIES GEORGINA IN SECRET

Romance . . . pair dated ten years before marrying

By OSCAR JAEGER

FOOTIE megastar Cristiano Ronaldo announced last night that he has secretly married his long-term partner Georgina Rodriguez.

The couple, who have been dating for ten years, shared a joint Instagram photo showing off their matching golden rings.

Portuguese star Ronaldo, 41, wrote on his account: "C loves G", attracting more than a million likes in a matter of minutes.

Argentine-born Georgina, 32, posted in Spanish: "Sí, quiero. En esta y en todas mis vidas" – which translates as: "Yes, I do. In this life and in all my lives."

They reportedly got hitched in a civil ceremony in Cascais, Portugal.

Representatives said it "was a private and intimate moment attended by their five children".

The pair met in Madrid in 2016 while Ronaldo was expecting surrogate twins Eva and Mateo, and Georgina was a £10-an-hour Gucci shop assistant.

She spotted the then-Real Madrid star staring at her as he entered the store, before he returned a few days later with Cristiano Jr – his son, now 16, from a previous relationship – and asked her out for dinner.

She recalled: "I was finally able to leave the shop to go home three hours later than I should have and as I was getting ready to leave Cristiano came in with his eldest son and some friends.

"Let's just say it was butterflies in my stomach."

A few weeks after Ronaldo's surrogate twins were born, the new lovebirds announced that Georgina was pregnant. Daughter Alana Martina arrived in November 2017.

The couple got engaged last year and also have another daughter, three-year-old Bella.

Bella's twin brother Angel died shortly after birth.

The family moved from Madrid to Turin, where Ronaldo played for Juventus, and then to Manchester when he rejoined Man United.

Currently they live in Riyadh, where Ronaldo – nicknamed CR7 – plays for Saudi Arabian team Al-Nassr. But they spend a lot of time at their vast property in Mallorca.

The marriage comes days after a Ronaldo wedding false alarm.

Thousands of people mistakenly thought the couple were tying the knot on Saturday on the island of Madeira, where he was born.

Crowds swarmed the location, where another couple were getting married instead. *oscar.jaeger@thesun.co.uk*

"230 people can't board a plane without papers. So how can they dodge passport control and board a boat to get here?"

Jane Moore PAGE 15

AFTER 49FT MEGA-DINGHY

YOU'RE GONNA NEED A BIGGER BOAT

THE 49ft mega-dinghy brought a record 230 migrants across the Channel on Monday — a stark reminder of how smuggling gangs are cramming more and more people on to "small boats" which are becoming bigger and bigger each year, as seen here:

2018

2020

2022

SMALL BALLS CRISIS

Reading the riot act . . . Mr Farage with The Sun

EXCLUSIVE by JACK ELSOM
Political Editor

REFORM UK leader Nigel Farage has accused Andy Burnham of not having the balls to stop the boats.

The broadside came as the Prime Minister admitted he needs to change tactics to put a stop to the crisis.

Emerging from his week-long holiday yesterday, he conceded people will be worried by Monday's arrival of a mega-dinghy carrying 230 illegal migrants.

Mr Burnham told GB News: "It shows that the gangs are changing their tactics, but so will we."

Less than a fortnight after insisting the Government's plan was working, he added: "We will now change our tactics and we will be relentless in chasing them down."

But, in a Sun interview, Reform chief Mr Farage said: "Burnham has no more guts to deal with this than we had with Rishi, than we had with Boris Johnson.

"They tell the public what they want to hear. None of them have got the balls to actually deal with this. And I tell you what, I have."

Ministers are scrambling to respond to public concern over the small boats crisis, which has resulted in asylum seekers being housed among worried communities.

More than 3,000 people have arrived in the three weeks since Mr Burnham entered Downing Street.

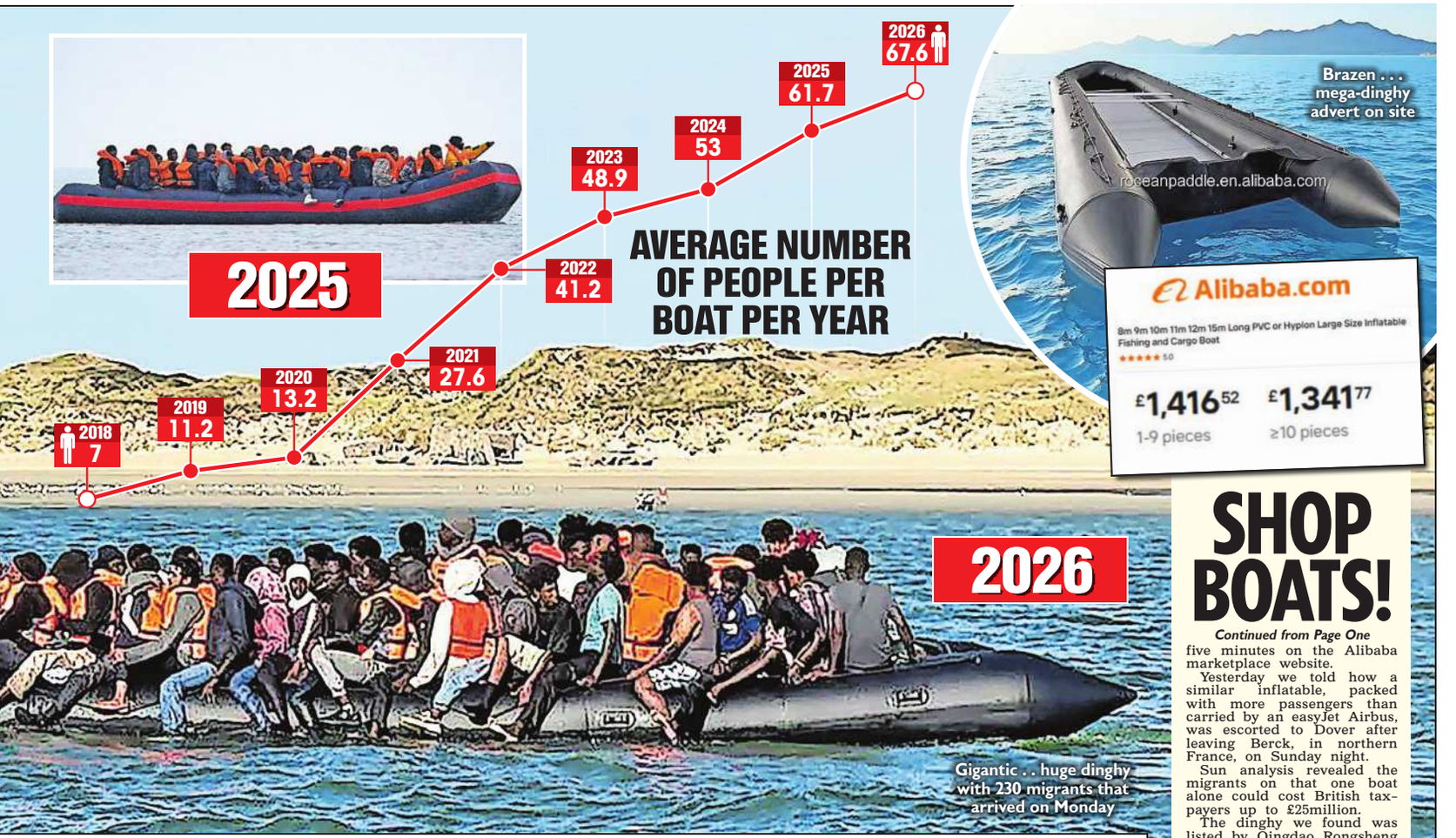
The recent surge has also sparked fury that French police are failing to make enough interceptions for the £1billion of UK taxpayers' cash handed to Paris in recent years.

Home Office figures published yesterday revealed France stopped less than a third of those attempting to cross last week.

They thwarted 472 migrants launching from the beaches but 1,176 slipped through their fingers.

Pictures of gendarmes standing gormlessly while migrants storm into the sea have triggered calls to

BRINGS RECORD 230 TO UK



Farage slams PM over migrants

'Hasn't the guts to deal with it'

withhold some of the funding being given to France.

But Mr Burnham defended the arrangements, saying: "The deal we put in place, the payment by results deal, has created a change.

"There is more law enforcement on the other side of the Channel in summer 2026 than there was last summer, and that has led to quite a reduction in the number of crossings. But that's not good enough.

"People will say to me, 'We don't want *any* crossings'. I understand that concern.

"There are further things that we are doing, and we will keep going at this issue until we deliver that eradication that people are looking for."

He is understood to have kept Sir Keir Starmer's target of closing every migrant hotel by the next general election.

Speaking in Clacton, Essex, ahead of tomorrow's by-election there, Mr Farage repeated his plan to tow the boats back to France.

Quizzed on potential resistance from Emmanuel Macron's government, the Reform leader told The Sun: "Well, give us our billion quid back then.

"We've given them a billion quid to stop the boats. The French navy literally escorts the boats to the 12-mile line and hands them over to the British authorities.

"Under the international rule of the sea, if people are in peril, and frankly anyone on those insecure boats is in peril, we are perfectly entitled to take them back to the safest next place of land, and that's France – the safe country that they've come from."

Mr Farage, who held a copy of yesterday's Sun with a photo of the mega-dinghy on the front page, added: "We've got a Royal Navy, we've also got a fleet of Border Force vessels there, based in Ramsgate, dealing with these operations. And frankly, if the Royal Navy is not there to protect us from invasion what's the point of having it?"

He also warned that the death-trap dinghies would lead to more tragedies in the Channel if they are not halted.

Mr Farage said: "I want to stop the boats to secure our borders.

"I want to stop the boats in the interest of national security. I want to stop the boats in the interest of the safety of women and girls.

"But I also want to stop the boats to save lives, because people are dying, and those that come, many finish up working in criminal gangs, finish up, frankly, in the equivalent of modern-day slavery.

"We should be hanging our heads in shame over this."

Meanwhile, Housing Secretary Angela Rayner has been accused of being in denial for saying the small boats are often packed with women and children. She made the remark as she lashed out at smuggling gangs for piling desperate people into ramshackle dinghies.

Ms Rayner told the BBC: "We're also saying that those criminal gangs that are putting often children and women into vessels that are not seaworthy, we're seeing people that are dying at sea that are desperate to come here and we've got to crack that and stop it."

Around three-quarters of small boat arrivals are men, according to Home Office figures.

Shadow Home Secretary Chris Philp said: "Angela Rayner is in denial. Illegal Channel crossings are dominated by young single males.

"Those women and children that cross are often being used as a human shield.

"Many of the mainly young, male illegal immigrants have gone on to commit crimes including rape and murder. Rayner is out of touch with reality and should be ashamed."

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Criticism . . Mr Burnham yesterday

ANDY: DO YOUR BIT

By JACK ELSOM

MIDDLE-class families must "play their part" by accepting asylum seeker accommodation near their homes, the PM said yesterday.

Fury has erupted in towns and villages where migrants have been dumped in hotels or houses of multiple occupation.

But Mr Burnham said: "We cannot have a situation where it's only the poorest communities that receive all of the dispersal of refugees and asylum seekers.

"I believe all parts of the country need to play their part." Asked if he would commit to stopping small boats by next parliament, he said: "It would be wrong to make a prediction. I promise a relentless focus on this issue."

SHOP BOATS!

Continued from Page One

five minutes on the Alibaba marketplace website.

Yesterday we told how a similar inflatable, packed with more passengers than carried by an easyJet Airbus, was escorted to Dover after leaving Berck, in northern France, on Sunday night.

Sun analysis revealed the migrants on that one boat alone could cost British taxpayers up to £25million.

The dinghy we found was listed by Qingdao Rongsheng Sports Goods Co Ltd as a "fishing and cargo boat" in the "waterplay crafts" section of China's largest online shopping site.

The firm can also provide an engine, or a sample dinghy with a one-year warranty for a cut-price £1,270.

They offer boats in sizes starting at 26ft and boast a rating of 4.8 out of 5.

Another seller we contacted, the Qingdao Jiahai Boat Co, provides a 32ft "sports yacht" for £860.

It said it would ship to European nations but did not reveal which ones. The firm insisted: "Our vessels are used for transporting goods."

Many mega-dinghies are exported through Turkey and Bulgaria to Germany, and then on to northern France.

Last night Rob Bates, of the Centre for Migration Control, told The Sun: "The work of people smugglers has never been easier.

"The Home Office has failed to deter migrants making the crossing, and we will now see an armada of these readily-available vessels."

Shadow Home Secretary Chris Philp said: "An industry facilitating Channel crossings has sprung up. Illegal immigrants are finding new ways to cross, and the mega-dinghies show how brazen this has become."

French sea rescue charity SNSM said Monday's boat had 260 people on board, but 30 were forced off because of the fear it would capsize.

Alibaba said: "We adhere to all applicable laws in the markets we operate in and require sellers do the same.

"Listings for boats and dinghies on our platform are intended for legitimate commercial uses such as fishing, cargo transport and marine operations."

Additional reporting: JULIA ATHERLEY

SHY GENERATION

Under-30s spend 2hrs a day extra by themselves

Feeling lonely . . . Gen Z

UNDER-30s are spending significantly more time by themselves than the previous generation, a report found.

Gen Z men aged 18 to 29 are alone for an average of six-and-a-half hours a day — two hours more than lads the same age in 2015.

Young women's time on their own has also risen to an average of five hours per day — up 90 minutes. The research — titled All By Myself — warned isolation may be damaging social lives, relationships, careers and physical and mental health.

By SAM BLANCHARD

The data, taken from surveys of Britons between 2015 and 2023, found modern young men spend about 40 per cent of their waking hours alone.

Working from home accounted for at least two thirds of the rise in time people were alone. And young adults spend triple the amount of time working by themselves as they did in 2015.

Report author Parth Pandya, from think tank the Resolution Foundation, said: "Younger people not only spend more time alone but are lonelier.

"They are also making weaker income progress than previous generations."

In contrast, time spent unaccompanied has decreased for over-60s in the past ten years.

Ministers want to improve the lives of young adults as mental health problems have increased.

It comes as figures show that almost one in every seven under-25s are not working or in education — more than a million youngsters.

Mr Pandya added: "If policy makers are serious about improving young people's well-being, then work needs to be part of the debate as much as screen time."

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One spin per customer per day. Prizes are free bakery coupons only. Promotion opens 06:00AM on 30.07.2026 to 11:59PM on 19.08.2026 inclusive (Promotional Period). You have 7 days to play the game after purchasing at least 1 item (Spin Period), which is not infant formula, charity donations or a gift card, during Promotional Period and scanning card. ‡18+ GB Only. Subject to availability. Lidl app required. Full T&Cs apply: lidl.co.uk/lpterms

Picture: LUCY NEWSON

By ALEX WEST

A BRIDE found something moo — riding her favourite cow to her wedding.

Farmer Victoria Lee, 37, stunned guests by arriving on the back of a Swiss dairy cow called White Chocolate Button.

The mum of four said: "Ever since I was a little girl, I've dreamed of riding my cow to church. Our livestock are family." Afterwards husband Michael, 40, led her from Holy Cross Church in Mark, Somerset.

Winds . . . felled trees

Woman killed as storm hit parasail

By ROBIN PERRIE

A WOMAN was killed and a man injured after a freak storm snapped their parasailing cord and they were blown out across rough seas.

The 66-year-old and her companion, 47, both British, were doing a tandem flight in Benidorm at 6.50pm on Monday when the sky turned black and winds rose.

A sudden gust is thought to have snapped the connecting line to a speedboat and the wind caught their parachute.

Video footage shows the boat racing across the waves to catch them.

Witness Kerriann Blagden, 40, on holiday from Doncaster, South Yorks, said: "The weather just changed and took the parachute off."

The storm knocked down trees and sent holidaymakers running.

The man had minor injuries. The woman is thought to have suffered a cardiac arrest. A police investigation is ongoing.

Comfort . . . at home

WFH rate still high for civil servants

By ZEENIA NAQVEE

CIVIL servants are spending far less than the government-mandated 60 per cent of their time in the office.

They go in fewer than two days a week despite ministers ordering them in for at least three.

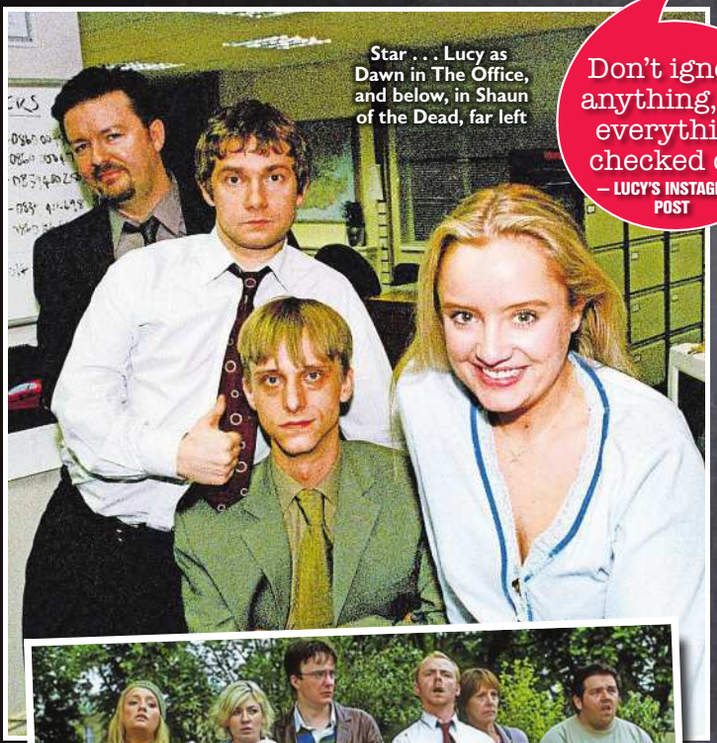
And most government departments do not even have enough desk space for all their staff.

The findings expose a big gulf between claimed attendance rates and Whitehall office capacity.

The Trade Department claims a high 80 per cent despite having too few desks, says analysis by the Centre for Government Reform. Its chief, Ameer Kotecha, urged mandarins to come clean over WFH, saying: "Civil servants are being paid to work in offices they aren't turning up to."

A Cabinet Office spokesperson branded the conclusions "misleading and inaccurate".

OFFICE LUCY HAS BREAST CANCER



Star . . . Lucy as Dawn in The Office, and below, in Shaun of the Dead, far left

Don't ignore anything, get everything checked out – LUCY'S INSTAGRAM POST

'I'm trying to live out whatever might be left of my life in as fun a way as possible'

I'M NOT SCARED

Emotional . . Lucy rings bell

By HOWELL DAVIES

COURAGEOUS Office star Lucy Davis says she is "not scared" after revealing her heart-breaking diagnosis of incurable breast cancer.

The actress, 53, told fans it was too late for chemo as she shared a video of her ringing the bell signifying the end of her treatment.

Lucy, who played Dawn Tinsley in BBC's The Office with stars including Ricky Gervais, Mackenzie Crook and Martin Freeman, said facing it with humour was "vital".

The daughter of comedy legend Jasper Carrott wrote on Instagram: "A year and a half ago I was diagnosed with Stage 4 Breast Cancer, which has metastasized to my bones. Specifically to my spine, right hip, and my ribs.

"The cancer is incurable, and too late for chemo.

"The initial lump that I felt, wasn't a 'lump' as such; rather a kind of hard spot. Really tiny. I almost didn't bother getting it checked. So I guess I'm saying don't ignore anything – get everything checked out. As of now, I'm trying to live out whatever might be left of my life in as fun a way as I possibly can."

Lucy, who starred in 2004 comedy Shaun Of The Dead and had roles in Hollywood blockbusters Wonder Woman and Garfield 2, also revealed the disease's physical toll, writing: "Standing and walking for too long a time can be hard, and I need to use a wheelchair sometimes (so if you see me toddling around in one, feel free to give me a push!)

"The thing that has been most vital to me is humour. I asked my friends and family to make fun of me as much as possible (which they're really good at), and most importantly of all to not treat me like a sick person."

She told how she wants to be reunited with her terrier Gracie, who died in 2024, and said she will keep fighting for animal rights, adding: "I'm not scared of whatever comes next. I'm at peace with it. I'll see my Gracie sooner than expected, and for me, leaving my physical body just means going home. Any and all grieving is for my family; it's far harder for them than for me."

In 1997 Lucy needed a kidney transplant from her mum. She then suffered kidney failure in 2005 before making a full recovery. Lucy married actor Owain Yeoman, 48, in 2006 but they split in 2011.

Her big break in The Office came in 2001, and millions saw the final episode in 2003 where Dawn finally kisses Tim, played by Freeman.

News of Lucy's diagnosis sparked praise for her bravery. Broadcaster Piers Morgan wrote: "Your courage in talking about this so honestly says everything about you."

Jenna Fischer, who played the equivalent to Dawn in the US version of The Office, Pam, was also diagnosed with breast cancer but has since beaten it. She replied to Lucy: "Beautiful post. Love you lots."

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Father . . . Lucy with comic Jasper Carrott

FAMILY SLAM BURNHAM

Anguish . . . mum Debbie Adlam is sick of uncertainty

FURY AT No10 FLIP-FLOP

KILLERS MAY STAY CAGED

Andrew's mum: It's turned me inside out

By RYAN SABEY
Deputy Political Editor

THE mother of PC Andrew Harper yesterday said she had been "turned inside out" after a chaotic Government U-turn over the early release of his killers.

After days of confusion, Andy Burnham said he was "increasingly confident" a way could be found to prevent thugs Albert Bowers and Jessie Cole being allowed out of jail.

But the PM stopped short of confirming how, or whether the pair will remain locked up.

Officials had spent days briefing that it was proving too hard to stop the duo's early release without tipping crowded prisons into chaos.

PC Harper's mum, Debbie Adlam, blasted the "gut-wrenching" confusion as she revealed Downing Street had called her to claim the PM was doing "everything he can".

She told ITV's Good Morning Britain: "I just don't know how to think, how to feel. It's turned me inside out." Separately, she added: "It feels like a hash. It feels like a rush job. It feels like nobody's put enough effort into actually looking for reasons or ways.

"We are having to push on every level. They [Bowers and Cole] weren't given extreme sentences.

"I'm only asking for them to do what they were given."

Claire Waxman, Victims' Commissioner for England and Wales, accused the PM of "flip-flopping" over early release. She said: "I'm not really sure what to call it other than flip-flopping.

"From a victim's perspective, the position appears to keep changing."

Thames Valley Police Federation chairwoman Aileen O'Connor, who started the petition calling for Bowers and Cole to be kept inside, said that Labour had "sent a deeply troubling message" about the value it placed on police officers.

Ms O'Connor, whose petition had last night been signed by more than 950,000 people, said: "Their actions so far have been totally demoralising for all police officers."

She accepted, however, that there was now a "glimmer of hope".

Newly married PC Harper died after getting caught up in a strap attached to the rear of a car.

He was dragged more than a mile as the killers fled the scene of a quad bike theft in Sulhamstead, Berks, in 2019. Bowers and Cole, both 17 at the time of the crime, got 13 years in 2020 after being convicted of manslaughter.

They are due for release next year after completing half of their sentences but before this year's Sentencing Act they would have served two-thirds.

Hopes were raised for PC Harper's family when the PM ordered a review of the scheme.

Changes were made including preventing rapists and paedophiles from being let out early – but did not include those convicted of manslaughter like Bowers and Cole.

The PM has said he does not want any lags let out early and has asked for three areas to be examined with a view to this aim.

He wants to increase the rate at which foreign criminals are sent back to their country of origin. He is also looking to fix the dispute over Imprisonment for Public Protection sentences – abolished in 2012. Under IPP, more than 2,300 people are indefinitely detained or trapped in a cycle of lifelong recall.

He is also mulling over the release of lower-risk offenders.

Another possibility is the use of female jails for male criminals.

Mr Burnham said: "I've heard the depth of concern felt across the country about the potential release of the killers of PC Andrew Harper. Obviously I feel for the family and the anguish they're going through. What I've done since I came into office is push the system every single day to go further.

"I've not accepted it's impossible to do more. I believe there is more that can be done."

Communities Secretary Angela Rayner said the PM was "really clear" that the plan would keep the worst offenders in jail. Justice Secretary Alex Norris will draw up plans ready for Parliament's return from its summer break.

Victims' Commissioner Ms Waxman added: "While I understand the new Prime Minister is finding this new sentencing legislation very difficult, it's legislation that got passed and came in in January.

"If he doesn't like it then it doesn't commence – but that means we'll run out of spaces in prison.

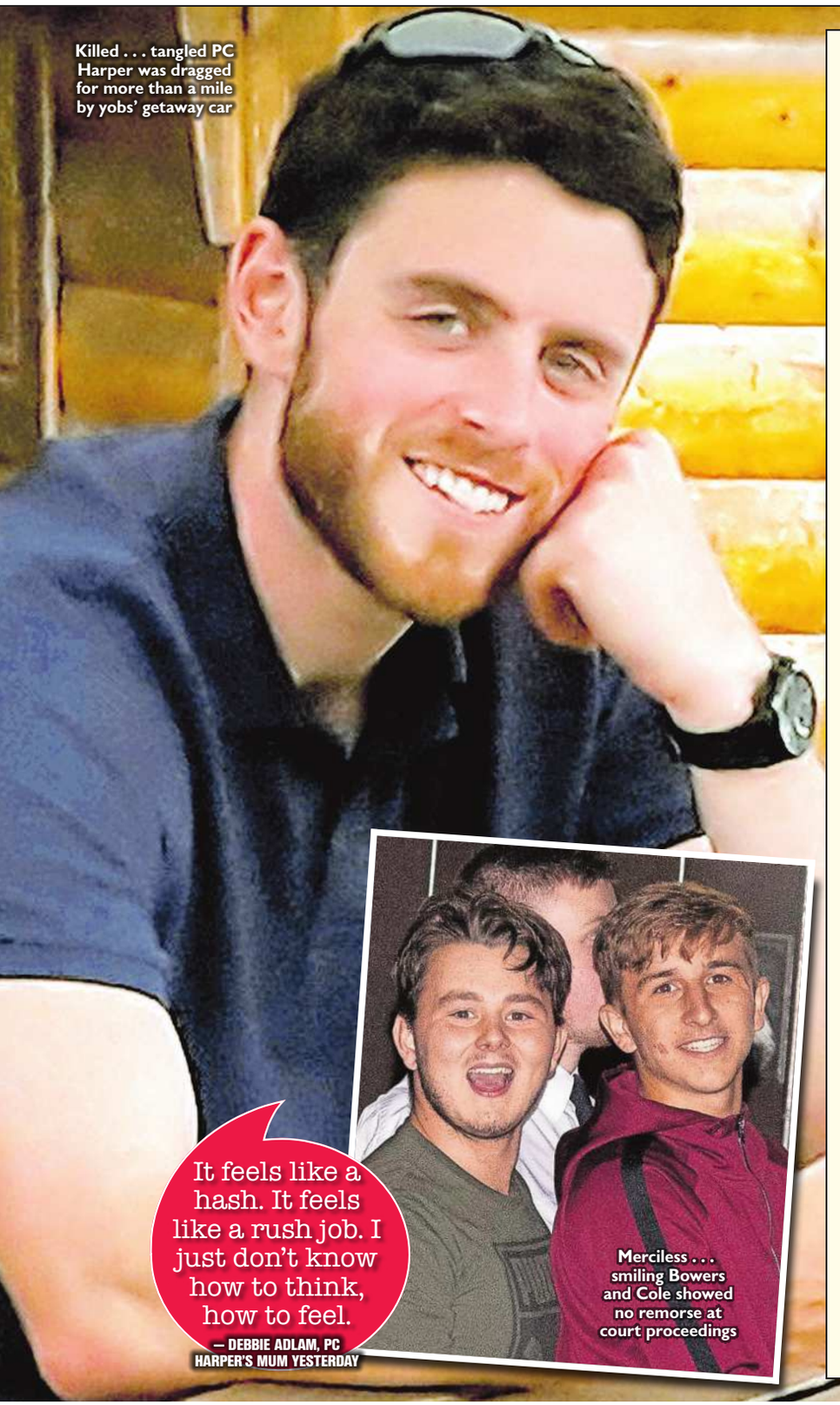
"But he's got to make a decision. And he should have done when he announced the outcome of the review last week.

"I think we're losing sight of the thousands of people that this is impacting across the country."

She added: "Bereaved families want clarity. Continued uncertainty is only adding to their distress."

Shadow Home Secretary Chris

OVER JAIL U-TURN CHAOS



Killed . . . tangled PC Harper was dragged for more than a mile by yobs' getaway car

Merciless . . . smiling Bowers and Cole showed no remorse at court proceedings

It feels like a hash. It feels like a rush job. I just don't know how to think, how to feel.

— DEBBIE ADLAM, PC HARPER'S MUM YESTERDAY

YET ANOTHER TERROR TRIO RELEASE BID

Parole bids . . . from left, Parviz Khan, Omar Khyam & Rangzieb Ahmed

THREE more dangerous Islamist terrorists – including one who planned to kidnap and behead a soldier – could be free within weeks after being granted parole hearings.

Parviz Khan, who got life with a minimum of 14 years in 2008 for the plot, has won a hearing on September 29, which could see him released.

His trial heard he was claiming £20,000 in benefits a year while planning to seize a British Muslim serviceman and decapitate him "like a pig".

He was jailed alongside four others, but the Leicester crown court trial heard that he was the ringleader of the Birmingham-based cell.

Khan, 55, was denied parole in 2022 after a board said he was "not suitable" for release.

Rangzieb Ahmed, an al-Qaeda operative once dubbed Osama bin Laden's right-hand man in Europe, has been granted a parole hearing on August 20.

He was jailed in 2008 for setting up a terrorist cell in Manchester and was the first person to be charged with directing terrorism in the UK. His Manchester crown court trial heard he plotted mass murder, but he got a minimum term of just ten years.

Ahmed, 50, of Rochdale, was also denied parole in 2022, but has a new shot at freedom.

The third is Omar Khyam, of Crawley, West Sussex. He was part of an al-Qaeda cell that was jailed for plotting a series of attacks with fertiliser-based bombs.

Potential targets for "mass casualty" attacks included Bluewater shopping centre in Kent and London's Ministry of Sound nightclub.

Khyam – linked to the July 7 London bombers – was jailed for conspiring to cause explosions, possessing 600kg of ammonium nitrate fertiliser for terrorism and possession of aluminium powder.

Cell ringleader Khyam was told he must serve at least 20 years at the Old Bailey in 2007.

A year later he was handed another four-year term for throwing boiling oil over another inmate at Frankland Prison, Co Durham.

Khyam, 45, is due before a panel for a hearing on December 2.

It comes after we told on Monday how an al-Qaeda trio who planned to blow up transatlantic planes could be freed.

Terrorists Waheed Zaman, Arafat Waheed Khan and Ibrahim Savant, all of London, were jailed in 2010.

Ghaffar Hussain, an expert on radicalisation and former counter-terror officer on the Government's Prevent programme, said: "These people all present massive risks and this is extremely worrying."

The Parole Board said: "Decisions are solely focused on what risk a prisoner could represent to the public if released and whether that risk is manageable."

EXCLUSIVE by MICHAEL HAMILTON

Trio . . Monday's Sun

Philp said: "Andy Burnham and Labour are re-traumatising victims and their families with their constant U-turns.

"It's clear that good vibes and a snazzy T-shirt do not make for competent government.

"Mr Burnham is letting down victims and their families every day. It's not good enough."

Fifty police chiefs from across the UK, including Met boss Sir Mark Rowley, have sent a letter to the PM urging him to use "every lawful option" to prevent the early release of PC Harper's killers. Meanwhile, probation officers have voted overwhelmingly in favour of potential strike action in protest against the early release scheme.

Ninety per cent of the members of probation union Napo said the system was already struggling to cope – and that a bigger workload will put public safety at risk.

The Ministry of Justice said it was "disappointed" at the outcome of the indicative ballot after the union had agreed a pay increase earlier this year.

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The Sun Says — Page Ten

YOU STOPPED THIS

I AM blown away by the public's support for our campaign to keep PC Andrew Harper's killers behind bars.

Thank you to every single person for taking the time and effort to sign that petition and support us.

It is making a difference. But we are not there yet.

To hear that Prime Minister Andy Burnham is "increasingly confident" they won't be released is good — but it's not enough. We will keep the pressure up until Parliament changes the law in September.

By **AILEEN O'CONNOR**
Chair of Thames Valley Police Federation branch

Our colleague Andrew Harper made the ultimate sacrifice for the job that he loved, serving communities, serving society. The Government's actions so far have sent a deeply troubling message about the value placed on those who make that sacrifice.

Those actions have been totally demoralising for police officers.

Every single day we are getting battered — psychologically and physically.

It cannot continue. Every police officer in this country deserves better.

THE Sun SAYS

Burnham v Blob

IT'S getting the right outcome that matters, so we welcome Andy Burnham's belated determination to keep the killers of hero PC Andrew Harper behind bars.

We still don't know how he's going to do it – and nor does he, apparently. So nothing can be taken for granted.

But the penny finally appears to have dropped that it would be a disgusting insult to Andrew's family and colleagues if remorseless thugs Jessie Cole and Albert Bowers walk free.

This does not forgive the confusion which has been sown. Indeed, Andrew's grieving mum yesterday said the process had left her "twisted inside".

First, Burnham ordered a review of Labour's diabolical early release scheme when it emerged PC Harper's killers would be included – raising hopes of an early U-turn.

Then, blindly taking the word of no-can-do officialdom, he last week concluded he would have to let them go after all – but wished he could do more.

Cue massive public outrage and nearly one million people signing a petition – which, by the way, is **40 TIMES** more than have voted for our new Messiah-without-a-mandate PM.

Over the past seven days, Number Ten has lurched about calamitously as unaccountable Whitehall officials claimed it was all too difficult.

Just on Monday, Downing Street officially insisted it was "not possible" to exempt just one or two offenders.

Then, yesterday, came the collapse into basic moral decency and common sense, as Burnham said he was "increasingly confident" Cole and Bowers will now be kept locked up.

Which brings us to a wider, deeply worrying point.

Being PM – a job Burnham spent years plotting to get – is hard. It's not enough to be affable and have a workable knowledge of pub snacks.

Many officials are utterly wet and useless. The State "Blob" will always take the side of criminals, illegal migrants, the feckless and the wokerati given half a chance.

Burnham needs to show he's got the spine to order them to do the right thing at the FIRST time of asking. Is he up to it?

Trading insults

WHAT is Labour's answer to the closure of 17,000 High Street shops this year?

Yes, rogue vape and barber shops are a blight. But what Andy Burnham fails to understand is that they only exist because criminal gangs have swooped to exploit Labour's strangling of genuine retailers.

Business rates for independent stores have soared, while National Insurance and minimum wage rises make hiring staff impossibly expensive.

Ideologically driven parking charges and restrictions choke demand further.

Unless Burnham makes it easier for legitimate traders to survive, none of his tinkering will make any difference.

WRITER'S CHARITY BLACKLISTED

Attacking JK makes Amnesty just as bad as rotten regimes it used to fight

WHEN I was growing up in the Eighties, Amnesty International's emblem of a candle burning inside a coil of barbed wire said it all.

By **ROSS CLARK**

The charity stood out like a beacon in a world riddled with malignant dictators and military juntas.

It never had the direct power to topple an authoritarian government, of course, but its stringent letter-writing campaigns were a constant reminder to world leaders: if you abuse your citizens' human rights you will never belong in the civilised world.

Who could have imagined that 40 years later, Amnesty would come to emulate some of the rotten regimes it once campaigned against.

Last month, it published an astonishing attack on 117 organisations that it claimed form a growing "anti-rights movement in the UK".

Nearly half of those on its blacklist were charities and other bodies condemned for possessing "gender-critical" views.

Law of the land

It even called on the Charity Commission to remove their charitable status.

If you are not familiar with the language used by left-wing activists, being "gender-critical" means you believe that biological sex actually means something, and that men should not be allowed to access women-only spaces just because they feel they are women.

Amnesty might like to think this is an unacceptable, fringe opinion, but others might call it plain common sense.

It is, after all, scientific fact that humans are divided into two biological sexes, defined by our chromosomes, not just our inner feelings.

Moreover, the majority of the British public believe that society should recognise this truth.

In a YouGov poll in January 2025, 74 per cent said they opposed trans women from taking part in women-only sports events while only 11 per cent were in favour.

It is also the law of the land.

Last year, the Supreme Court ruled that when equality legislation refers to "women" it means biological women.

Thus a male rapist cannot claim the right to be placed in a women's prison, for example. Fortunately, the silent majority have a champion when it comes to resisting the extreme ideology of noisy trans activists.

Over the past few years, Harry Potter author J K Rowling has pushed back bravely against militant trans campaigners and defended the right of women to have their own, protected spaces.

She has a personal reason for doing so, having suffered abuse by her first husband.

An Edinburgh-based charity she founded for women who are victims of sexual violence, Beira's Place, was one of the organisations that appeared on Amnesty's blacklist.

Or at least it was until Rowling threatened to take legal action.

Not only that, she invited other organisations on the list to apply for financial support if they, too, wanted to challenge Amnesty's description of them.

She described Amnesty as having become "a tyrant that persecutes those who don't espouse what it decrees acceptable beliefs".

Once Amnesty realised the possible consequences for its fundraising efforts, it rapidly withdrew its report, claiming that it was published by mistake before it had gone through its internal review process.

However, its website still carries a similar, earlier attack on pro-life campaigning groups. In Amnesty's warped worldview it is apparently unacceptable to believe in any restriction on abortion rights, even though a quarter of the UK public, according to a YouGov poll, believe that the current 24-week limit for abortion is too high and should perhaps be reduced to 12 weeks, as is common in many countries.

Amnesty also raised hackles by rushing out a report in December 2024 accusing Israel of "genocide" in Gaza, while failing to properly condemn Hamas for the murderous attacks which had sparked Israel's retaliation.

Hamas-run Gaza was the sort of brutal regime that Amnesty would have once condemned, so why does it find to so hard to do so now?

The charity has already lost some of its most staunch supporters.

Back in the 1980s, Monty Python star John Cleese helped organise the Secret Policeman's Ball: an annual comedy show to raise money for Amnesty International, which at that time was engaged in fighting torture.

'I renounce the mob'

More recently, Cleese has said: "I renounce the mob who have taken over Amnesty."

The charity has also lost the support of Iseult White, granddaughter of Sean MacBride, the former Irish Foreign Affairs minister who was one of Amnesty's co-founders in 1961.

She said last month that her grandfather would be "appalled" by what Amnesty has become, saying, "they want to go against the laws of the UK – a Western democracy. They are now acting like the types of authoritarian regimes that they have always sought to expose."

The decline of Amnesty is so sad to watch because the world is still riddled with regimes that torture and imprison their opponents. We need an organisation that brings to public attention what is going on in countries where political dissidents are routinely "disappeared".

In allowing itself to be captured by extreme trans activists, Amnesty has relinquished that role.

We must now look to, and give our money to, campaigning groups that are prepared to focus on the world's real human rights abuses.

DISOWNED . . . Cleese, with Peter Cook for Secret Policeman benefit gig and, *right*, Iseult White no longer supports Amnesty

IT'S JACKIE LO-NASSIS

By ELLIE HENMAN

JENNIFER Lopez wears shades and a headscarf in a look that channels former US first lady Jackie Onassis.

J-Lo, 57, posed in the distinctive gear — regularly worn by John F. Kennedy's wife, *below* — and white lingerie at home. She admitted she "could cry" as she faces twins Max and Emme, 18, flying the nest for college. Maybe explains the sunnies . . .

A total diva on Top of the Pops — Pages 26-27

Picture: CHARLIE CHIU

Belief in BMI goes belly up

By SAM BLANCHARD

BELLY size is a better sign of heart attack or stroke risk than body mass index, a study says.

BMI, which does not measure tummy fat, is widely used to classify someone as overweight or obese, which are common risk factors for heart disease.

But the US probe found people who were technically a healthy weight but had a paunch were 50 per cent more likely to suffer a serious heart condition or die.

It said waist circumference and waist-to-hip ratio are more relevant indicators than BMI.

Dr Zeina Dardari, of the Johns Hopkins University School of Medicine in Maryland, said: "Relying solely on BMI may result in misclassification of cardiovascular risk."

Researchers looked at data from 260,000 people.

Fib uni's extremist

By SEBASTIAN HAW

AN academic at the same university department where fibbing professor Jason Arday worked once called Western education a "threat to Islam" in a pamphlet promoting globalised Sharia law.

Farah Ahmed, an assistant research professor at the University of Cambridge's faculty of education, wrote the comment when she was a member of extreme Islamist group Hizb ut-Tahrir.

The outlawed terror group published it in a pamphlet in 2002.

Prof Arday, Cambridge's youngest ever black professor, quit after being accused of plagiarism and lying last month.

EXCLUSIVE

Cops raid Towie Yaz home over nightclub knifeman

PREM ACE PARTY SHOCK

By MIKE SULLIVAN, STEPHEN MOYES and AMIR RAZAVI

ARMED cops raided the home of Towie star Yazmin Oukhellou over a nightclub knife attack witnessed by Premier League stars.

Police hunting a thug who slashed a man's neck at the posh venue just after midnight on Monday swooped on reality star Yazmin's flat that evening.

A man, 28, was arrested on suspicion of attempted murder and was filmed being led away in handcuffs in Hertford, Herts. He was in custody last night.

It is thought Yazmin, 32, was at home during the arrest but she was not arrested and is not being treated as a suspect.

The attack happened at the Mistress of Mayfair, with the victim, 37, suffering "potentially life-changing wounds". He had emergency surgery at hospital.

At the time, about 20 guests were celebrating Aston Villa winger Leon Bailey's 29th birthday at the restaurant, which turns into a late-night club in Mayfair, central London.

Among them was his Villa teammate Lamare Bogarde.

Police closed down the nightspot and the shocked players filed out.

A source said: "It was horrific. Everyone was having a ball then suddenly there was a disturbance and a man went down holding his neck.

"There was blood everywhere. The Prem lads simply stared in disbelief."

Another source said: "It was pandemonium. No one knew if this was an isolated incident, or something even more serious. The footballers were totally shaken." Met detectives and local police swooped on Yazmin's flat around 20 hours later, spending around an hour there.

Arrest . . cuffed suspect is led away and, left, Yazmin

Video showed the arrested man being searched and driven away.

During the clip, a woman believed to be Yazmin's mum is heard to ask police: "She's not getting arrested, is she?" After being told "No", she says: "Thank f*** for that." Yesterday, when approached by The Sun, she said: "Nothing happened. Why does everyone think it was Yazmin?"

Yazmin joined ITV2's Towie in 2017 but stepped away in 2022 after surviving a crash in Turkey which killed her boyfriend.

She recently opened a beauty salon but it closed in June after an apparent dispute with the landlord. A pal said last night: "She'll be devastated by the raid." Police confirmed their investigation was ongoing.

mike.sullivan@the-sun.co.uk

Shocked . . . Villa's Bailey

Peter Kay . . . as Potter

Phoenix Nights in 'hints of a return'

EXCLUSIVE by STEPHEN MOYES

THE co-creator of hit comedy Phoenix Nights has teased fans with the possibility of a comeback after making a bid to trademark the title.

The show, set in a fictional working men's club, launched Peter Kay and Paddy McGuinness on the path to becoming household names.

Kay starred as the club's boss Brian Potter, as well as bouncer Max alongside Paddy.

The two series in 2001 and 2002 were written by Kay alongside other co-stars Neil Fitzmaurice and Dave Spikey.

Fitzmaurice has applied to the UK's Intellectual Property Office to trademark Phoenix Nights.

Fans excitedly said it "must mean the show is coming back".

The application is yet to be approved. Kay and Fitzmaurice were contacted for comment.

Police . . . at scene

'Wrong guy' shot dead on pub trip

By DOUGLAS SIMPSON

A MAN was shot dead dropping off his girlfriend at a pub in what friends say was a case of mistaken identity.

They believe the 25-year-old bus driver was just "in the wrong place at the wrong time".

He was declared dead outside the Landor Pub in Clapham, South London, on Monday night.

A witness said they heard a man shout: "They got the wrong boy."

One resident heard a woman "scream and cry". Another added: "I heard four pops. I thought it was fireworks, but then an ambulance pulled up."

A man aged 22 later attended hospital with a gunshot wound and was arrested on suspicion of murder.

A forensics team at the scene yesterday was examining an Audi thought to belong to the victim. A pal said the bus driver's death would "hurt a lot of people".

OUR DEFINITIVE GUIDE ON HOW TO

HOLE-Y MOLY . . . tiny crescents from watching eclipse through a colander

Watching the eclipse? Use a colander ...so you don't strain your eyes

By LAURA STOTT and LUKE CHAFER

WHATEVER your plans are tonight, prepare for them to be overshadowed.

At around 7pm, the UK will be treated to its most spectacular solar eclipse since 1999 as the moon passes in front of the sun and blocks out most of its light.

Millions are expected to look skywards for the rare event, which will see more than 90 per cent of the sun disappear from view across much of Britain.

Whether you are a night sky novice or an old hand, here astronomer Neill Saunders reveals how to make the most of the moon's moment with his definitive eclipse guide . . .

WHOLE OF THE MOON

TONIGHT, the moon will appear to take an enormous "bite" out of the sun as it moves across its face, obscuring more than 90 per cent of it across much of Britain.

A solar eclipse happens when the moon passes between the Earth and the sun.

In a remarkable cosmic coincidence, the sun is about 400 times larger than the moon but also roughly 400 times further away, making the two appear almost the same size in our sky.

The UK sits just outside the "path of totality", which means the sun will not fully disappear here – a thin, brilliant crescent will remain – and we will get what is known as a partial solar eclipse as daylight fades and the world around you takes on an eerie appearance.

Elsewhere the lights really will go out. Parts of Greenland, Iceland and Spain lie inside the narrow path where the moon will completely cover the sun and briefly turn day into night.

But the UK is still in for its deepest eclipse since 1999, when parts of Cornwall and Devon experienced a rare totality.

The next total solar eclipse visible from here is not until 2090.

SET YOUR ALARM

SET a reminder for around 6.15pm, when the first signs of the eclipse will begin appearing across Britain.

There are three moments to watch for . . .

"First contact" is when the edge of the moon appears against the sun.

Over the following hour, it will creep further across until "maximum eclipse", when the greatest amount of the sun is hidden.

Then comes "last contact", when the moon finally moves clear and the eclipse is over.

Exactly when each happens depends on where you live.

In Cornwall, the eclipse begins at around 6.18pm and peaks at 7.16pm. Maximum eclipse comes at around 7.13pm in London, Bristol and Cardiff, 7.11pm in the Midlands and 7.10pm in Manchester.

For precise local timings, check the Royal Observatory Greenwich, which will also broadcast the eclipse live.

LOW AND BEHOLD

WHAT makes tonight's eclipse particularly unusual is that it is happening close to sunset.

At its peak, the sun will be hanging just ten to 15 degrees above the western horizon across much of the UK. That means you could see the thin crescent of remaining sun hanging above rooftops, hills or the sea as the evening draws in.

The downside is that with the sun so low, a building, tree or hill could block your view completely.

So work out where west is and find a spot where nothing is standing between you and the setting sun.

BLIND SPOT

LOOKING directly at the sun is dangerous and your trusty sunglasses will not cut it, no matter how dark the lenses are.

They are designed to take the glare out of everyday daylight, not to protect your eyes while staring directly at the sun. You must use only use certified eclipse glasses.

And don't assume cloud offers protection. The sun can still damage your eyes through thin cloud, so proper protection is essential whenever you look towards it.

The warnings are there for a reason. After the 1999 eclipse, around 70 people reported problems with their vision, with 40 per cent of those affected having looked at the eclipse for less than a minute.

If you notice blurred vision, unusual patches or any other change to your sight afterwards, seek medical advice.

RAID THE KITCHEN

WITH people scrambling to get their hands on eclipse glasses, shops have been selling out across the country.

If you have not managed to find a pair, raid the kitchen instead.

Grab a colander, stand with your back to the sun and hold it up so the light shines through the holes on to a pale wall, pavement or piece of white paper. As the eclipse progresses, the normally round spots of light will turn into rows of tiny crescents, each one a miniature projection of the sun above.

You can spot the same effect beneath a leafy tree, where the gaps between the leaves can scatter crescent-shaped suns across the ground.

Kids can also make a simple pinhole projector by piercing a small hole in a piece of card and projecting the light through it on to another sheet of white card.

A small make-up or shaving mirror can give you an even bigger view: cover a flat mirror with paper, leaving a hole around 5mm wide, then use it to reflect the sun on to a pale wall in the shade around five metres away. The further away the wall, the larger the image should appear. Just do not use a magnifying mirror or look directly into the reflection.

Whichever method you use, look at the projected image rather than through the holes towards the sun.

BEST SEAT IN THE HOUSE

DO not wait until 7pm to discover there is a tower block or row of trees in the way.

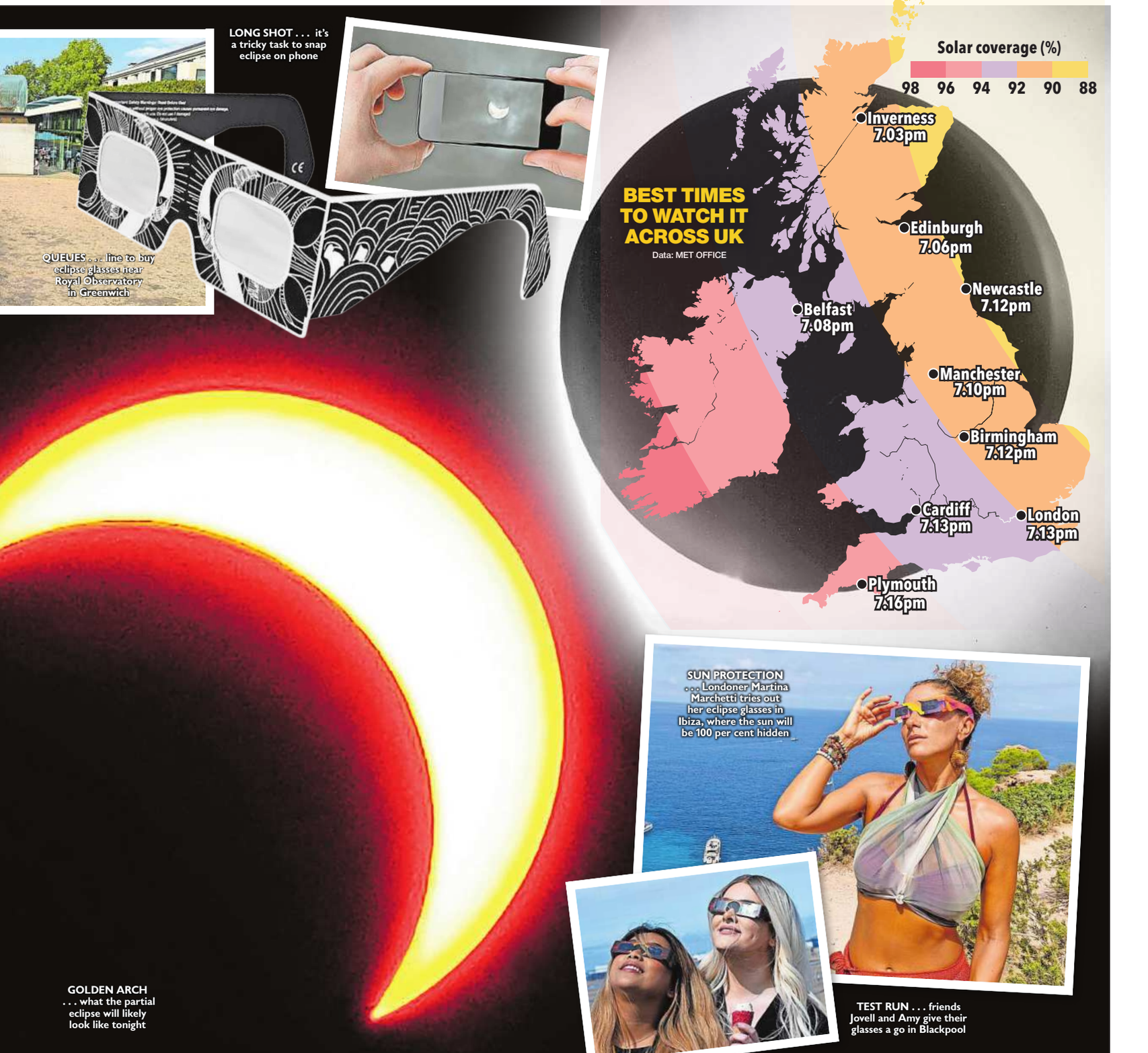
Head out early and look for somewhere open with a clear view west. Clifftops, beaches, hilltops, open countryside and elevated parks are all good bets.

Not sure which way is west? Open the compass on your phone to point

CATCH TONIGHT'S SOLAR SENSATION

QUEUES . . . line to buy eclipse glasses near Royal Observatory in Greenwich

LONG SHOT . . . it's a tricky task to snap eclipse on phone



GOLDEN ARCH . . . what the partial eclipse will likely look like tonight

SUN PROTECTION . . . Londoner Martina Marchetti tries out her eclipse glasses in Ibiza, where the sun will be 100 per cent hidden

TEST RUN . . . friends Jovell and Amy give their glasses a go in Blackpool

you in the right direction and check there are no buildings, trees or hills blocking the horizon.

Even an upstairs window or balcony could do the job if it faces the right way.

And you don't necessarily need to travel miles. If you are staying at home, check beforehand where you can see the setting sun from your garden, window or street.

Then all you need is for the clouds to play ball.

GET THE SHOT

GETTING a decent picture of the eclipse on your phone is harder than you might think.

Even when most of the sun is hidden, what remains is incredibly bright, which can leave you with a shot of a white blob instead of the neat crescent you can see with your own protected eyes.

On your phone, tap the sun on your screen and turn the exposure down until you can make out its shape.

Avoid digital zoom too. It won't get you any closer and can leave your picture looking grainy.

You may actually get a better picture by zooming out. Try getting trees, rooftops, church spires or even friends and family silhouetted against the low sun.

Keep your phone still too. A small tripod is ideal, but resting it against something solid can help.

Take extra care with other viewing equipment. Never look at the sun through an optical viewfinder, binoculars or a telescope unless the equipment has the correct solar filter fitted to the front.

Standard lenses concentrate the sun's rays and can seriously damage your eyes. Eclipse glasses alone are not enough when looking through magnifying equipment.

The Solar Snap app, from the App Store or Google Play, is another option and works with a filter placed over your phone camera.

ECLIPSE JACKPOT

IF you are in the South West, you've hit the eclipse jackpot.

Cornwall will see around 95 per cent of the sun covered at the peak, leaving just a thin crescent shining above the horizon.

Pembrokeshire will get around 94 per cent, while Manchester and Liverpool will see around 91 per cent and London around 90 per cent.

But do not be put off if you are nowhere near Cornwall.

Across much of the country, more than 90 per cent of the sun will still be covered.

And the weather could make a bigger difference than a few percentage points.

Someone with clear skies in London could get a far better view than an eclipse-watcher stuck under unwelcome cloud in Cornwall.

LAST-MINUTE CHECKS

GOT an old pair of eclipse glasses tucked away in a drawer?

Check them carefully for scratches, tiny holes or damage to the filter before using them. If you spot any, don't risk it.

Forget some of the old-fashioned tricks you might remember from childhood too.

Smoked glass, photographic film and dark plastic might make the sun look dimmer, but that doesn't make it safe to stare at.

Finally, set an alarm for a few minutes before maximum eclipse.

You do not want to be hunting for your glasses or setting up your phone just as it reaches its peak.

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Jane Moore

letters@the-sun.co.uk

France is happy for the boats to be **our** problem

WHEN Michael Jackson dangled his baby son over a hotel balcony in Berlin, the world rightly lost its mind.

Yet when an asylum seeker in a puffa jacket and life vest dangles a tiny baby dressed in just a flimsy Babygro, no one bats an eyelid as they clamber aboard a potential death-trap dinghy to make the perilous crossing to the UK.

Not least the French police who, despite being paid millions by us to supposedly *stop* these boats, appear to be *se moquer* – aka taking the piss – and doing nothing.

Wacko Jacko and the migrant boats crisis might be two very different scenarios, but they are identical in presenting danger to a small child.

Thanks to luck, good weather, and the French coastguard following to make sure it didn't sink, the small boat arrived safely in the UK.

But this Russian roulette of desperate people cannot go on. The following day, the biggest-ever Channel migrant boat – carrying an astonishing 230 people – arrived here too. That number of people could have filled a Ryanair plane but, of course, they wouldn't be able to board without documents.

So why the hell are they being allowed to dodge passport control and board an equivalent-sized *boat* to get here?

It's a reasonable question that no Government minister seems able to answer.

Yesterday, Housing Secretary Angela Rayner was asked about it and filled the allotted airtime with word salad platitudes like, "You're absolutely right, more needs to be done" and "Nobody wants to see babies and toddlers washed ashore" and "We're in constant dialogue with the French". Blah blah blah.

BABIES IN DANGER . . . Jacko, *left*, & migrant

But a coherent policy on how they're going to stop people-smuggling in these dangerously flimsy vessels wasn't forthcoming.

Nor was it when Home Secretary Shabana Mahmood came on Loose Women in June and I asked her why, as we have a £660million deal with France, we don't pick the boats up in the Channel and escort them back there?

Not least because it would act as an obvious deterrent against getting in one of these boats in the first place.

She replied that once the migrants get to the mid-line of the Channel, they are in our waters and therefore become our responsibility.

To take them back, she said, "you have to have an agreement".

She added: "What we're paying for is law enforcement activity, and I have seen that working for myself."

Well, it doesn't appear to be working this week and, with photos of this mega-boat circulating on social media and another heatwave looming, there will soon be plenty more risking their lives to get here.

The reality, one suspects, is that France is more than happy for them to become our problem and not theirs.

So the Decathlon at Dunkirk-sur-Mer flogs life vests in bulk to the people-smugglers, the gendarmes frequently turn a blind eye, and the French coastguard escorts them safely to the "mid-line" where either our Navy, Border Force or the RNLI taxi them to their chosen destination of good old Blighty.

And doubtless nothing will change until more children die. How utterly tragic.

Sydney's simply the bust for blokes

SCIENTISTS in Japan have conducted a study among men to ask what they find physically attractive in a woman.

The conclusion is a large bust and small waist – in other words, Sydney Sweeney.

I can't imagine why.

Next week, a survey reveals that bears st in the woods.**

CLAIMS . . . Jason Arday

'PROF' NEEDS FAMILY

THE famous maxim of journalism is "who is this bastard and why are they lying to me?"

Yet when I appeared on Laura Kuenssberg's Sunday morning show in March last year, my fellow newspaper reviewer was a man so admirably humble about his many academic achievements that my bullstometer remained dormant.**

It was Jason Arday, "Cambridge's youngest black professor," an accolade all the more incredible because, he told me, he'd been mute until the age of 11 and unable to read and write before he was 18.

Incredible indeed. Turns out that most of the professor's claims were, at best, exaggerated, at worst utter bunkum.

Someone forwarded me a round robin email he'd sent to "friends" at the time, saying that a "two-year campaign" by other academics accusing him of plagiarism "has now reached The Times, who want to publish a piece academically discrediting me".

He was asking for signatories to an open letter he'd drafted himself to then-Education Secretary Bridget Phillipson, saying: "The integrity of the Academy [i.e academia itself] is at risk from right-wing extremists if we do not take a stand and speak out against the racist attempts to erase black scholarship."

We now know that the only risk to the integrity of anyone involved in this unholy mess is Jason himself, who cried "racism" to try to shut down scrutiny.

Look, no one died and, if anything, he's done academia a favour by exposing its weaknesses.

So I hope he's OK and getting support from his "wife and two children" – assuming they exist.

JUST two weeks into his premiership, our new PM Andy Burnham sparked outrage by going on holiday with his family.

Give him a break. *(Er, isn't he already on one? – Ed)*. After all, it was probably booked before he knew he would waltz into No10 off the back of 25,000 votes in Makerfield. Like as far back as, ooh, June maybe.

AS any social etiquette expert will tell you, wearing white to a friend's wedding isn't the done thing.

Yet Geri "only wears white" Horner pitched up at fellow Spice Girl Mel C's nuptials in a floor-length outfit that only just teetered on the edges of acceptability thanks to a smattering of flowers, *above*.

Mel laughed it off, probably just grateful she didn't wear *that* Union Jack mini dress.

And let's face it, you don't always have to wear white to pull focus from the bride.

As ably demonstrated by wedding guest Kendall Jenner, *below*, when, in 2021, her risque frock at a friend's big day, prompted the question: "*What* bride?"

FEES . . . Fahnbulleh

NOT A PRIVATE MIATTA

ENERGY Secretary Miatta Fahnbulleh was a big fan of Labour slapping VAT on private school fees.

But she's now been accused of "classic champagne socialism" after it has been revealed that all three of her children are privately educated at a probable bare minimum cost of £50,000 a year.

I have no issue with politicians of any party persuasion educating their kids at fee-paying schools.

It's just when they make it difficult for others to do so that it grates.

Ms Fahnbulleh is married to a hedge-funder so, with their joint income, the extra 20 per cent on fees is a mere drop in the ocean.

But a lot of the "working people" her Government purports to be a champion of *don't* have that kind of money.

So they scrimp, save and borrow to educate their kids privately, and the extra demand is a tipping point.

Hence why independent schools have lost 30,000 pupils since the rise and around 100 of them have closed.

What a dumb policy.

ED RAP A FINE MESS

ED SHEERAN has been convicted and fined £666 by Bradford Magistrates' Court for keeping a vehicle that doesn't meet insurance requirements.

The 1966 Aston Martin has been off-road for five years because it's in a professional workshop, being renovated and converted to electric.

And, as Ed told the court, the workshop had assured him it was insured under their own comprehensive insurance.

But no. After a DVLA letter offering an out-of-court fine never reached him, the tax-paying, law-abiding musician found himself hauled before magistrates.

With rape cases sometimes taking two years or more to come to court, how reassuring to know that really serious criminals like Ed are being dealt with so efficiently.

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Taped . . . cop at scene

Man dies in Hells Angels turf war

EXCLUSIVE by ALEX WEST & MIKE SULLIVAN

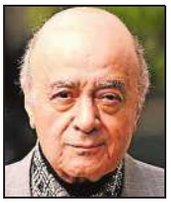
A VICIOUS brawl which left a man dead was sparked by rivalry between the Hells Angels and another biker gang.

One mob with axes, machetes and hammers ambushed the other's HQ.

A witness said the man killed, Antony "Tony" Jones, 56, was left face down in an alleyway with a gaping head wound. Two others went to hospital after last Thursday's street battle in the village of Pontnewynydd, near Pontypool, South Wales.

It was believed to be part of a turf war between two rival outlaw motorcycle clubs, the Hells Angels and Vikings.

A local said: "There were 20 with machetes, hammers and axes beating the hell out of each other." Ten men, aged 31 to 73, were arrested and police appealed for another, Anthony Paul Jones, 40, of Blaenavon, Gwent, to come forward.



Predator . . . Fayed

Victims of Fayed revealed in error

By MICHAEL HAMILTON

THE names of Mohamed Fayed's sex abuse victims have been revealed in a blunder by cops.

A Met Police commander messaged more than 50 survivors of the late Harrods owner yesterday – but listed all their email addresses.

It meant dozens of women, who have a right to anonymity, had their identities revealed to the others. A source claimed several names were recognisable – sparking fury.

They said: "It is pretty shocking. More than 50 addresses were listed, so everyone could see them."

More than 400 allegations including rape, sex assault, exploitation and human trafficking have been made against Fayed, who died aged 94 in 2023.

The Met said: "We understand the impact this may have and sincerely apologise. We are reviewing processes to prevent a similar breach from happening again."

U.S. PREZ IN JET SWITCH PLOY

Trump smuggled off Air Force One in food catering truck

Vanishing act a ruse to trick world after Iran threat

1

Appears normal . . . Trump seen boarding old Air Force One

2

Sleight of hand . . food truck waits

3

Emergency exit . . he is smuggled on to truck

HOUDONI

4

Switched back . . . in Suffolk

DONALD Trump was smuggled off Air Force One on to a catering truck in a Houdini-style escape amid a "credible threat" from Iran.

The US President was then reportedly switched to another plane as he left a Nato summit in Turkey in an extraordinary ruse to thwart any attack.

Journalists and even White House staff who were on Air Force One were unaware of the ploy, and believed the President was on board.

US reports said officials were aware of a credible Iranian threat to fire a missile at the plane, with Mr Trump saying at the summit he was the

By BETHAN MOSS

rogue state's "number one target". He had arrived in Turkey on a new Boeing donated by Qatar, but said he would leave on the old Air Force One "for old time's sake." On July 8, in full view of the cameras, Mr Trump was seen boarding it at Ankara.

US reports say he was then smuggled through a door on the other side, with a catering truck raised so he could get in without being seen.

Accompanied by aides, he was then driven away in the truck and sneaked on to a smaller military plane, Air Force C-32A.

War Secretary Pete Hegseth also boarded that flight via the external stairs in an apparent bid to make it look "typical".

Both planes were painted in blue and white, and emblazoned with the presidential seal. Mr Trump then flew to the US via the UK, landing at RAF Mildenhall in Suffolk.

He was seen descending the stairs of Air Force One before boarding the Qatari jet. It is not known how he transferred from the smaller plane.

The White House did not confirm the secret flight swap.

But communications director Steven Cheung said: "The new Air Force One is a state-of-the-art aircraft that has been fitted with high-level security protocols that ensure the safety of the President and his staff.

"As the President has said recently, there are many enemies of America who have their sights on him.

"We use every tool at our disposal to address those threats."

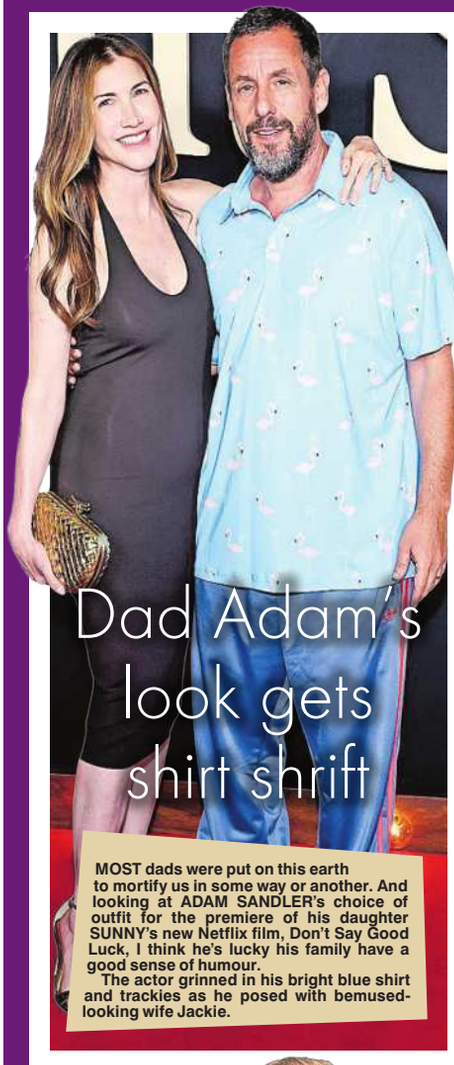
bethan.moss@the-sun.co.uk

biz

LULU's first album in 11 years has been inspired by a JESSIE J comment.

The Shout legend, *right*, who will release her new collection in January, told Radio 2's SARA COX: "I did JOOLS HOLLAND's Hootenanny last New Year and Jessie J was on with OLIVIA DEAN. I'd just done a song and Jools goes around the whole studio and Jessie said, 'Just a minute' – she's very bossy, Jessie, I love her – she said, 'I just want to say, that woman over there gave girls like me and Olivia a platform to sing out loud and sing proud . . .'

"I said to my brother, 'How about that? Sing out loud, sing out proud,' and that is part of the chorus to the title song of my album, which is called Let The Girl Sing Out."



Dad Adam's look gets shirt shrift

MOST dads were put on this earth to mortify us in some way or another. And looking at ADAM SANDLER's choice of outfit for the premiere of his daughter SUNNY's new Netflix film, Don't Say Good Luck, I think he's lucky his family have a good sense of humour.

The actor grinned in his bright blue shirt and trackies as he posed with bemused-looking wife Jackie.

WEST END EYES ON GEORGE

WEST End bosses fear **BOY GEORGE** will speak out on the real reason he exited the London Palladium's hit production of Jesus Christ Superstar – and are monitoring his X account to ensure he doesn't spill the beans.

George, *below*, pulled out of his planned turn as King Herod in the **SAM RYDER** musical a fortnight ago, with his manager claiming it was in the **CULTURE CLUB** star's best interests.

But it coincidentally came just days after he released a controversial song, We Will Dance Again, in which he voiced his support for Israel's military action in Palestine.

A source said: "A lot went on behind the scenes before his exit and now a close eye is being kept on his social media. The singer has publicly defended his song but not mentioned the show as he's signed an NDA.

"Everyone knows George is trigger-happy when it comes to social media, and there is a lot of bad blood behind the scenes."

BREAKOUT alt-pop band **AFTERDRIVE** have announced their debut EP and a headline UK tour after a whirlwind year in which they supported ED SHEERAN and McFLY.

The four-piece, who have been championed by Radio 1, will drop their EP, Dress To Drive, on October 9, and play in Ipswich, Manchester, Birmingham and London this autumn, with tickets on sale today.

HANNA'S A-MUSED

RISING star **HANNA ANDREA** has proved she's a woman of many talents, debuting at the Edinburgh Fringe in the same month as the release of her EP.

She has penned the music and lyrics to her madcap musical Muse, inspired by **WILLIAM SHAKESPEARE**'s best works, running at the Underbelly's Cowbarn until August 30.

She said: "What makes me so creative is I've always had this thing in my brain. A lot of artists' music sounds the same. My music doesn't sound the same, so at least I'm not doing that."

Hanna, whose EP Braveheart is out on August 21, added: "A lot of people bring in artists that they're like, 'I want them to sound like this.' And that's always been hard for me.

"I've always thought, 'I'm just going to write whatever melodies are in my head.'"

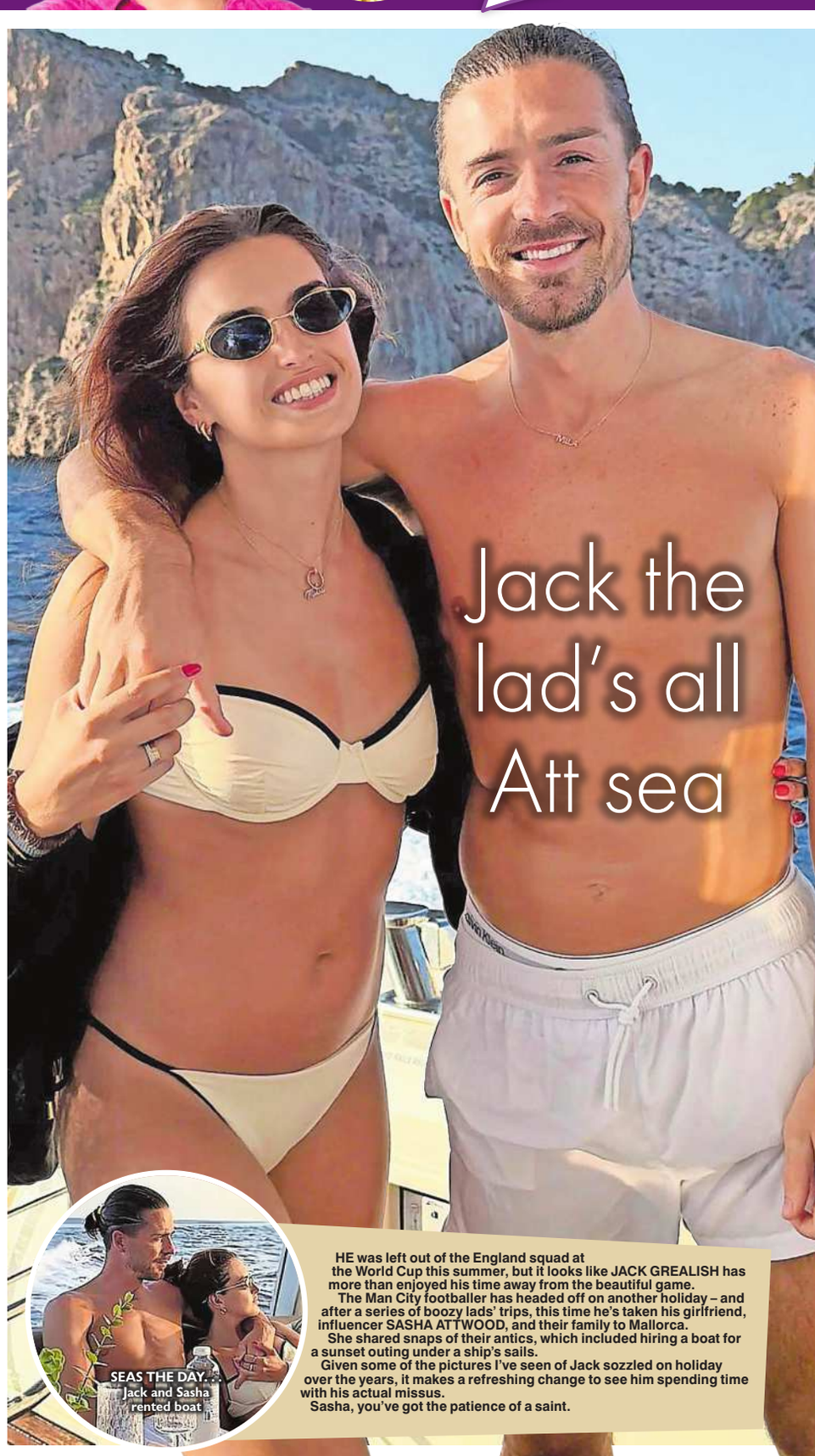
BEYONCE IN BATTLE

BEYONCE is being sued in the US after she allegedly used an unauthorised sample on her song Alien Superstar, from her 2022 No1 album Renaissance.

Producer Shuji Hirose and his company Hirose Enterprise are taking legal action over what they allege is copyright infringement.

He claims to own the rights to a song called Moonraker, by musician **JOHN HOLIDAY**, partly used on Alien Superstar. Although Bey, *inset*, secured a licence from John, Shuji claims he was given the rights to the song years ago.

He is seeking an injunction to stop Beyonce making more money off the track and is demanding "unspecified damages".



Jack the lad's all Att sea

SEAS THE DAY... Jack and Sasha rented boat

HE was left out of the England squad at the World Cup this summer, but it looks like JACK GREALISH has more than enjoyed his time away from the beautiful game.

The Man City footballer has headed off on another holiday – and after a series of boozy lads' trips, this time he's taken his girlfriend, influencer SASHA ATTWOOD, and their family to Mallorca.

She shared snaps of their antics, which included hiring a boat for a sunset outing under a ship's sails.

Given some of the pictures I've seen of Jack sozzled on holiday over the years, it makes a refreshing change to see him spending time with his actual missus.

Sasha, you've got the patience of a saint.

ELLIE HENMAN'S

arre

BIG GIGS FOR SAM

SAM FENDER's fans had better start saving their pennies as he's in talks for a series of massive outdoor shows next summer.

My moles are remaining tight-lipped about exactly where Sam is playing, although I hear a slot at Glastonbury could be on the cards.

A source said: "Sam has had a huge year and he is being flooded with offers. Glastonbury has been mooted but BST Hyde Park and Roundhay Festival in Leeds have both been ruled out.

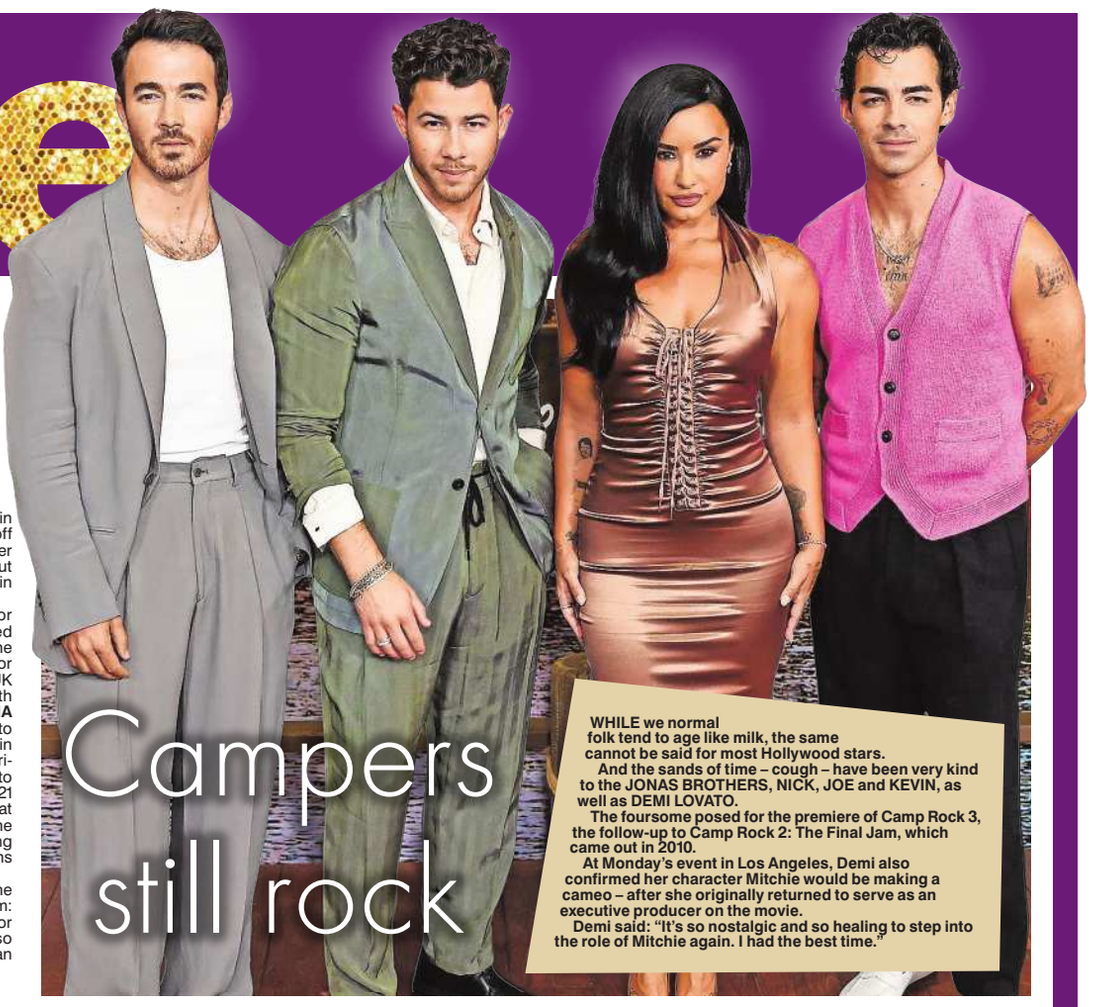
"The finer details are still being ironed out but it's shaping up to be an amazing run of gigs."

Four years back, Sam played a huge headline show at Finsbury Park in North London, followed by headline sets at Reading and Leeds Festivals in 2023. And last year, he kicked off his biggest-ever run of summer gigs, including three sold-out nights at St James's Park in Newcastle, his home city.

It's been a massive year for the singer. In February, he picked up two Brit Awards and he recently broke the record for the longest-running UK No1 single of all time with Rein Me In with **OLIVIA DEAN**. It is on course to hit the top spot again on Friday to make it 21 weeks. That will be at least one major singalong when he returns to the stage.

Sam said of the feat via Instagram: "Completely lost for words, thank you so much to Olivia Dean and the fans."

HOT RUN . . . singer on stage



Campers still rock

WHILE we normal folk tend to age like milk, the same cannot be said for most Hollywood stars.

And the sands of time – cough – have been very kind to the JONAS BROTHERS, NICK, JOE and KEVIN, as well as DEMI LOVATO.

The foursome posed for the premiere of Camp Rock 3, the follow-up to Camp Rock 2: The Final Jam, which came out in 2010.

At Monday's event in Los Angeles, Demi also confirmed her character Mitchie would be making a cameo – after she originally returned to serve as an executive producer on the movie.

Demi said: "It's so nostalgic and so healing to step into the role of Mitchie again. I had the best time."

Sarky Beta Squad YouTuber in talks for I'm A Celeb

SHARKY MAKES MARKY ON THE JUNGLE

HE'S the YouTube star best known for his antics as part of social media sensations BETA SQUAD.

Now **SHARKY** – real name **SHARMARKE MOHAMUD** – is making a move into mainstream telly.

I'm told the content creator, known for his sarcastic humour, is in talks to take part in this year's I'm A Celebrity . . . Get Me Out Of Here!

With his massive online following, my telly insiders say Sharky is being seen as the next **ANGRY GINGE** – the internet gamer who went on to be crowned King of the Jungle last year.

"Sharky is absolutely massive with young people and ITV think he could be ideal to bring younger viewers to I'm A Celebrity," explained my show mole.

"Beta Squad command tens of millions of followers and they know those fans will engage with I'm A Celeb if he goes into the jungle.

"Angry Ginge was a relative unknown with traditional audiences when he went into camp, and the nation fell in love with him.

"After meeting Sharky, ITV bosses thought he was a great fit and they are keen to see if they can get him on board. He is definitely interested and is thinking about it. For him, taking part in I'm A Celebrity would open him up to a whole new audience – plus it's the adventure of a lifetime."

Sharky isn't the first of the Beta Squad lads to take to mainstream telly.

His pal **NIKO OMILANA** was in BBC's Celebrity Traitors last year, while their Beta Squad mate **KING KENNY** will appear on that same show later this autumn.

Other celebs linked to the new series, hosted by **ANT** and **DEC**, include Gavin & Stacey's **JOANNA PAGE**, presenter **ADE ADEPITAN** and Olympic ice skating legend **CHRISTOPHER DEAN**.

Sharky – an Arsenal superfan who hosts the SDS podcast – appears to have what it takes to be on the show, which would see him face vomit-worthy Bushtucker TV trials, including necking liquidised testicles and tucking into fish eyes.

Earlier this year, he was asked about his biggest phobia and said it was being locked in a room with **ZENDAYA**, who he famously has a crush on and would be starstruck by.

Luckily for Sharky, I don't think ITV's budget stretches to A-list megastars.

Kiosk Kev, on the other hand . . . he'll be back – and I'm told his beard is bushier than ever.

ONLINE LAUGHS . . . Sharky and, *left*, Angry Ginge is crowned Celeb winner last year

PPM

THE Sun SAVERS

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DEAL OF DAY

MAKE the most of the fine weather with plenty of al-fresco dining. This outdoor table and chair set is down from £299.99 to £149.99 at The Range.

SAVE: £150

CHEAP TREAT

CREATE an easy festival look with Barry M's biodegradable body glitter, £4.49 from Superdrug.

CUT COSTS . . . and hedges, and save cash by hiring not buying for short-term use

YOU CAN SAVE A FORTUNE BY RENTING ITEMS

Hire power

HIRING items can be a lot cheaper than buying them and saves you some serious storage headaches.

By LANA CLEMENTS

And it's now easier than ever to rent all kinds of products.

Here is when it can make sound financial sense . . .

DRESS TO IMPRESS: Oxfam has joined the growing list of retailers that are offering rental services to customers.

Through the charity, you can hire designer clothing and one-off vintage styles if you're looking for fancy dress or a suit for a special occasion.

Prices start at £22 for 14 days, which could save you a small fortune on the cost of buying an equivalent dress new. John Lewis, By Rotation and Hurr are among the other places where you can rent clothes.

DIY TOOLS: If you have an odd job to do around your home, in many cases you will be better off renting the equipment rather than buying.

B&Q offers a wide range of tools from ladders to hedge trimmers.

You can expect to pay £102 for weekend hire of a Numatic wet carpet cleaner, whereas the same item bought new is more than £500.

BABY ESSENTIALS: You can often find yourself buying a lot of new equipment if you have a small baby. But in some cases, you could be better off hiring for a small time rather than buying. For example, if you need a travel cot for one or two holidays, consider renting rather than buying.

If you're based in London, Baboodle offers prams, kids bikes, cribs, and more to rent.

It's worth checking if you have a toy library near you, which allows you to swap items once the novelty has worn off.

CAMPING: If you want to have a break in the great outdoors, you could be better off hiring. Gear Again (gearagain.co.uk) offers hire for a wide range of camping equipment, as well as wetsuits. Sign up to the mailing list online for five per cent off.

●All prices on page correct at time of going to press. Deals and offers subject to availability.

What's new?

THERE is a new range of Finest crinkle-cut crisps at Tesco, including maple BBQ, spicy smoked paprika, and Japanese fried chicken flavour, *right*, £1.50 each.

TOP SWAP

£3.50

MAGNUM mint ice cream lollies, *above*, are an ideal treat at £3.50 for three in Morrisons. Or make some savings with Sainsbury's chocolate and mint ice creams, *below*, £1.19 for three.

SAVE: £2.31

£1.19

Little helper

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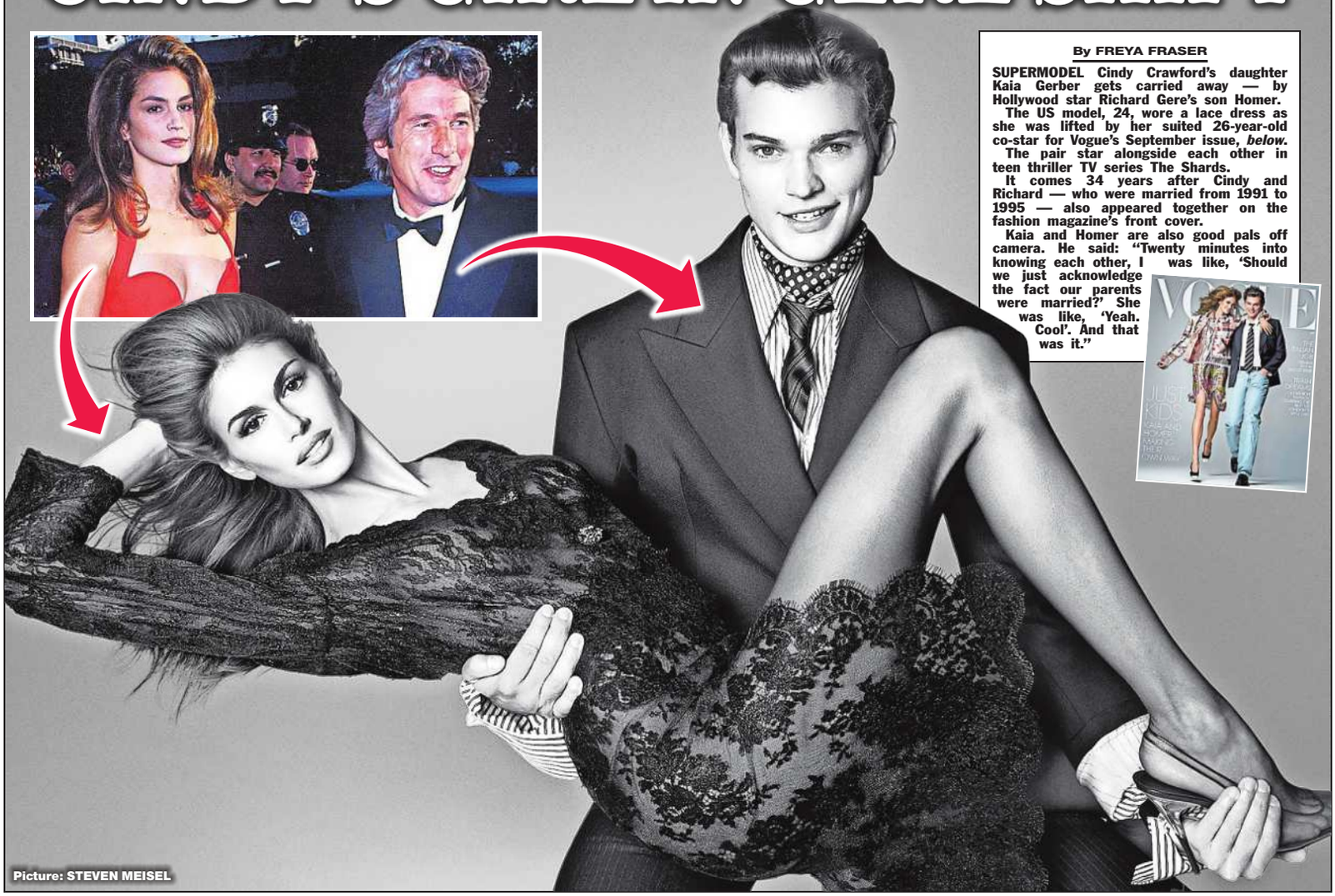
CINDY'S GIRL IN GERE SHIFT



Picture: STEVEN MEISEL

By FREYA FRASER

SUPERMODEL Cindy Crawford's daughter Kaia Gerber gets carried away — by Hollywood star Richard Gere's son Homer.

The US model, 24, wore a lace dress as she was lifted by her suited 26-year-old co-star for Vogue's September issue, *below*.

The pair star alongside each other in teen thriller TV series The Shards.

It comes 34 years after Cindy and Richard — who were married from 1991 to 1995 — also appeared together on the fashion magazine's front cover.

Kaia and Homer are also good pals off camera. He said: "Twenty minutes into knowing each other, I was like, 'Should we just acknowledge the fact our parents were married?' She was like, 'Yeah. Cool'. And that was it."

Airport in grow call after No1 title's lost

By JAMES FLANDERS

HEATHROW said "the case for expansion has never been clearer" after losing its position as Europe's busiest airport.

It saw 7.86million passengers in July. Turkey's Istanbul had 8.15million.

The slump was partly driven by a 20.2 per cent year-on-year fall in Middle East routes due to the US-Iran conflict.

Heathrow is seeking Government permission to build a third runway to accommodate 150million passengers per year – compared with the 84.4million in 2025.

Its two runways in West London operate at near-full capacity.

Heathrow boss Thomas Woldbye said: "Expanding will help ensure the UK remains home to Europe's leading hub."

TRASH COURSE

Bin man Michael Dixon saved a van driver's life using CPR he learned just a week earlier, in Southend, Essex.

LUNACY IN SOUPED-UP BMW

JAIL FOR 191MPH BOY RACER IDIOT

Speedo . . . and Charlton

A RECKLESS boy racer has been jailed for hitting 191mph on a motorway.

Semi-pro footballer Connor Charlton filmed the speedometer in his souped-up BMW X3M and posted it on social media.

Another video showed him weaving in and out of traffic at 160mph in the £90,000 SUV. The dad of two captioned it "wow" alongside a laughing emoji.

In further clips he hit 157mph as he sped from a red light, and a pal recorded him "drifting" round a roundabout.

EXCLUSIVE by EMILY-JANE HEAP

In a spine-chilling near-miss, where Charlton pulled out in front of a white van, a person can be heard exclaiming: "Woah, woah, woah" before screeching with laughter.

His BMW was eventually seized by police after he was involved in a crash in September 2023.

The investigation revealed a note on his phone with a fabricated story about the collision – claiming it was another driver's fault and that they had left the scene.

A search of the car's computer found it recorded speeds of over 107mph eight times in a year.

Charlton, 32, was charged with ten dangerous driving offences and four of perverting justice for arranging for others to take penalty points for him.

He admitted all the charges at Leeds crown court.

It heard the Nostell Miners Welfare FC striker had two previous convictions unrelated to driving, including being found guilty of ABH in 2019 after punching a man during a five-a-side match in Wakefield, West Yorks.

Charlton, of nearby Hunslet, got four years' jail and was banned from driving for four years and seven months.

emily-jane.heap@the-sun.co.uk

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EVERYBODY REMAIN CALM.
POWERBALL
PLAY BY 11.55PM THIS WEDNESDAY

LOTTO 'BIN' WIN MUM £12M WAIT

A LOTTERY player whose £12million winning ticket was thrown in the bin will still scoop the cash — if no one else claims it.

Mum-of-two Kath Main says a Londis shopkeeper threw it away after it failed to register on the draw-checking machine.

She later read in The Sun that a jackpot win in her area had not been claimed, and the numbers matched hers. Operators Allwyn have now concluded an investigation into the incident in Abercynon, South Wales.

EXCLUSIVE by ALEX WEST

The rugby club secretary, 46, will get the fortune if there is no other claim before December 3.

Kath says she "feels sick all the time" as she endures an agonising wait with hubby Marcus. Allwyn said: "The investigation we conduct is designed to ensure any claim is from the rightful ticketholder.

"We are then able, at our discretion, to pay that player once the claim period has expired 180 days after the draw."

Agonising . . . Kath

● **THE** US Powerball jackpot is at £503million – the first time a UK lottery prize has passed the half-a-billion-pound mark. Tickets must be bought before 11.55pm tonight.

MARKET STREET

• SPECIALS •

British Pork Loin

Medium Smoked and Unsmoked Gammon Joint

British Rump Steak, £22 per kg, £14.66 per kg

British Corn Cobettes

More reasons to shop at Morrisons

morrisons.com

Majority of stores. Excludes Morrisons Daily. Online varies. Rump Steak was £22/kg, now £14.66/kg. Cobettes 4 pack, 21.2p per cobette. Pork Loin and Rump Steak offers end 16/08/26. Gammon offer ends 18/08/26. Cobettes offer ends 23/08/26. Serving suggestions.

LUDICROUS TEEN SPEAK

Quiet on the creek but your kids probably think you're delulu and tweaking and NOT a bit tope

FLUMMOXED . . . parents confused by slang of today's youngsters

IF you thought the nonsensical kiddie catchphrase "six-seven" was bad enough, a new loony lexicon is plaguing the internet and baffling poor parents in its wake.

By JOSH SAUNDERS

With weeks to go until the school holidays come to a close, you may hear your bored teen accuse you of acting "corny on the bob, off the bob". Or they may rate your dinner as "dime".

Much like "six-seven" – a playful phrase with no actual meaning – many of these sayings are baffling.

Here we break down the loco lingo so you can get down with the Gen Alpha and Gen Z kids . . .

Corny on the bob, off the bob: A person acting differently depending on who they are around.

Bet: Put your bookies' slips away, this actually means you "OK, sure, sounds good".

Mogging: Not your beloved family cat, it derives from "alpha Male of the Group" and means someone who is outshining or outdoing others.

No cap: Your teen is telling you they are not lying.

Tope: A positive word, a mix of "totally" and "dope", meaning amazing.

Delulu: This is not linked to the Scottish Shout singer, it's similar to delusional – meaning that person holds farcical beliefs.

Skibidi: Something bad, evil or negative.

Aura points: A playful ranking system of someone's energy, presence or what they bring to a social scenario.

Sigma: Not just a letter in the Greek alphabet. It's someone cool and confident, who is self-reliant and doesn't follow the crowd.

Tweaking: An insult to describe someone who is overreacting or acting irrational without just reason.

Ship them: Not sending someone overseas, it's approving of, or hoping for, a romantic coupling.

Quiet on the creek: Like quiet on set, it's a request to hush up.

Sip tea: Instead of spilling the tea (meaning to share gossip), it's when you tell someone to mind their own business.

Dime: An attractive person, considered a ten out of ten. It could also be used to give something else top marks, like for dinner.

Curve: To reject, ignore or brush off someone's flirtatious messages or romantic interest.

Paywall . . . pro Warr

Strictly's Alexis is cha-cha-charging

EXCLUSIVE by FELICITY CROSS, Deputy TV Editor

STRICTLY pro Alexis Warr has risked a row by setting up an OnlyFans-style paywall on her Instagram.

Alexis, 26, charges £4.99 a month for "exclusive content". Her footage is in no way explicit, unlike a lot on OnlyFans, but fans of the BBC show are annoyed at the fee.

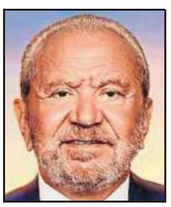
Strictly pros usually upload videos and photos of training sessions for free. But a button on Alexis's page invites fans to "Subscribe", not making it clear if they will see Strictly content.

Beeb rules state promo work from licence fee-funded talent must not "imitate, suggest a reference or connection to or pass off BBC content".

Stars must also declare commercial interests linked to their shows.

One fan wrote: "Blowed if I am going to pay."

Strictly said it did not contravene guidelines.



Angered . . Lord Sugar

Sugar is refused a credit limit rise

By AMIR RAZAVI

BILLIONAIRE Lord Sugar has called American Express "a bunch of idiots" after he was refused an increase on his card's credit limit.

The Apprentice star, 79, said he spoke to four people during a one-hour call – including one who knew who he was – and was still rejected "due to their system".

But he suffered a backlash after posting his frustrations on X.

One person wrote: "Why do you expect royal treatment? You champion your council-house background, while now trying to flaunt your status."

He responded: "I am not moaning, just exposing what a bunch of idiots Amex are."

When asked why he needed credit, he hit back: "Do practise being an idiot. I don't walk around with bags full of cash. I need a credit card to buy things."

American Express was contacted for comment.

5TH HEATWAVE BLASTS UK

38C WARNING, WITH PUBLIC TOLD TO CLOSE CURTAINS

IT'S SO SUNNY, BANANAS NOW GROW IN DORSET

Picture: BNPS

Looks apeeling . . . Pam Woodall with bananas in Poole

Britain's gone bananas!

By EMILY-JANE HEAP

BRITAIN'S blistering summer will see temperatures hit 38C tomorrow — with bananas among the few things growing.

Health warnings were issued, with householders told to close the curtains for extra shade during a fifth successive heatwave.

Experts predicted shortages of some foods in shops and higher prices as drought-hit farms battle to keep crops alive during what is set to be the hottest summer on record.

More expensive grain for animal feed will push up meat costs, and milk output has fallen as cows struggle in the heat and grass turns brown.

NFU president Tom Bradshaw added: "It does feel like there are going to be some shortages of food product." Analysts Shore Capital called it Britain's "worst food security challenge in decades".

But in Poole, Dorset, Pam Woodall found bananas growing on her garden fruit trees for the first time since she moved in 13 years ago.

The fruit typically grows in tropical climates in Asia and South America.

But Pam said she was shocked to see a bunch on her tallest 10ft plant.

She said: "I was walking around the garden and thought, 'What's that?' It looks amazing but I'll wait to see if the bananas ripen."

Tomorrow's 38C high would equal this year's top temperature, recorded at Lingwood in Norfolk on June 26.

Extreme amber heat warnings have been issued for large swathes of England, including London, parts of the South East and East, the Midlands, and Yorkshire.

People are advised to keep out of the sun, drink lots of fluids – and close curtains.

The Met Office also warned the hot weather is likely to bring travel chaos and damage to heat-sensitive infrastructure – potentially causing power cuts in places.

Chief forecaster Chris Bulmer said: "High pressure is now becoming dominant and temperatures will build day-by-day. Southerly and south-easterly winds will also tap into the hot conditions over Europe."

Up to 27million people are under hosepipe bans as reservoirs and rivers dry up, with increased risk of wildfires.

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Point of low return . . . village reappears

'HI' & DRY TO A LOST VILLAGE

By EMILY-JANE HEAP

EXTREME low water levels at a reservoir have revealed the remains of a lost village.

The hamlet was demolished and flooded more than 50 years ago to create the lake.

Stonework and foundations of destroyed buildings at what was Nether Hambleton have now emerged in the arid conditions. Reserves have almost run dry at the lake — Rutland Water in the East Midlands.

The reservoir was constructed in the 1970s over more than 3,000 acres of land.

Stone me . . . ruins emerge 50 years on

Albatross . . . Matt

Golfer's 411-yard hole-in-1 'UK best'

By ALEX WEST

A GOLFER has hit what is believed to be Britain's longest hole-in-one – at an astonishing 411 yards.

Matt Vigurs, 32, teed off on the third hole and couldn't find his ball when he got to the green.

After searching the fairway, he checked the hole – and found it nestled at the bottom.

Matt said: "I just froze. My mates ran over and we all belly-slammed and high-fived!"

The albatross at Great Barr Golf Club in Walsall, West Mids, beats the old British record of 408 yards, set at Littlestone Golf Club, in New Romney, Kent in 2014.

McLaren manager Matt, of Droitwich, Worcs, who plays off a +1 handicap, said the wind and hard ground helped him stretch his average 300-yard drive. The hole is a par-four, meaning an expert should do it in four shots.

He said: "It's just unheard of to get a hole-in-one on a par-four."

Slip-up . . McD's snack

Nuggets nail bank card con bandits

By WILL BARKER

A PAIR of bank card fraudsters were caught after they bought chicken nuggets from McDonald's.

Raphael Adebanjo, 31, and Roland Ogundare, 28, rang people across the UK, pretending to be from their bank.

They persuaded vulnerable victims to give them their PIN number then went to their home to collect their bank cards.

But they were identified on CCTV using the card of a woman in her 70s, of Winchester, Hants, to buy meals at a drive-thru and arrested in June 2023.

As cops searched Adebanjo's home, a firm tried to deliver bathroom fittings worth £1,722 bought with a stolen credit card.

The South East London pair admitted 24 frauds.

Ogundare, of Orpington, was jailed for 30 months at Southampton crown court. Adebanjo, of Erith, was given a suspended sentence and 150 hours' unpaid work.

TOP OF THE POPS STAFFER ON J-Lo was a TOT impress me mu

By JACK HARDWICK
Senior Showbiz Reporter

FOR five decades, Top Of The Pops defined the British music industry.

Before streaming, YouTube and TikTok, the hit BBC show was the go-to place for fledgling bands looking for a big break and superstars alike.

Now the show's assistant floor manager Gareth Davies, 51, has lifted the lid on what really went on behind the scenes – branding Jennifer Lopez and Shania Twain the biggest divas.

He also recalls how Madonna was left twiddling her thumbs after her clothes went missing.

Gareth, who worked on the show from the mid to late-Nineties through to the early Noughties, said: "My job was to get artists from backstage and guide them to the stage for their performance.

"Jennifer Lopez had the most demands, for sure.

"The dressing rooms were all along this narrow corridor – so nothing special, really. Quite old-fashioned.

"But for that small stretch of space, she made it completely her own.

"The best way to describe it is that she turned her dressing room entirely white.

"I'm not sure where the fascination with white came from, but she wanted everything transformed.

"The whole room was covered from top to bottom, which was quite unusual.

"She didn't paint it. She had plastic sheeting put up everywhere instead, so it created this striking, all-white environment."

It's a far cry from the image of the Bronx girl done good portrayed in the lyrics of her 2002 hit Jenny From The Block.

But J-Lo's antics pale into insignificance compared to country legend Shania Twain.

GOSSIP . . . show's Gareth

'Shania didn't open doors'

Recalling how the superstar was flanked by her team at all times, Gareth said: "Shania had a really large entourage with her, and my lasting memory was watching her walk from the dressing rooms to the studio.

"There was this long line of people moving ahead of her, like a relay.

"Apparently she didn't open doors, so someone would always be one step ahead holding it open for her. It was this perfectly choreographed system so she could just keep walking."

Shania appeared on the show four times during Gareth's years on the series, making her debut in June 1999 with That Don't Impress Me Much before returning in December that same year. She also performed in 2000 and 2002.

But for every diva, there was also an unlikely down-to-earth performer.

Perhaps the most surprising was Janet Jackson, sister of the late King of Pop, Michael Jackson.

Gareth said: "I remember everyone on the studio floor waiting quite a long time for Janet to arrive.

"We were all being very casual about it, thinking, well, she's a major A-lister, of course she's going to be late. So we just waited around.

"But it turned out Janet and all her dancers had been there the whole time, quietly waiting on stage themselves while we were all waiting backstage for her.

"She was just there in her tracksuit bottoms and hoodie, completely relaxed in that effortlessly cool way.

"What really stayed with me was how kind, gentle and soft she was. Everyone was genuinely taken aback.

"She felt like one of the dancers, really – just keen to be part of the group rather than setting herself apart as the star."

Kylie Minogue was also reportedly a sweetheart. Speaking about the I Should Be So Lucky singer, Gareth said: "I was quite obsessed with Kylie.

"I remember knocking on her dressing room door with my little script in hand.

"I'd already managed to get Gina G's autograph – it was around the time she was doing the Eurovision Song Contest *(1996)* – so I thought, right, I'm going to get Kylie Minogue's on here too.

"I knocked on the door, told her I was a big fan, and she was so lovely.

"She invited me in and chatted with me for a bit, just as a person rather than as a BBC employee. That really stayed with me."

As well as performing on the show, Kylie went on to make a number of presenting cameos.

Music legend Madonna made her Top Of The Pops debut in January 1984, belting out her single Holiday. She went on to perform a further 13 times, all of which were lapped up by fans.

But Gareth recalls how one performance almost didn't happen after she lost her costume.

He told online gambling platform Zingo Bingo: "I do remember that one time when Madonna came over – everything felt much tighter and more rushed than usual.

"Sometimes an artist would record several songs from an album in one go, so they wouldn't have to keep coming back again and again.

"From the moment she arrived, it was straight into the studio, rehearsing, back to get ready, then out on stage.

"But she and her team had all rushed in from a hotel in central London, and somehow her stylist had left all the outfits behind.

"We actually had to delay because Madonna had nothing to wear.

"It really felt like she had someone responsible for every tiny detail, so you can imagine whoever was in charge of the wardrobe that day was probably in serious trouble."

First broadcast on the BBC on New Year's Day in 1964, Top Of The Pops ran for more than four decades.

But despite the huge names and viewing figures, the show was actually as humble as it gets, with greasy-spoon breakfasts being served metres away from where LA-based megastars were doing their pre-show yoga.

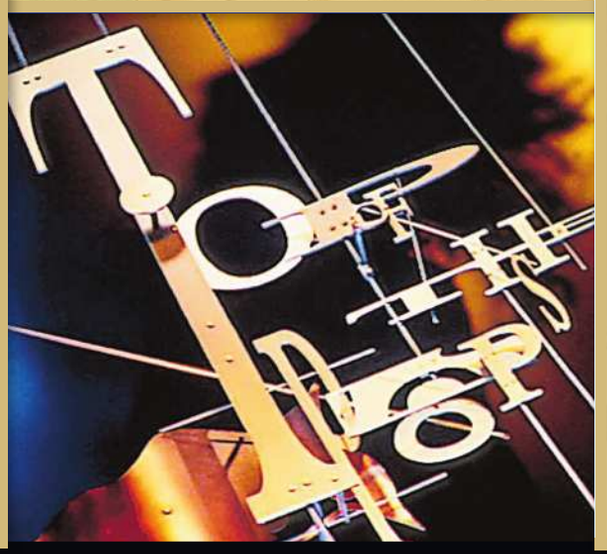
Gareth said: "It was filmed at Elstree Studios, where EastEnders

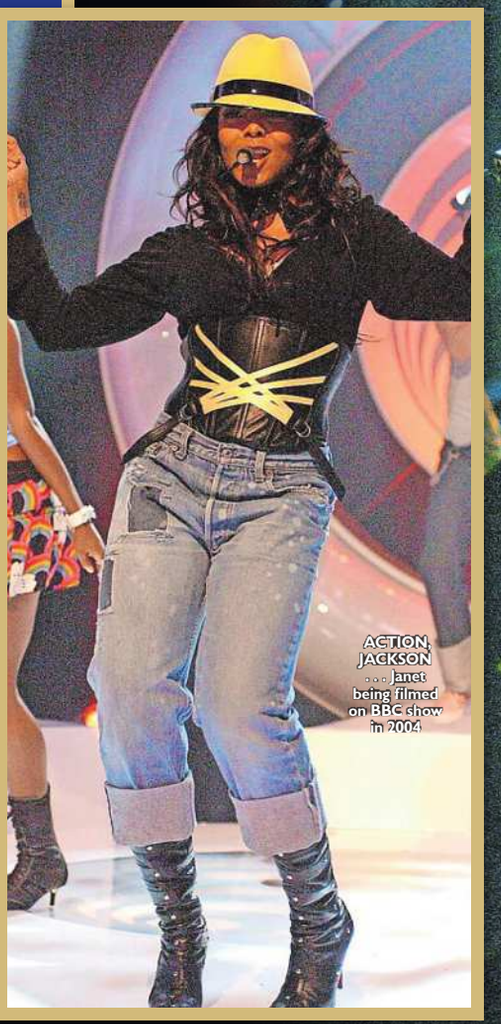
A RARE LO POINT . . . diva Jen in TV studio in 2000

JINGLE BELLE . . . Kylie wows TOTP 2004 Christmas party

SHOW'S OFF-CAMERA SHENANIGANS

FAMOUS FIVE . . . Spice Girls on BBC TV stage





ACTION JACKSON . . . Janet being filmed on BBC show in 2004

COUNTRY STRIFE . . . Shania Twain on Top Of The Pops in 1999

'AL diva and Shania didn't uch...but Kylie was lovely

shot, and Grange Hill was filmed e too.

was a very traditional, tly old-fashioned BBC io that hadn't really been updated for years. You had this classic canteen staffed by people who'd been there forever, serving no-frills British fry-ups, along with old-school dressing rooms.

SIGN OF THE TIMES . . . where programme was made

'The Spice Girls felt they had made it'

"Elstree felt quite remote, almost in the middle of nowhere. So when artists came over, especially from America, they were expecting to appear on the BBC's biggest music show.

"They probably imagined being right in the heart of London where everything is happening.

"Instead, they were on the quiet outskirts with very little going on. It did make for some surreal moments. You'd spot a big star sitting near a soap star veteran, tucking into a breakfast."

At one end of the spectrum, legends such as David Bowie and Oasis lined up to perform on the show.

At the other, the likes of one-hit wonder indie group Chumbawamba, US singer Tiffany and The One And Only's Chesney Hawkes were also on the same bill.

The show was a global phenomenon – pulling in 15million weekly viewers at its peak in the Seventies.

It was so big that from 2001 to 2005, the Manchester Arena hosted the Top Of The Pops Awards.

Explaining how the show felt more like a family at times, Gareth said: "What was so nice was that there really wasn't much for anyone to do. An artist might rehearse at ten in the morning, and then we wouldn't record until seven in the evening, so they'd just be hanging around.

"It created a real sense of community. You got to see people as much backstage and offstage as you did onstage, which was quite unique.

"Normally, artists come in, rehearse, then disappear until they're needed.

"But there, everyone stayed and mingled, and just spent time together, which gave it a very different, much more relaxed atmosphere.

"The first time the Spice Girls got on stage for their rehearsals, they were all jumping around and hugging each other.

"That was a moment where they felt they had made it.

"The five of them just had this amazing chemistry. Their personalities worked so well and it wasn't faked for the cameras. You'd go into the dressing room and the energy was electric. They were so fun."

After five decades of being "still number one", the final Top Of The Pops aired on July 30, 2006.

The BBC said in a statement at the time: "The decision to bring the show to an end after 42 years has not been taken lightly, and over the past few years every effort has been made to maintain the quality and distinctiveness of the show.

"However, the BBC's Creative Future Music Strategy has concluded that in a rapidly changing musical landscape, Top Of The Pops no longer occupies the central role it once did."

Northern Irish rock band Snow Patrol were the final ever act to play on the show – belting out their single Chasing Cars.

Wednesday TV GUIDE

Sun TV 4-PAGE SECTION

BBC ONE

6am Breakfast (S)
9.30 Animal Park A new species of predator is introduced to Longleat safari park. (R,S)
10.00 Trace, Track, Get My Car Back Hunting down a car being smuggled to Romania. (R,S)
10.30 European Athletics LIVE **Championships: Birmingham 2026** Jeanette Kwakye presents coverage of the opening session on day three from Alexander Stadium. (S)
1.15 BBC News (S)
2.00 Money For Nothing Transforming old records, a bureau and metal chairs. (S)
2.45 Escape To The Country Margherita Taylor helps a couple to find a home in Norfolk. (R,S)
3.30 The Repair Shop The experts restore a pair of boots, a printing press, a stuffed bear and a clock. (R,S)
4.30 The Answer Run Jason Manford hosts the quiz. (S)
5.15 Pointless Quiz hosted by Alexander Armstrong and co-host Ria Lina. (R,S)
6.00 BBC News (S)
6.30 Regional News (S)

8pm Matthew Hudson-Smith competes in the European Athletics Championships

7.00 The One Show The 20th birthday celebrations continue, including a look back at memorable encounter with Tom Hanks a decade ago and long-running environmental stories featured on the show. (S)
7.30 EastEnders Chelsea's family rally together in her time of need, a truth comes to light about Joel's incident, and Eve faces a new challenge as a parent. (S)
8.00 European Athletics LIVE **Championships: Birmingham 2026** Gabby Logan presents further coverage of the evening session on day three from Alexander Stadium, including the finals of the men's 400m and women's 400m hurdles. (S)
10.00 BBC News (S)
10.30 Regional News (S)
10.40 MOTD: UEFA Super Cup Highlights Paris Saint-Germain v Aston Villa. Action from the annual match between last season's respective Champions League and Europa League-winners, held at Red Bull Arena Salzburg. (S)
11.10 Red Eye FILM A hotelier on a flight to Miami realises a passenger she has befriended is intent on involving her in an assassination. Thriller with Rachel McAdams and Cillian Murphy. (2005) ✪✪✪ (S)
12.25 The Hit List Celebrity Special Music quiz. (R,S) Followed by **Weather For The Week Ahead** **1.15-6am** BBC News (S)

BBC TWO

6.15 am Homes Under The Hammer Property auctions. (R,S)
7.15 Money For Nothing (R,S)
8.00 Sign Zone: Great Japanese Railway Journeys (R,S,SL)
8.30 Great Continental Railway Journeys (R,S,SL)
9.00 BBC News (S)
10.30 Antiques Road Trip (R,S)
11.15 Homes Under The Hammer In Hylton Castle and Kent. (R,S)
12.15 Bargain Hunt (R,S)
1.00 Richard Osman's House Of Games (R,S)
1.30 The Finish Line (R,S)
2.15 Do You Know Your Place? The contestants demonstrate their knowledge of Falkirk. (R,S)
2.45 The Farmers' Country Showdown (R,S)
3.30 Spy In The Ocean Extraordinary relationships that exist among the creatures of the ocean. (R,S)
4.30 Vintage Antiques Roadshow From Sherborne School. (R,S)
5.15 Flog It! From Hendon. (R,S)
6.00 Richard Osman's House Of Games Quiz show. (R,S)
6.30 Bear Grylls: Wild Reckoning An estranged brother and sister reunite in the wilderness. (R,S)

9pm David Campbell stands accused in Murder Trial: Death Of A Dog Walker

7.00 European Athletics LIVE **Championships: Birmingham 2026** Gabby Logan presents coverage of the evening session on day three from Alexander Stadium, including the start of the women's hammer final. Coverage continues on BBC One. (S)
8.00 The Repair Shop (24/25) Experts restore a photo of President Kennedy's children with their English nanny, a tiny drum kit clock, a melted wax statuette and a traditional Venezuelan stringed instrument. (R,S)
9.00 Murder Trial: Death Of A Dog Walker (1/2) Former gamekeeper David Campbell stands accused of the premeditated murder of Brian Low, a 65-year-old groundsman on the same estate where they both worked. (S)
10.00 Inside No 9 (4/6) Shane and Clifford come up with a plan to abduct the wife of a wealthy hedge fund manager, but everything depends on everyone playing their part right to the end. (R,S)
10.30 Newsnight Analysis of the day's events with Katie Razzall. (S) Then **Weather**
11.05 Evolution (5/5) Chris Packham reveals why the horse become so fast. (R,S)
12.05 FILM **Kindling** Coming-of-age drama starring George Somner. (2023) ✪✪✪✪✪ (S) **1.35-2.25am** Sign Zone: Amityville: An Origin Story (R,S,SL)

itv1

6am Good Morning Britain (S)
10.00 This Morning A mix of celebrity chat, lifestyle features, advice and competitions. Including Local Weather. (S)
1.30 ITV News (S)
1.55 Regional News (S)
2.00 Dickinson's Real Deal The team heads to Grimsby, where Simon Schneider falls in love with a beautiful necklace, Karen Dalmeny faces her worst nightmare and David Ford takes a trip down memory lane. (R,S)
3.00 Deal Or No Deal Stephen Mulhern hosts as contestant Jack tries to open the 22 red boxes in the right order, taking on the infamous Banker for the chance to win a life-changing prize. (R,S) Then **Local Weather**
4.00 Tipping Point Ben Shephard hosts the arcade-themed quiz in which contestants drop tokens down a choice of four chutes in the hope of winning a £10,000 jackpot. (R,S)
5.00 The Chase Quiz show hosted by Bradley Walsh. (R,S)
6.00 Regional News (S)
6.30 ITV News (S)

7pm Bryan Mbeumo and Manchester United play a Pre Season Friendly

7.00 Pre Season Friendly LIVE Manchester United v Leeds United. Kick-off at **7.30**. Hugh Woozencroft presents coverage of the friendly at Croke Park in Dublin. Normally used for Gaelic sports, this is the first time this 80,000 capacity venue has hosted a club association football match, and while a friendly in name, it is likely to be a highly competitive contest given the historic rivalry between the teams. With analysis from John O'Shea and Michael Brown, commentary by Sam Matterface and Lucy Ward, and reports from Gabriel Clarke. (S)
10.00 ITV News At Ten (S)
10.35 Regional News (S)
10.45 Long Lost Family: Born Without Trace When a box containing a newborn baby was found on Halloween night in 1996, the two women who saw a hand peeking out first suspected it was a trick. Instead, it was Michael - tiny and premature. Now an adult, he wants to know who it was that left him there. Similar questions have haunted 77-year-old Christine, who was found in a train carriage. (R,S)
11.45 The Assembly Celebrities are interviewed by neurodivergent individuals. (S)
12.10 Shop On TV 3.00 Love & Death (R,S,SL) **3.55** Inside The Langham: Britain's First Grand Hotel (R,S,SL) **4.20** Unwind With ITV (S) **5.35-6am** Tom Kerridge Cooks Italy (R,S,SL)

4

6.30 am The King Of Queens (R,S)
7.45 Everybody Loves Raymond Triple bill of the sitcom. (R,S)
9.10 Frasier Four episodes. (R,S)
11.10 Ramsay's Kitchen Nightmares USA The chef tries to transform six-month-old gastropub Bask 46 in New Jersey. (R,S)
12.05 C4 News (S)
12.10 Find It, Fix It, Flog It Henry Cole and Simon O'Brien find items in Gloucestershire. (R,S)
1.10 The Great House Giveaway A tailor's assistant and builder join forces to renovate a West Yorkshire house. (R,S)
2.10 Countdown With Pauline McLynn in Dictionary Corner. (S)
3.00 A Place In The Sun Dipti from Leicester finds her holiday home on Spain's Costa Almería. (R,S)
4.00 Saving Country Houses With Penelope Keith Visitors go on a night-time ghost hunt in Britain's most haunted castle. (R,S)
5.00 Château DIY Sarah and George live out their French dreams with homegrown artichokes. (R,S)
6.00 American Pickers Frank Fritz spots a Harley-Davidson 'knucklehead'. (R,S)

9pm Documentary series Spy Next Door tells the Anna Chapman Story

7.00 C4 News (S)
8.00 Extraordinary Extensions A couple start to renovate a Canterbury B&B by adding an extension – only to find a wartime bomb shelter in the garden. Plus, a bungalow transformed into a 1960s time capsule. (S)
9.00 Spy Next Door: The Anna Chapman Story NEW (1/2) Two-part documentary telling the extraordinary story of Anna Chapman, the British businesswoman and model who was unmasked by the FBI in 2010 as part of a Russian spy ring. (S)
10.00 24 Hours In A&E (3/10) This instalment focuses on the back stories of patients who have proved an inspiration to their families, detailing how they have jointly faced major challenges. Forty-four-year-old Anita is rushed into Queen's after suffering a cardiac arrest. (R,S)
11.05 999: On The Front Line The paramedics plan to take a woman who is in the advanced stages of labour to hospital, but when her waters suddenly break, they have to think again. (R,S)
12.10 Celebrity Hunted Reality series. (R,S,SL) **2.00** Ramsay's Hotel Hell (R,S,SL) **2.50** Dover 24/7: Britain's Busiest Port (R,S,SL) **3.45** Fur Babies (R,S,SL) **4.40** Kirstie's House Of Craft (R,S) **4.55** Couples Come Dine With Me (R,S) **5.50-6.30am** Countdown. Words game. (R,S)

5

6am Milkshake!
9.15 Jeremy Vine (S)
11.30 Storm & Alexis Discussion and debate, presented by Storm Huntley and Alexis Conran. (S)
12.45 5 News (S)
12.50 Matt Allwright Debate on the day's biggest stories, and consumer advice to help viewers save money. (S)
2.20 Deadly Secrets When Jade FILM finds out about her mother's financial problems, she commits a series of high-profile burglaries to pay off her mother's debts. Thriller with Lizzie Boys. (2023) ✪✪ (S)
4.00 Castle Detective Ryan ends up in the middle of an assassination plot when he is on the security detail of a charismatic congressman. (R,S)
4.55 Love Nature An edible forest garden in Holywood. (R,S)
5.00 5 News With Dan Walker (S)
6.00 Sicily: Jewel Of The Med Cameras focus on the largest island in the Mediterranean, home to Mount Etna and stunning coastlines. (R,S) Followed by **5 News Update**

8pm ACP Gemma features in Casualty 24/7: Every Second Counts

7.00 Car Pound Cops (7/8) Documentary tracking cars as they are seized for a variety of offences. (R,S) Followed by **5 News Update**
8.00 Casualty 24/7: Every Second Counts NEW A 82-year-old is brought to Barnsley Casualty after suffering a fall in her kitchen, and a 78-year-old caretaker has chest pains and dangerously low oxygen levels. (S)
9.00 999: Critical Condition (5/6) A woman fights for her life after an unexplained collapse, and an 82-year-old's life is at risk of pneumonia after sustaining multiple chest injuries. (S)
10.00 Ambulance: Code Red Medical professionals treat a man who has collapsed at the wheel of his car, a 72-year-old with an open fracture and a 22-year-old suffering from a prolonged epileptic seizure. (R,S)
11.05 Cause Of Death (9/10) A homeless man is found dead in his temporary accommodation and paramedics are called to the flat of a woman who had chest pain. (R,S)
12.05 A&E After Dark (R,S) **1.00** Teleshopping (R,S) **2.00** GPs: Behind Closed Doors (R,S) **2.50** Castle (R,S) **3.40** Friends (R,S) **4.35** Cruising With Susan Calman (R,S,SL) **5.25** Entertainment News On 5 (S) **5.35** Paw Patrol (R,S,SL) **5.45-6am** The Adventures Of Paddington (R,S,SL)

REGIONAL VARIATIONS S4C: **6am** Cyw **11.00** Camau Bach **11.00** Abadas **11.15** Cywion Bach **11.20** Caru Canu A Stori **11.30** Octonots **11.45** Jen A Jim A'r Cywiadur **12.00** Newyddion S4C A'r Tywydd **12.05** Cartrefi Cymru **12.30** Heno **1.00** Gwlad Y Basg: Gwilym Bowen Rhys **1.30** Garddio A Mwy **2.00** Newyddion S4C A'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C A'r Tywydd **3.05** Sioe Môn 2026 **4.00** Awr Fawr: Howie **4.05** Dreigiau Cadi **4.20** Pentre Papur Pop **4.30** Ein Byd Bach Ni **4.40** Waw! **5.00** Stwnsh: Li Ban **5.15** Gwrach Y Rhibyn **5.35** Mabinogi-ogi **6.00** Dan Do **6.30** Adeiladu'r Freuddwyd: Camp Out West **7.00** Heno **7.30** Newyddion S4C A'r Tywydd **8.00** Pobol Y Cwm **8.25** Cartrefi Cymru **8.55** Newyddion S4C A'r Tywydd **9.00** Sioe Môn 2026 **10.00** Y Deis **10.30-11.35pm** Ty Ffit BBC ONE WALES: **11.10pm** Undercover: Cancer Cure Or Con? **11.30** FILM Red Eye (2005) **12.45-1.15am** BBC News

FILMS ✪✪✪✪✪ Brilliant ✪✪✪✪ Very Good ✪✪✪ Good ✪✪ Not Bad ✪ Poor (R) Repeat (S) Subtitles (SL) Sign Language

REVEALED . . . comedians

By ROD McPHEE
TV Editor
With FELICITY CROSS Deputy TV Editor and JANINE YAQOOB TV Reporter

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The Sun TV biz

Celeb Hunted to be shunted

MAY FACE AXE AS VIEWING FIGURES DROP

CELEBRITY Hunted is barely halfway through the latest run but it might be off our screens altogether soon.

Despite stars including **AMY DOWDEN** and **BRIAN CONLEY**, things are looking rocky.

The series launched on Monday, August 3, and by this week, viewer numbers had dropped to a disappointing 734,000, though 28-day catch-up figures have yet to come in.

A TV insider said: "Celebrity Hunted creates a lot of buzz but doesn't necessarily bring in big ratings – and it isn't cheap to make.

"No official decision has been taken on the show's future and it's one of a cluster of shows whose future hangs in the balance.

"Channel 4 has a new boss coming in later this year who will make the final call on what programmes could be saved."

FINAL OUTING? . . . the latest line-up including Brian Conley, *far right*

Celebrity Hunted launched in 2017 and was initially part of C4's Stand Up To Cancer campaign to raise funds and awareness of the disease.

But it has since become a stand-alone programme running alongside the "civilian" version which began in 2015.

There have been seven series of Celebrity Hunted, with one airing almost every year. An obvious exception being in 2021 due to the Covid pandemic.

The ratings for this year's series are significantly down on last year's.

The debut episode in 2025 was watched by a peak of almost 1.4million. That was nearly 45 per cent higher than this year's debut episode peak of 969,000 viewers.

There have been some brilliant signings over the seasons, including Strictly's **GIOVANNI PERNICE**, **ED BALLS** and **AMANDA HOLDEN**. This year the line-up includes **JJ CHALMERS**, **CARLOS GU** and **TOBY AROMOLARAN**.

PRIME'S FUNNY BONES

PRIME Video has unveiled the line-up for the upcoming Halloween special of Last One Laughing.

It includes JACK DEE, DAISY MAY COOPER, PHIL WANG, LOU SANDERS, REECE SHEARSMITH, HARRIET DYER and TOM ALLEN. And, of course, JIMMY CARR and ROISIN CONATY will return for hosting duties.

As usual, the famous faces must not laugh, while their fellow comedians use every ounce of their talents to break their resolve and cause them to giggle – or, in a Halloween twist, scream.

This series will feature cursed props, ghostly interruptions and spine-tingling surprises, all designed to catch even the bravest comic off guard.

It will launch on October 23 with the first three episodes. The final episode will be available on October 30.

CRIME thriller After The Flood, starring **SOPHIE RUNDLE** as DC Joanna Marshall, won't be back for a third outing. An ITV spokeswoman said: "Commissioning decisions involve many factors and while there are no plans for a third series, we're very grateful to everyone who supported the drama."

MICHAEL EXPOSES SCANDAL

MICHAEL SHEEN hopes his damning documentary about chemical contamination in Wales will force change and bring justice to victims.

Buried is a gripping two-parter in which he carries on the work of late whistleblower Douglas Gowan, shining a light on the dumping of toxic waste in his homeland and the cancer concerns linked to it.

FEAR . . . Sheen

"The whole point of us making this is to push for something to happen," said the Good Omens star. "It is unravelling and unfolding in real time."

Describing a moment where he thought he had come into contact with some dangerous chemicals, he said: "There's moments like that where it is really daunting. It is scary."

Watch on BBC Two and iPlayer, from Monday, August 17 at 9pm.

More listings: Pages 30 & 31

STRIFE OF THE PARTY

SCHMOOZING . . . Ben (Cullen) with wife Serena (Leonard)

PALS . . . Ben and Martin in tense scene

CALL THE COPSE . . . bloodied Martin runs through forest

SHIRT, SHARP SHOCK . . . Martin (Evans) quizzed by police

JUDGING by these first-look snaps of gripping new ITV drama The Party, **LUKE EVANS** put blood, sweat and tears into the project.

Covered in claret as he races through the woods, his character Martin Gilmour is then seen in a police station's interrogation room where he is quizzed about the events of one fateful night.

Sounds like one hell of a party.

Based on **ELIZABETH DAY**'s novel, the five-parter sees Nine Perfect Strangers star Luke play journalist Martin, who has been shaped by his lifelong friendship with wealthy politician Ben Fitzmaurice (House of the Dragon's **TOM CULLEN**).

Flashbacks reveal their lives at school, university and partying in London.

Shocking events unfold during a lavish birthday bash at Ben's country pile, which threaten both their futures.

Riot Women's **JOANNA SCANLAN** plays Martin's working-class mum Sylvia while **LYDIA LEONARD** is Ben's wife Serena. The Party will air this autumn on ITV1 and ITVX.

SIX OF THE NEST FOR DUO

WINGMEN . . . Sam and Ade

ADRIAN EDMONDSON and SAMUEL WEST's bird-watching show will take flight for a second series after viewers flocked to the first.

Travelling to Yorkshire, West Wales and the remote isles of Scotland, they will see swifts, swallows, curlews, red kites and ospreys in six new episodes of Sam & Ade Go Birding on Channel 5.

The duo will also share candid, funny and moving stories of ageing, family and mortality.

All Creatures Great And Small actor Sam said: "My dastardly plan to get Adrian addicted to birding seems to be paying off. "

Young Ones icon Ade added: "More birds, more stunning views, more chats, more trips to the pub – it's a hard life, but someone's got to do it."

BILLIE PIPER will reunite with **CHRISTOPHER ECCLESTON** for a new Doctor Who adventure. Audio drama The Ninth Doctor Adventures: False Friends, out in October, sees the pair reprise their roles as Rose Tyler and the Time Lord as they travel to a fake Earth after receiving a distress call.

ENDERS REUNION FOR PAIR

AN unexpected family reunion is on the cards for one EastEnders clan as two newcomers join the cast.

CHRISTOPHER COLQUHOUN arrives on Albert Square as Darnell Larson Jr, the half-brother of Denise Fox.

JOY . . . Chris

He gets the shock news that Denise (DIANE PARISH) is battling cancer.

NEW . . . Kryss

Casualty and Absentia star Christopher said: "I am thrilled to be finally moving to Walford, and the welcome I have received has been phenomenal. Hearing I'd got the role was an absolute doof doof moment for me."

Fans will also meet Darnell's daughter, Grace, played by KRYSSTINA FREMPONG.

Wednesday

Sun TV 4-PAGE SECTION

FREEVIEW

BBC THREE freeview 23

7pm The Catch Up **7.05** Deadly 60 **8.00** Top Gear **10.00** Guy Montgomery's Guy Mont-Spelling Bee. Double bill. A fresh panel of comedians attempt to Spell the Difference. Then, Guy challenges the contestants to wear and spell their hats. **11.35pm-2am** This Country

BBC FOUR freeview 9

7pm Villages By The Sea **7.30** Wainwright Walks **8.00** The Treasures Of Ancient Rome **9.00** Mary Beard's Ultimate Rome: Empire Without Limit. The scholar explores the Roman Empire. **10.00** I, Claudius **11.45** The Treasures Of Ancient Rome **12.45** Inside The Bat Cave **1.45-2.15am** Wainwright Walks

ITV2 freeview 6

6am Backyard Builds **6.30** Dress To Impress **7.30** The Real Housewives Of Potomac **8.20** The Real Housewives Of Orange County **9.15** The Only Way Is Essex **10.15** Dawson's Creek **11.10** Charmed **12.10** Deal Or No Deal **1.10** Supermarket Sweep **2.10** The Floor **3.10** The Only Way Is Essex **4.10** The Real Housewives Of Potomac **5.00** The Real Housewives Of Beverly Hills **6.00** Celebrity Catchphrase **7.00** The Floor **8.00** The 1% Club **9.00** Family Guy **11.35** American Dad! **12.35** Bob's Burgers **1.30-2am** G'wed

ITV3 freeview 10

6am George And Mildred **7.05** Classic Emmerdale **8.10** Classic Coronation Street **9.10** Poirot **11.30** Heartbeat **1.35** Midsomer Murders **3.35** Classic Emmerdale **4.40** Classic Coronation Street **5.50** Heartbeat **8.00** Midsomer Murders **10.00** Grantchester **11.50** Trial & Retribution **1.25-2.20am** Poirot

ITV4 freeview 26

6am Magnum, PI **8.00** Robin Of Sherwood **9.10** Boon **10.15** The Professionals **11.20** Robin Of Sherwood **12.30** Magnum, PI **2.35** The Casebook Of Sherlock Holmes **3.45** Boon **4.50** The Professionals **5.50** Minder **6.55** Aussie Pickers **8.00** King Of The Roads **9.00 FILM** RoboCop 2. Sci-fi thriller sequel starring Peter Weller. (1990) **11.15** All Elite Wrestling: Collision **1.15-2.15am** The Professionals

E4 freeview 13

6am Hollyoaks **6.55** Rude(ish) Tube Shorts **7.00** Couples Come Dine With Me **8.00** Ramsay's Kitchen Nightmares USA **10.00** America's Funniest Home Videos **11.00** Below Deck: Mediterranean **12.00** The Simpsons **2.00** Brooklyn Nine-Nine **3.00** Modern Family **5.00** The Simpsons **6.30** Hollyoaks **7.30** The Simpsons **8.00** Vanderpump Rules **9.00** Gogglebox **11.00** Naked Attraction **12.00** First Dates **1.05-2.10am** Gogglebox

MORE4 freeview 18

8.55am Find It, Fix It, Flog It **10.00** Four In A Bed **12.40** Come Dine With Me **3.20** Four In A Bed **5.50** Car S.O.S **7.55** Grand Designs **9.00** The Roman Empire By Train With Alice Roberts **10.00** 24 Hours In Police Custody **11.05** 24 Hours In A&E **12.10** Emergency Helicopter Medics **1.15-2.15am** 24 Hours In Police Custody

SKY MIX freeview 11

7am Border Security: Canada's Front Line **8.00** Border Patrol **9.00** Nothing To Declare **11.00** Border Security: America's Front Line **12.00** Caught On Dashcam **1.00** Police 24/7 **2.00** Nothing To Declare **4.00** Star Trek: DS9 **5.00** Stargate SG-1 **6.00** Stargate Universe **7.00** Star Trek: The Next Generation **8.00** Police 24/7 **9.00** FBI: Most Wanted **10.00** The Rookie **11.00** Grimm. Fantasy drama. **12.00** Fantasy Island **1.00-2am** Police 24/7

FEM AND US . . . Elise and Barbara fight the patriarchy in new comedy

HE HAD IT COMING
BBC iPlayer

GENTLEMEN, don't let the not-so-subtle man-bashing in this feminist murder mystery put you off.

Yes, women are shouting FTP (f*** the patriarchy) and KAM (kill all men), but it's all for comedic value . . . I think.

He Had It Coming follows awkward British student Elise – played perfectly by Lydia West, star of Channel 4's Years And Years and It's A Sin – as she begins life at a college in Australia.

She doesn't get off to the best start when she flunks one art assignment for drawing clothes on all the naked women. Urged to "go harder" and be more radical by one lecturer, she ponders what her next move might be as she tries to secure a scholarship for her bagpipe-playing skills.

"It's a man's instrument but I have the shoulders for it," Elise proudly boasts.

Things start to look up for lonely Elise when she makes friends with cool girl Barbara (Natasha Liu Bordizzo).

A social media queen with 650,000 followers, she's fawned over by "reply guys" – blokes who send messages on her posts and shower her with gifts.

Barbara's own boyfriend, however, tries to shame her by sending round a video of her dancing provocatively on a night out.

The girls get fired up on a drunken night out and decide to stick it to the man – which in this case is a college statue.

Smashing it up and scrawling "Kill all men" across it, they're proud of their spontaneous feminist art protest. But it all

Sun TV review

BBC Three 10pm A fresh panel take on Guy Montgomery's Guy Mont-Spelling Bee

U&DAVE freeview 19

7.25am Top Gear **8.20** Border Force: America's Gatekeepers **10.20** Rick Stein's Cornwall **11.20** Yukon Gold **12.15** Top Gear **2.20** Mortimer & Whitehouse: Gone Fishing **3.00** Guy Martin: Proper Jobs **4.00** Hairy Bikers' Best Of British **5.00** Rick Stein's Cornwall **7.00** Mortimer & Whitehouse: Gone Fishing **7.40** Would I Lie To You? **9.00** QI XL **10.00** Have I Got A Bit More News For You **11.00** Taskmaster **12.00** Mock The Week **12.40-2am** Would I Lie To You?

U&DRAMA freeview 20

7.15am The Bill **8.10** Doctors **9.20** Classic Holby City **10.40** Casualty **11.40** The Bill **12.40** Classic EastEnders **2.00** Classic Neighbours **3.00** Whitstable Pearl **4.10** Lovejoy **5.20** As Time Goes By **6.00** Last Of The Summer Wine **8.00** The Chelsea Detective **10.00** New Tricks **11.20** Luther **12.40** Lovejoy **1.50-2.50am** Sister Boniface Mysteries

REALLY freeview 44

6am Celebrity Fantasy Homes **7.00** Teleshopping **8.00** Escape To The Country **9.00** Salvage Hunters **12.00** Celebrity Yorkshire Auction House **1.00** The Yorkshire Auction House **2.00** The Repair Shop **3.00** Salvage Hunters **5.00** Who Do You Think You Are? **6.00** The Repair Shop **7.00** The Yorkshire Auction House **8.00** Antiques Road Trip **9.00** Long Lost Family **10.00** Who Do You Think You Are? **11pm-2am** Help! My House Is Haunted

U&YESTERDAY freeview 27

6.10am Abandoned Engineering **8.00** Bangers & Cash: Restoring Classics **10.00** Secret Nazi Bases **11.00** Hitler's Countdown To War **12.00** Antiques Roadshow **2.00** Bangers & Cash **4.00** Secret Nazi Bases **5.00** Hitler's Countdown To War **6.00** Antiques Roadshow **7.00** A Perfect Planet **8.00** Michael Palin: Travels Of A Lifetime. Michael Palin looks back on the making of Pole to Pole. **9.00** Simon Reeve's South America. The adventurer travels to the vast white salt flats of Bolivia. **10.00** Bangers & Cash. Double bill. **12.00** Bangers & Cash: Restoring Classics **1.00-2am** Find It, Fix It, Flog It

U&W freeview 25

6.15am Property Brothers: Forever Homes **7.00** Tipping Point **10.00** DIY SOS: The Big Build **1.00** Tipping Point **4.00** Property Brothers: Forever Homes **5.00** DIY SOS: The Big Build **7.00** MasterChef Australia **8.25** Nigella: At My Table. Nigella Lawson makes dishes to share around the table. **9.00** Signora Volpe. The police arrest Antonella's friend for the murder of a community leader. **11.00** First Responders **1.00** Inside The Ambulance **1.35-3am** Sort Your Life Out With Stacey Solomon

QUEST freeview 17

6am Salvage Hunters: The Restorers **7.00** Salvage Hunters Celebrity Special **8.00** Salvage Hunters **9.00** Aussie Gold Hunters **11.00** Outback Opal Hunters **1.00** The Repair Shop **2.00** Shed And Buried **3.00** Shed And Buried: Classic Cars **4.00** Find It, Fix It, Drive It **5.00** The Yorkshire Auction House **7.00** Antiques Road Trip **8.00** The Yorkshire Auction House **10.00** The Repair Shop **11.00** How Do They Do It? **1.00-2am** Salvage Hunters

THAT'S TV freeview 56

8am That's 60s: Best Music Live! **8.15** Rising Damp **8.45** Duty Free **9.15** Never The Twain **9.45** On The Buses **10.15** Bread **10.55** Steptoe And Son **11.30** Oh, Doctor Beeching! **12.05** Rising Damp **12.35** Man About The House **1.05** Goodnight Sweetheart **1.40** When The Boat Comes In **2.45** Minder **3.50** Just Good Friends **4.25** Man About The House **4.55** Bread **5.30** Birds Of A Feather **6.00** That's 60s: Best Music Live! **6.15** Rising Damp **6.50** Steptoe And Son **7.20** Whatever Happened To The Likely Lads? **7.55** Minder **9.00** Benidorm **9.55** Shameless **11.00** Man About The House **11.25** Mind Your Language **12.00** Benidorm **12.55-2am** Minder **6.20** Keeping Up Appearances **7.00** Only Fools And Horses. Del gets a nasty surprise. **7.40** Dad's Army. The men use up all their ammunition shooting at a passing aircraft. **8.20** Are You Being Served? Mr Humphries takes over the perfume display. **9.00** Porridge. The inmates face a day of hard labour. **9.40** The Office. Brent becomes a motivational speaker. **10.20** Not Going Out. A noisy neighbour moves in. **11.00** Mrs Brown's Boys **11.40** Porridge. The inmates face a day of hard labour. **12.20** The Office **1.00** Not Going Out **1.35-2.25am** Mrs Brown's Boys

SPORT

Sky Sports Main Event 6pm Welsh Fire Men v London Spirit Men in The Hundred

SKY SPORTS MAIN EVENT

6am Sky Sports News **7.00** Sky Sports Breakfast **9.00** Good Morning Transfers **10.00** Sky Sports FC **11.30** LIVE The Hundred. Welsh Fire Women v London Spirit Women. Start-time at 11.30. Coverage of the match at Sophia Gardens in Cardiff. **2.30** LIVE The Hundred. Welsh Fire Men v London Spirit Men. Start-time at 3.00. Coverage of the match at Sophia Gardens in Cardiff. **6.00** LIVE The Hundred. Birmingham Phoenix Men v MI London Men. Start-time at 6.30. **9.30** Sports Centre **10.00** Sky Sports News At Ten **10.30** Paper Talk **11pm-4am** LIVE Tennis

SKY SPORTS PREMIER LEAGUE

6am PL Greatest Games **7.00** PL Review **8.00** PL 100 Club **9.00** Good Morning Transfers **10.00** Sky Sports FC **12.00** Transfer Talk **1.00** PL Highlights **2.00** SNF **2.30** PL Highlights **4.00** FNF **4.30** SNF **5.00** PL Review **6.00** Cult Heroes. A profile of former defender, Des Walker. **6.30** Premier League Stories **7.00** The Transfer Show **8.00** Premier League Stories **8.30** James Milner: Record Breaker **9.00** Transfer 360 **10.00** PL Review **11.00** PL Years **1.00-2.45am** PL Retro

SKY SPORTS FOOTBALL

6am EFL Cup Retro **8.45** EFL Greatest Games **9.00** SPFL Greatest Games **9.30** EFL Greatest Games **10.00** EFL Preview Show **11.00** SPFL Greatest Games **11.30** EFL Greatest Games **12.00** Championship Season Review **3.00** EFL Highlights **5.00** EFL Preview Show **6.00** EFL Highlights **11.00** EFL **12.00-2am** Retro League One

SKY SPORTS ACTION

6am Betfred Super League **11.30** Betfred Super League Highlights **12.00** NFL Highlights **1.00** Good Morning Football **3.00** NFL Highlights **4.00** Betfred Super League Highlights **5.00** NFL Highlights **6.00** NBC's Pro-Football Talk **8.00** LIVE Zuffa Boxing. Aaron McKenna v Etinosa Oliha. **9.00** MVP Boxing **10.00** Rugby Greatest Games **10.05** British And Irish Lions Tour **10.10** Rugby Greatest Games **10.15** NFL Highlights **10.30** NFL Bitesize Highlights **11.00** NFL Highlights **12.00** The Insiders **1.00** LIVE WNBA. Dallas Wings v Toronto Tempo. Tip-off at 1.00. **3.00-5.30am** LIVE WNBA. Golden State Valkyries v Chicago Sky. Tip-off at 3.00.

SKY SPORTS +

6am Sky Sports News **7.00** Sky Sports Breakfast **8.00** Betfred Super League **10.45** My Icon: Darren Campbell **11.00** Sky Sports FC **12.00** Transfer Talk **1.00** Lunchtime **2.00** Sports Desk **2.30** My Icon: Solomon Wilcots **2.45** My Icon: Linford Christie **2.55** LIVE The Hundred. Birmingham Phoenix Women v MI London Women. Start-time at 3.00. **6.00** Sky Sports News **7.00** The Transfer Show **8.00** Sports Centre **9.00** LIVE Tennis. The Canadian Open. **11pm-4am** LIVE Tennis

SKY SPORTS CRICKET

6am The Hundred **9.15** The Hundred Bitesize **9.45** The Hundred Bitesize **10.15** The Hundred Bitesize **11.00** The Hundred Bitesize **11.15** LIVE The Hundred. Welsh Fire Women v London Spirit Women. Start-time at 11.30. **2.30** LIVE The Hundred. Welsh Fire Men v London Spirit Men. Start-time at 3.00. **6.00** LIVE The Hundred. Birmingham Phoenix Men v MI London Men. Start-time at 6.30. **9.30** The Hundred Bitesize **10.00** The Hundred Bitesize **10.30pm-2am** The Hundred

SKY SPORTS GOLF

6am Ladies European Tour Golf **10.00** LPGA Tour Golf **11.00** Ladies European Tour Golf **12.00** Women's Golf **1.00** Ladies European Tour Golf **5.00** Women's Golf **6.00** PGA Tour Champions **7.00** PGA Tour: The Cut **7.30** HotelPlanner Tour Golf Highlights **8.00** Legends Tour Golf **9.00** Solheim Cup Golf **10.00** PGA Tour Golf **11.00** Ladies European Tour Golf **12.00** PGA Tour: The Cut **12.30** HotelPlanner Tour Golf Highlights **1.00-4am** How The 2002 Ryder Cup Was Won

ENTERTAINMENT

Sky One 8pm Micah Richards and Tom Davis in A League Of Their Own: The Rally

SKY ONE

6am Mornings **7.00** Mornings With Ridge And Frost **8.00** Stargate SG-1 **10.00** Will & Grace **11.00** The Simpsons **12.00** Ningaloo: Australia's Ocean Wonder **1.00** Hawaii Five-0 **3.00** S.W.A.T **5.00** The Simpsons **6.00** Animal Control **7.00** The Simpsons **8.00** A League Of Their Own: The Rally **9.00 FILM** Lethal Weapon. An unstable Vietnam veteran cop teams up with a by-the-book detective to smash a drug ring linked to a woman's apparent suicide. Action thriller with Mel Gibson and Danny Glover. (1987) **11.00** Animal Control **12.00** Grimm. Eve sets out to confront the force she saw in the mirror. **1.00-2am** The Force: Manchester

SKY ATLANTIC

6am Fish Town **8.00** Billions **10.15** House Of The Dragon **12.35** Homicide: Life On The Street **2.30** Billions **4.40** The Last Of Us **6.35** House Of The Dragon **9.00** House Of The Dragon. Rhaenyra's forces converge around Tumbleton. Last in the series. **10.25** Station Eleven. Elizabeth, Tyler an Clark confront an even more uncertain future. **11.25** Station Eleven **12.25-2.45am** House Of The Dragon

SKY WITNESS

6am Bondi Rescue **7.00** Border Patrol **8.00** Send In The Dogs **9.00** Brit Cops: Law & Disorder **10.00** Stop, Search, Seize **11.00** Police 24/7 **12.00** FBI & FBI: Most Wanted **2.00** The Rookie **3.00** Law & Order: Criminal Intent **4.00** Nothing To Declare **8.00** Caught On Dashcam. Road disasters captured on video by drivers' dashboard cameras. **9.00** Fire Country. Sharon is blindsided by a visit from her estranged mother. **10.00** FBI: International. Vo's friend calls in a favour to help find her missing nephew. **11.00** The Rookie **12.00-2am** FBI

U&GOLD

7.05am Don't Wait Up **7.45** Dad **8.20** Only Fools And Horses **9.00** The Green Green Grass **9.40** Are You Being Served? **10.20** Last Of The Summer Wine **11.35** Dad **12.15** Only Fools And Horses **1.00** Keeping Up Appearances **1.35** Dad's Army **2.20** The Green Green Grass **3.00** Are You Being Served? **3.40** Dad **4.20** Dad's Army **5.00** Last Of The Summer Wine

COMEDY CENTRAL

8am Impractical Jokers **9.00** Everybody Loves Raymond **11.00** The Upper Hand **1.00** Friends **9.00** Michael McIntyre's Big Show. TV host AJ Odudu plays Send to All, and there is music from Zara Larsson. **10.00** 8 Out Of 10 Cats. Double bill. With guests including Johnny Vegas and Joe Lycett. Then, With Olly Murs, Kimberly Wyatt, Matthew Crosby and Russell Peters. **11.40** Whose Line Is It Anyway? USA. Double bill. **12.40-2.10am** South Park

U&ALIBI

7.10am Murdoch Mysteries **9.00** Shakespeare & Hathaway: Private Investigators **10.00** The Mentalist **11.00** Hudson & Rex **12.00** Body Of Proof **1.00** Death In Paradise **2.00** Murdoch Mysteries **4.00** The Mentalist **5.00** Hudson & Rex **6.00** Body Of Proof. Megan investigates a fatal car crash. **7.00** Private Eyes. Shade and Angie are taken on a wild ride. **8.00** Bookish. There's excitement in the air when a film crew arrives at Archangel Lane. **9.10** Death In Paradise. The team investigates the murder of a calypso singer's husband. **10.10** Father Brown. Murder threatens to derail the live broadcast of a radio drama. **11.10** Private Eyes **12.10** Shakespeare & Hathaway: Private Investigators **1.10-2.10am** Death In Paradise

SKY COMEDY

8am Will & Grace **9.00** Sort Of **10.00** Upright **11.15** Will & Grace **12.15** The Comeback **1.45** Upright **2.55** Will & Grace **4.00** The Office Movers **5.00** Community **6.00** Will & Grace **7.00** The US Office **8.00** The Office Movers **9.00** Last Week Tonight With John Oliver. A satirical look at developments from the past seven days. **9.45** Tom Davis: Underdog. Comedian Tom Davis performs stand-up in front of a live audience. **11.00** The Reluctant Landlord **12.00** The Office Movers **1.00** The Comeback **1.40-2.10am** Community

DISCOVERY

6am How It's Made **7.00** The Pool Master **9.00** Gold Rush **11.00** Building Off The Grid **1.00** Dr Jeff: Rocky Mountain Vet **3.00** How It's Made **5.00** Alaska: Homestead Rescue **7.00** Supercar Showroom **9.00** Wheeler Dealers. Mike nabs a bargain, but Elvis finds the engine needs a full rebuild. **10.00** Mighty Truckers. The challenges of being a truck driver. **11.00** The Alaska Triangle. Documentary series. **12.00** Deadliest Catch **1.00-2am** Wheeler Dealers

RADIO

Virgin Radio 6.30am Bella Ramsey joins Chris Evans for a morning chat

VIRGIN RADIO DAB virginradio.co.uk

6.30am Chris Evans **10.00** Emma B **2.00** Ben Jones **6.00** Geoff Lloyd **10.00** Goldierocks **2.00-6.30am** Steve Denyer

TALKRADIO DAB talkradio.co.uk

6am Ian Collins **10.00** Julia Hartley Brewer **1.00** David Bull **4.00** Kevin O'Sullivan **7.00** Peter Cardwell **10.00** Petrie Hosken **1.00** Paul Ross **5.00-6am** Through The Papers

TALKSPORT 1053, 1089MW talksport.com

6am Alan Brazil **10.00** Shebahn Aherne **1.00** Max Rushden & Charlie Baker **4.00** Drive **7.00** Kick Off **10.00** The Sports Bar **1.00** Extra Time **5.00-6am** Early Sports Breakfast

Sun tv 4-PAGE SECTION TV GUIDE

gets very serious when the mutilated body of the college's star footballer is found sprawled on the statue the next morning.

Fingers point at Prue, the angry leader of the college's feminist collective.

Elise and Barbara know she's innocent as they dragged her drunkenly to bed that night.

They decide to keep schtum so as not to implicate themselves, but someone leaves a sinister note making it known their secret is not safe.

Its blunt, in-your-face, feminist commentary won't be everyone's cup of tea, but this fresh comedy feels like a nice change from the norm.

JANINE YAQOOB

SUSPECT . . . David Campbell

Sun tv picks

MURDER TRIAL: DEATH OF A DOG WALKER, BBC Two, 9pm: Most people experience workplace niggles from time to time. But did a long-held grievance go so far that retired gamekeeper David Campbell shot and killed his former colleague, groundsman Brian Low, after decades of working together?

That's for the jury to decide in this compelling two-parter following the trial of the 2024 murder in Aberfeldy, Perthshire.

There are no witnesses, no forensics and no murder weapon. However, circumstantial evidence does show Campbell covered his doorbell camera with duct tape ahead of Brian's death, and possessed an e-bike seen in the area around the time.

SPY NEXT DOOR: THE ANNA CHAPMAN STORY, C4, 9pm: Anna Chapman is a striking redhead who made a big impression.

"I never really knew what was going on in her mind. The only thing that struck me was when she told me her father was in the KGB," recalls her British ex-boyfriend.

By 2010, she was in New York, trailed by the FBI, and when she was deported back to Russia, Anna became a star, but remained enigmatic about spying. "I will never deny and I will never confirm the fact," she said.

It's a story to rival any movie plot. Concludes tomorrow.

PRE-SEASON FOOTBALL: MANCHESTER UNITED V LEEDS UNITED, ITV1, 7pm: With the new Premier League season kicking off in less than two weeks, both sets of fans will be hoping to get a glimpse of big-money new players.

Can £50million Andrey Santos prove his worth as Casemiro's replacement in the Red Devils' midfield? And will Leeds' record signing, £40million keeper James Trafford, play at Old Trafford?

EXTRAORDINARY EXTENSIONS, Channel 4, 8pm: Discovering a World War Two bomb shelter in your garden can certainly scupper renovation plans, as one couple finds out.

The pair are turning their B&B in Canterbury, Kent, into a unique property combining their Korean and Norwegian heritage when they're forced to find a Plan B.

Elsewhere, in Nottingham, host Tinie Tempah meets a Miss Vintage UK finalist who wants to inject old-school Hollywood glamour into her bungalow.

CHLOE ANDREWS

TNT SPORTS 1

6am UEFA Champions League **6.30** UEFA Conference League **7.00** LIVE Snooker China Open. Coverage from round two at Riverside Sports Centre in Taiyuan. **10.30** UEFA Europa League **11.00** TNT Sports Cricket Reload **12.00** Original Documentary **12.15** Cycling **12.30** LIVE Snooker China Open. Coverage from round two at Riverside Sports Centre in Taiyuan. **4.00** Premier League Stories **4.30** MotoGP Rewind **4.45** TNT Sports Cricket Reload **5.00** CPL Highlights **5.30** TNT Sports Reload **6.00** UEFA Road to the Finals **7.00** LIVE UEFA Super Cup. Paris Saint-Germain v Aston Villa. Kick-off at 8.00. **10.30** Original Documentary **11.30** MLB Plays of the Week **12.00-3am** LIVE MLB. New York Yankees v Seattle Mariners. Start-time at 12.05.

TNT SPORTS 2

6.30am Fishing: On the Bank **7.30** The Gallagher PREM **9.30** MotoGP **1.00** CPL Highlights **1.30** Original Documentary **1.45** Cycling **2.00** Longines Global Champions Tour **3.00** Test Cricket Highlights **5.00** Kenny Allstar's Number 1's **5.30** Cycling **5.45** MLB Plays of the Week **6.15** MLB Highlights **7.15** LIVE MLB. St Louis Cardinals v Philadelphia Phillies. Start-time at 7.15. **10.00** Cycling **11.00** CPL Highlights **11.30pm-3.45am** LIVE CPL. Saint Lucia Kings v St Kitts & Nevis Patriots.

TNT SPORTS 3

6am Test Cricket Highlights **8.00** One Day International Cricket **10.00** Kenny Allstar's Number 1's **10.30** LIVE European Athletics Championships **1.30** MLB Highlights **2.30** Premier League Stories **3.00** What I Wore **3.30** Sign Up – Into Football **4.30** Premier League Legends **5.00** Serie A **6.00** Golden Trail World Series **6.30** LIVE European Athletics Championships **10.00** Snooker China Open **12.00-1am** World Series of Poker

PREMIER SPORTS 1

6am Coppa Italia **8.00** Swedish Speedway **10.00** FIM Quadcross Championship **10.30** NASCAR **11.30** FIM Sidecarcross Championship **1.00** German Cup **2.30** Swedish Speedway **4.30** Africa Eco Race **4.45** LIVE Football. Everton v Newcastle United. Kick-off at 5.15. **7.15** LaLiga Highlights **7.30** Brasileiro Serie A **9.30** Football's Greatest **10.00** KOTV Weekly **10.30** LaLiga **12.30** Sporting Greats **1.00-4am** 3Ice Hockey

TALKSPORT2 DAB talksport.com

8am William Hill Sports Book Club **12.00** EFL All Access **1.00** Fight Night Extra **2.00** Following On **3.00** The Social **5.00** Howzat For A Podcast! **6.00** Fight Night Extra **7.00** Following On **8.00** How To Win The Ashes With Darren Gough **9.00** EFL All Access **10.00** William Hill Sports Book Club **12.00-8am** My Sporting Life

TIMES RADIO DAB thetimes.co.uk/radio

6am Salma El-Wardany And Stig Abell **10.00** Hugo Rifkind **1.00** Stephen Sackur **2.00** Fi Glover And Roya Nikkhah **4.00** Calum Macdonald **7.00** Albie Amankona **10.00** Cindy Yu **1.00** The Best Of Times Radio **5.00-6am** Tom Nunan With Early Breakfast

RADIO 1 97.6-99.8FM bbc.co.uk/radio1

6.58am Newsbeat **7.00** Greg James **11.00** Rickie, Melvin And Charlie **12.45** Newsbeat **1.00** Matt And Jerry **3.30** Newsbeat **3.33** Going Home With Vick, Katie And Jamie **5.45** Newsbeat **6.00** Jack Saunders **8.00** Maia Beth **10.00** Sian Eleri **11.00** Benji B **1.00** Dance Presents **2.00** Anthems **4.00** Pop Anthems **5.00-6.58am** Early Breakfast

RADIO 2 88-91FM bbc.co.uk/radio2

6.30am The Sara Cox Breakfast Show **9.30** Vernon Kay **12.00** Jeremy Vine **2.00** DJ Spoony **4.00** Joel Dommett **7.00** Edith Bowman **7.30** Edith Bowman **9.00** Mark Radcliffe **10.00** Melvin Odoom **12.00** OJ Borg **3.00** Dermot O'Leary (R) **4.00-6.30am** Owain Wyn Evans

MOVIES

Sky Cinema Premiere 5.45pm Hugh Jackman stars in Song Sung Blue

SKY CINEMA PREMIERE

9am Looney Tunes: The Day The Earth Blew Up (PG, 2024) ★★★ **10.35 Eleanor The Great** (12, 2025) ★★★★ **12.25 Seven Snipers** (15, 2026) ★★★ **2.00 Heretic** (15, 2024) ★★★★ **4.00 Anaconda** (12, 2025) ★★★ **5.45 Song Sung Blue** (12, 2025) ★★★★ **8.00 Normal** (15, 2026) ★★★★ **9.35 Seven Snipers** (15, 2026) ★★★ **11.05pm-1.05am Heretic** (15, 2024) ★★★★

SKY CINEMA ANIMATION

9.45am Teen Titans Go! To The Movies (PG, 2018) ★★★★ **11.20 Antz** (PG, 1998) ★★★★★ **12.50 Hotel Transylvania 2** (U, 2015) ★★★ **2.30 Shaun The Sheep Movie** (U, 2015) ★★★★★ **4.00 Hotel Transylvania 3: A Monster Vacation** (U, 2018) ★★★ **5.40 Cloudy With A Chance Of Meatballs** (U, 2009) ★★★★ **7.15 Cloudy With A Chance Of Meatballs 2** (U, 2013) ★★★★ **8.55 Sing** (U, 2016) ★★★★ **10.45pm-12.25am Paws Of Fury: The Legend Of Hank** (PG, 2022) ★★★

SKY CINEMA ACTION

6.35am Sudden Death (18, 1995) ★★★ **8.30 Nobody 2** (15, 2025) ★★★★ **10.05 Highlander** (15, 1986) ★★★★ **12.05 300: Rise Of An Empire** (15, 2014) ★★★ **2.05 Transformers** (12, 2007) ★★★★ **4.35 Skyscraper** (12, 2018) ★★★ **6.25 Normal** (15, 2026) ★★★★ **8.00 The Long Kiss Goodnight** (15, 1996) ★★★★ **10.10pm-12.50am Transformers: Revenge Of The Fallen** (12, 2009) ★★

FILM4 freeview 14

11am Secret Headquarters (PG, 2022) ★★★ **1.05 Sign Of The Pagan** (U, 1954) ★★★ **2.55 The Comancheros** (PG, 1961) ★★★★ **5.05 They Rode West** (U, 1954) ★★★ **6.50 Fisherman's Friends: One And All** (12, 2022) ★★★★ **9.00 Mission: Impossible: Rogue Nation** (12, 2015) ★★★★ **11.40pm-1.50am The Rhythm Section** (15, 2020) ★★★

TALKING PICTURES freeview 82

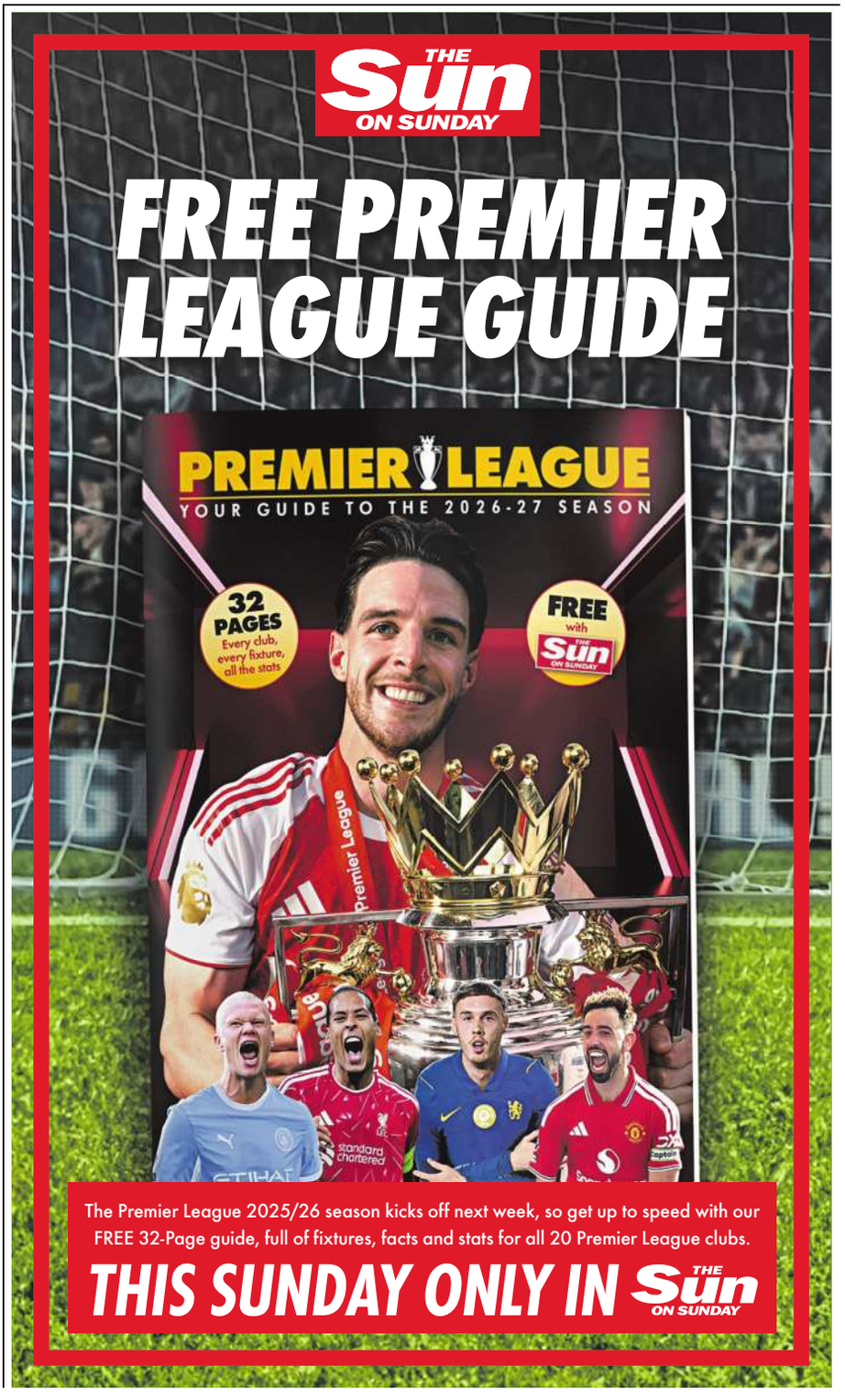
1pm The Buccaneers 1.30 Carrie's War 3.20 Look At Life 3.45 Dial 999 4.15 Robbery Under Arms (U, 1957) ★★★ **6.15 Melbourne Cleaners 6.30 Give Us A Clue 7.00 Out Of Town 7.30 Travelling Man 8.35 Brighton Rock** (PG, 1948) ★★★★★ **10.25pm-12.15am Up The Chastity Belt** (PG, 1971) ★★

GREAT! MYSTERY freeview 50

2pm Castle 3.00 Diagnosis Murder 5.00 Murder, She Wrote 7.00 Castle 8.00 Unforgettable 9.00 In Plain Sight 10.00 Hailey Dean Mysteries 11.50pm-1.45am Martha's Vineyard Mysteries: Riddled With Deceit (PG, 2020) ★★

GREAT! ACTION freeview 42

10.30am Bomb At 10:10 (PG, 1967) ★★★ **12.30 The Unit 1.30 Burn Notice 3.30 Bunraku** (15, 2010) ★★★ **6.00 The Unit 7.00 Burn Notice 9.00 Mercenary For Justice** (18, 2006) ★★ **11.05 The Avengers 12.05-1.05am The New Avengers**



dear deidre

Edited by SALLY LAND

Need our help? Email deardeidre@the-sun.co.uk any time

Team: JANE ALLTON, HILARY FREEMAN, KALLY LEWIS, CATHERINE THOMAS and KATE TAYLOR

My secret fling with hot uncle

Dear Deidre

NOBODY in my family knows that, for the last two years, I have been in a passionate relationship with my uncle – my dad's brother.

I am 23 and he is 28. We are close in age and he's never really felt like an uncle to me.

It all started years ago when he found me crying.

I was really upset over not doing as well as expected in my A-levels and, to add to my woes, being dumped by my boyfriend.

My uncle comforted me, and kissed me and I felt better straight away. I'd always thought he was gorgeous.

We were inseparable that summer, though nothing sexual happened between us.

He went off to university for the final year of his degree, and we didn't see much of each other until a couple of years ago when we found ourselves at the same party.

We ended up in bed together, and it felt like a dream come true.

Even though we both had partners at the time, we began a torrid secret affair, having sex whenever we were able to meet.

Two years ago, he left his girlfriend, I broke up with my boyfriend, and we finally became a proper couple in secret.

We've promised each other that we'll be together for ever, but life is pulling us apart again. He just landed a teaching job in Italy.

I can't go with him because I'm in the middle of my business degree, but the plan is to be together as soon as we can.

I love him with all my heart, but I'm scared of what will happen when our family eventually finds out.

The fallout is going to cause so many problems for everyone.

Is a future together actually realistic, or would it be better for both of us if I just let him go?

■ DEIDRE SAYS: This job move is an opportunity for you to realise there is no future together no matter how good you are together. If you were found out, the repercussions could be devastating.

You are both breaking the law by having an incestuous relationship and this could ruin your life.

You were young and impressionable and he was older than you. The longer this continues, the more attached you will become.

He is now going to work in Italy, giving you an ideal opportunity to finish this relationship.

Begin to rebuild your life. Focus on your career so you can get a great job in the future, too.

dear deidre

Scan this QR code to talk to trained counsellors, Mon-Thurs, 1pm-4pm. We're humans, not chatbots.

LIVE Chat

BOOZED-UP GIRLFRIEND PUNCHED ME IN THE FACE

Dear Deidre

WHAT should have been a normal night turned into a nightmare when my drunk girlfriend punched me in the face.

I'm 26 and she's 24. We've been together for three years and I thought we were solid, even though her sex drive has never been particularly high.

I've accepted it, because otherwise things felt good between us. We've been having conversations about our future, getting married and having kids.

Last week, she went out for her friend's birthday drinks. I drove over to pick her up at the end of the night. She was so drunk. She lashed out, punching me in the face and yelled another guy's name.

I was so shocked I slept on the sofa that night. Now I can't stop my mind racing. Is this other man the reason her sex drive has been so low? Is she cheating?

■ DEIDRE SAYS: Don't panic. Calling out another man's name while she was drunk doesn't necessarily mean your girlfriend has been cheating.

There are lots of other explanations, which you will only learn if you ask her about the incident at a calmer time.

But you have to ask yourself why she drank so much. Is this an isolated incident, or does she make a habit of it? Is she truly happy in the relationship?

It's time to talk and ask her if she is still satisfied with you, and enjoys your sex life. My support packs, Different Sex Drives and Understanding Female Pleasure, will help. Be prepared to make a few changes, if necessary.

STEPSON NEEDS TO RESPECT OUR WAYS

Dear Deidre

MY stepson seems to think our house rules shouldn't apply to him any more.

He wants his girlfriends to stay overnight in his bed but morally this doesn't seem right to me.

I am 54 and my wife is 47. Her son is 24 and is in the Navy, so we only see him every now and then when he is on leave.

Whenever he comes home to stay, he asks if his latest girlfriend can spend the night in his bed. It is always a different girl and often he has only known her for a matter of weeks.

To make matters worse, he only has a single bed. I have told him that he can have a girl to stay, but she can't sleep in his bedroom.

Am I being old-fashioned and out of touch, or is it fair to expect some decency and respect for our house rules from a visiting young adult family member?

■ DEIDRE SAYS: You need to remember that he is an adult and this is still his home.

I wonder if the underlying issue is really about the overnight guests, or are you struggling to share the house and his mum when he visits?

Maybe you are slightly envious that dating rules were much stricter when you were younger.

For your wife's sake, try making him feel welcome, suggest a double bed if space allows, and let him live by his own values.

stories deidre's photo casebook

HANNAH'S FAUX FRIEND: **DAY 3**

Clothes by Boohoo and BoohooMAN

CONTINUES TOMORROW

hot topic

BEING involved with someone who's already in a relationship can be emotionally draining.

However strong your feelings, the uncertainty, secrecy and waiting can leave you feeling stuck and unsure where you stand.

In the UK, only around 12 per cent of people who have affairs go on to leave their relationship for their lover.

If you're finding it hard to navigate an affair, my support pack Your Lover Not Free? can help.

Dear Deidre

FAVE ESCORT'S TOO EXPENSIVE

FOR more than a decade, I have been seeing the same escort, but she doesn't see a future with me beyond our appointments.

I am 31 and live at home with my parents, which suits my wallet as I recently lost my job as a warehouse supervisor due to company downsizing.

In my late teens, I was desperate to lose my virginity and I found her online. That first meeting set off a connection that has lasted ever since.

While I have seen other sex workers over the years too, she has always been special. Whenever my parents go on holiday, I invite her over for dinner and sex. I don't do that with anyone else. Lately, my feelings for her have deepened, and I think I am falling in love with her.

I finally plucked up the courage to ask if we could have a real relationship, but she gently insisted on keeping things strictly professional.

Now, being unemployed and broke, I can't afford her services. The thought of being alone terrifies me, and the idea of approaching a stranger feels impossible. I'm lost and am facing a future without the one person who I really connected with.

■ DEIDRE SAYS: It may sound harsh, but losing your job might actually prove to be a blessing in disguise. A whole decade has passed without genuine romantic love, and it would be a shame to waste any more precious time.

Paying for sex feels easy because it protects you from potential rejection or performance anxiety, but this is a business arrangement and will never be anything more.

Your favourite escort has drawn a firm boundary, leaving you out of pocket and out of love. You don't need to approach strangers, but focus on making genuine female friends first.

Read my support packs Finding The Love Of Your Life and Overcoming Shyness, to help you.

GET IN TOUCH

If you are worried about something, my team is here to help. Please contact and follow us.
Online: thesun.co.uk/deidre **Instagram:** @dear.deidre **Facebook:** @DearDeidreOfficial
X: @DearDeidre **Post:** Dear Deidre, The Sun, 1 London Bridge Street, London, SE1 9GF

Fab DAILY

We're only halfway through the school holidays, but mum Becca Maberley, 48, an author and parenting expert from South West London, is already tearing her hair out

I HATE THE SCHOOL HOLIDAYS... AND I'M NOT ASHAMED TO SAY IT

LONGING FOR TERM TIME . . . mum Becca and her teenage boys

DAVID CUMMINGS

STARING at the calendar on the kitchen wall, I feel like crying.

No, I haven't just forgotten a cherished loved one's birthday or missed a key social event – the reason is far more selfish and I know other parents will judge me harshly.

The cause of my despair is that there are still three long, painful weeks of the school holidays left . . . and I'm at breaking point.

I've always loved my sons – 15 and 13 – fiercely. But I freely admit that, at times, I find being a mum difficult.

Many of the daily demands, particularly during the school holidays, have me tearing my hair out and it annoys me how women are put under intense pressure to pretend it's all wonderful and that they love every moment. I don't.

I get trolled for being honest about my feelings on my social media *(@amotherplace)*.

People say I should be sterilised, or don't deserve to be a mother, which is ridiculous.

I wish other mothers were as honest as me – I know many feel the same, but don't let on because it's a taboo subject. And I roll my eyes when I see posts from mums "devastated" about the holidays ending. I'm doing a dance around my kitchen.

For me, the endless summer break is tricky. Holidays are for relaxing, yet it's nigh on impossible when you've got children running around, constantly shouting, "Look, Mummy", as they hurl themselves down a water slide or boot footballs across the garden. I long for a glass of wine, and peace just to read a book.

There's a social media trend called "18 precious summers". It is putting pressure on mums to make them count as you have so few. This idea that you have to make them perfect, otherwise you've somehow failed, irritates me beyond belief. I look at those posts and feel it's just more social media nonsense and performative parenting.

I always imagined that once they were out of the "danger" years of toddling off and getting lost, needing constant entertainment, or becoming tired and grumpy, holidays would once more become peaceful. But now they're teenagers, there's a new array of horrors. For example, the boys both get weekly pocket money and have cash that people have kindly given them as presents.

My view is that they should learn to budget with what they've got.

But now that they're older and want to travel to see friends, they often ask for cash to top up their travel cards, or to buy pointless – and pricey – meal deals.

Horrors of playdates

I remain firm. I'm more than happy to make them a sandwich before they go out, but if they want to buy it, they must do that out of their own money. Yet it doesn't stop their demands, and it gets boring constantly having to reiterate that my wallet will remain well and truly shut.

Then there is the constant last-minute planning. As children get older, you're spared the horrors of hosting playdates. The fact that they now make their own arrangements with mates is great. But like so many teenagers, mine fail to tell me what they're doing and when, making last-minute plans without considering what I'm doing.

So I'm suddenly told they **NEED** a lift in half an hour to a distant water park they definitely can't get to by public transport.

I then have an internal debate about whether I'm happy to disrupt my day by driving them. If I do, at least they won't be under my feet all day, a result of sorts. The worst is when they tell you that you'll have to pick them up at 11pm, which scuppers plans to relax with a few glasses of wine.

Once you throw girlfriends into the mix, that's another thing. We have strict rules about keeping bedroom doors open.

And don't get me started on the nightmare of trying to plan meals. I might have made a huge saucepan of bolognaise, only to then find that it's just my husband Tom, 47, and me in for dinner – and we'd have happily had a salad.

Another thing I miss about term time is the reassuring rhythm to the house.

There's a set wake-up time of 7am, after

Continued on next page

Fab DAILY

Edited by SARAH BARNS and JOEL COOPER

‘I JUST CRAVE THE HOUSE TO MYSELF’

MEMORIES . . . Becca and Tom when the kids were small

From previous page

which the boys have quick showers and are soon out of the house to spend the day at school.

When they get back, there’s a bit of time to relax before homework starts and then dinner and bed.

It’s all timed to the minute and we know exactly what we’re doing.

But that goes out of the window during the holidays.

And their showers, which usually last three minutes so they don’t miss the bus, can run into half an hour and somehow involve leaving multiple soggy towels on the floor.

OLD DAYS . . . a shot from the family album

And then there’s the huge mountain of extra laundry. In term time it’s simple, they wear school uniform, but during the holidays, they change a couple of times a day and just throw their dirty clothes on the floor. Of course, I make them clear up afterwards, but that takes up yet more energy.

Without a set time to get up, they’ll wander down at any time and expect to get fed. The other day they kicked off when I said breakfast was over – because they came down just past noon.

Again, I can never decide whether to make them sort breakfast themselves and put up with the mess and chaos, or whether it is less painful to do it myself. So usually I end up doing it.

Having the kids at home 24/7 also means Tom, who runs a creative content studio, and I don’t get our usual “chat time” after the boys have gone to bed.

During term time, we’re left in peace from about 10pm, but during school holidays, with no necessity to get up at the crack of dawn, it’s hard to reason with them to go to bed.

So we don’t have the same time to unwind as we usually do. I miss that.

Tom and I both work from home and I’m often on my laptop in the kitchen. But that becomes a no-go zone during the school holidays, as the boys constantly barge in during Zoom calls to help themselves to snacks, ask for a lift, or for a shirt to be urgently washed.

I crave having the house back to myself and Tom.

There are arguments over how their downtime is spent, too. Six weeks is a long time to not pick up a book or exercise your brain, and I start every holiday with the intention of making them at least read a newspaper or a coursework book.

Whenever I mention that it might be a good time to start, they suddenly find they’ve something very important to do and disappear. It affects my social life, too. While I still go out, I can’t let my hair down in the same way as I can during term time. Knowing they’re out and about in town and might need a lift home, I feel on edge all the time.

We tussle with the boys over screen time, too. But again, without the threat of, “You need to go to bed to be OK for school”, it’s hard to stop them.

I envy my American friends, who pack their kids off to summer camp for weeks at a time. It’s a shame we don’t have the same culture here – I’d be signing my boys up, pronto.

Every year, without fail, I vow not to make the same summer holiday mistakes. I look back on the previous one, examine what was difficult, then try to avoid the same pitfalls.

But I fail to take into account that we’ve moved on by a year, and their wants and needs have shifted once again.

So I’m still left tearing my hair out . . .

●You can follow Becca’s parenting advice at amotherplace.com and on Instagram @amotherplace.

●As told to
MEL FALLOWFIELD

After losing 3st in just three months, Mancunian Lisa Raynes, 54, discovered why she lost weight quicker on Mounjaro than most people

By LUKE CHAFER

STEPPING on to the scales just days after starting weight-loss jabs, Lisa Raynes could hardly believe her eyes.

After decades of trying to shift the pounds, they were suddenly falling away fast, and Lisa soon learned why – she is a “super responder”.

That is the label applied to the growing numbers of people responding supremely well to drugs such as Mounjaro and Wegovy.

“Within the first few days I thought, ‘Yes, this is definitely working’,” says Lisa, who dropped 2.5lb in the first week.

“Weighing myself daily, it was a big shock to see the weight steadily falling off so consistently.

“I continued to lose around 1.5lb a week for the next six months.

“I wanted to get to where I am now, but I didn’t expect to get there so quickly.”

After six months, she had lost 3st – 25 per cent of her body weight – going from 12st to 9st.

Two decades bouncing between diets

Research suggests it takes most patients around 18 months to lose 20 per cent of their body weight, while one in ten barely respond to the medication at all.

One in four are thought to be super responders, shedding pounds at almost double the speed – and scientists think they are beginning to understand why.

Professor Alexander Miras, an obesity researcher at Ulster University, says: “If they are deficient in this hormone *(GLP-1, which regulates appetite and is the basis of drugs such as Wegovy, Mounjaro and Ozempic)*, then they do much better than people who don’t have this biology.”

Before turning to the jabs, Lisa had spent more than two decades bouncing between diets, from WeightWatchers and the Cambridge diet to keto.

But whatever she lost, it always crept back on, with most of it settling around her middle.

“I’ve still got the same shape as I used to, except I haven’t got a stomach,” she says.

“I’d stopped wearing trousers or jeans, because dresses were much more flattering. They disguised my belly.”

Running her own architecture practice – Pride Road in Stockport – meant Lisa was constantly in front of the camera.

“I am my brand,” she says. “I regularly get professional photos taken, but I’d look at myself and just go, ‘Oh, God’.

“I’d cringe, but I’d still have to put the images out.”

The extra weight she had wasn’t only knocking her confidence.

Lisa found herself becoming breathless climbing stairs, while persistent pain in her left knee became so severe she had to have scans, physiotherapy and was facing steroid injections.

“I’d get out of breath if I’d been talking for a while,” she says. “I’d just think, ‘That’s not good’.”

For years, Lisa had believed her weight issue was down to a lack of willpower, but now she realises it was the constant battle with hunger, which was likely the result of a deficiency of GLP-1.

She says: “I just love food. I would try to eat

SLIM CHANCE . . . trousers are flattering since Lisa Raynes lost 3st in six months

ROY J BARON and PHIL TRAGEN

10%

Potential number of people who will fail to lose any weight while on GLP-1s

READY FOR CHANGE . . . before shedding pounds

OLD LOOK . . . Lisa preferred clothes that concealed

STEPPING OUT . . . showing off lean look on sunny day

I'M A FAT JAB SUPER RESPONDER ...THESE ARE THE SIGNS YOU COULD BE TOO

2lb
Maximum amount of weight loss per week deemed safe by the NHS

healthily, but then I'd have a glass of wine in the evening and, before I knew it, I'd be reaching for a sharing bag of salt and vinegar crisps, or a big bar of Cadbury's Fruit and Nut.

"That was always my weakness. "The GLP-1s actually stop the cravings.

"There's still willpower involved, but it's so much easier."

Lisa started taking Mounjaro last November after seeing how well the jabs had worked for friends.

Rather than going through her GP, she bought the drug through Rowlands chemist.

She says: "Once I decided I was going to give it a go, I was like, 'Where do I start?'.

"Then I saw that my local chemist offered it.

"I made an appointment and they were really good, not just with the prescription but with advising how to take it and what to eat." Her monthly prescription cost £269 for 7.5mg of Mounjaro, but since then she has dropped to 5mg.

She says the medication silenced the constant "food noise" that had dominated her life for years and researchers now believe that obsessing over food may be another clue someone is a super responder.

'I finally felt confident enough to wear a bikini'

Unfortunately, there is no reliable way of measuring a patient's GLP-1 levels in everyday practice.

That means doctors cannot predict who will respond best before treatment starts.

Super responders also tend to feel hungry much sooner after eating than other patients and, in a study published this month, researchers at the Mayo Clinic in Minnesota found this group lost almost twice as much weight during the first six months on the medication.

Lisa soon realised she was one of them. The weight came off so quickly, she was constantly having to buy smaller clothes.

"I've bought the same Lucy & Yak jumpsuit about four times," she laughs.

"I've gone from a size 18 to a size 12, so every few weeks I'd end up selling my old clothes on Vinted before buying them all over again in a smaller size.

"I've also taken lots of clothes in because I can sew and didn't want to keep buying loads of new things while I was losing weight."

Lisa's changing wardrobe wasn't the only reminder of how much weight she had dropped.

"My skin's quite a lot saggier than last time I was this skinny," she says, but I finally felt confident enough to wear a bikini on holiday to Turkey in July – something I hadn't done for years.

"On that same trip, I also slipped back into a fitted black dress I bought 25 years ago and had kept although I never expected to be able to wear it again."

Lisa doesn't volunteer the fact she is taking Mounjaro unless a friend of family member comments on her weight loss first.

She says: "There is still a lot of scepticism about them and people do think you are taking the easy way out, but I always tell people if they ask directly. I do get other friends who are very intrigued about it. We'll compare notes."

While her loved ones have been supportive of her transformation, Lisa admits her three children, aged between 16 and 24, have been more cautious. "They see eating disorders among their friends, so I think seeing me lose so much weight makes them worry about me," she says. "I am wary about it around them because they have made comments in the past that they are concerned."

"But I haven't hidden it from them. They have known from the start and it is still discussed, just not in a celebratory way."

Although much of what makes someone a super responder appears to come down to biology, doctors say there are things every GLP-1 user can do to make the most of the medication.

Dr Maurice O'Farrell, a GP who specialises in weight-loss medication, says: "Everyone is going to respond slightly differently to the medication, but there are lifestyle changes that can be made to ensure they are well tolerated and maximise effectiveness."

One of the simplest changes, he says, is choosing where to inject. "There is certainly anecdotal evidence from patients that injecting into the abdomen, rather than the thigh, is more effective.

"I would also recommend regularly switching injection sites, so from one side of the abdomen to the other."

The benefits have gone beyond the scales

The theory is that differences in blood flow and the amount of fat beneath the skin could affect how quickly the drug is absorbed.

Today Lisa has reached her goal weight of 9st and is focused on maintaining it.

She is still taking Mounjaro, but has reduced her dose and is now on around 5mg for maintenance.

The benefits have gone beyond the scales, too.

The knee pain that had left her facing steroid injections has now been "completely alleviated," while Lisa says she also feels stronger since shedding the weight.

She says: "I no longer get breathless going up the stairs because I've got less weight to carry."

These days people notice immediately that something has changed.

"They'll ask, 'Have you changed your glasses? Have you changed your hair?' They know something's different, but they can't put their finger on it."

Other friends have a more direct reaction. Lisa has been told she shouldn't "lose any more".

Lisa says: "I do find it quite annoying when people make that comment, because there is still a lot of work to do to maintain where I am now."

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letters

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The page where you tell Britain what you think

SURELY One Show host Alex Jones could find a more fitting memory of the fab Bonnie Tyler?

Alex, *pictured*, told Vernon Kay on his Radio 2 show this week that when she went to Bonnie's home to interview her, the singer accidentally wiped the mugs with the same cloth that she used to wipe up dog wee.

If Bonnie had still been alive they might have laughed about that. But not so funny without her to share that time with.

SYLVIA MONK
Hayling Island, Hants

ANDY BURNHAM wants to encourage us to go for a pint but discourage us from having a bet. Yet another example of Labour knowing what's best for us and how we should spend our money.

PETE BEAUMONT
Lowestoft, Suffolk

MILLIONS face a higher risk of power cuts when energy supplies run low to prevent the risk of total power system collapse. Did nobody think about this when trying to go Net Zero?

What about all the electric cars? I'll stick with my diesel one.

PETE LAMBELL
Daventry, Northants

SADIQ KHAN, *pictured*, claims Muslims are made to feel like second-class citizens. As he is Mayor of London and a Sir, does he include himself in that?

BARRIE CROWTHER
Walton, West Yorks

SO refugee Muhammad Sheikhi has been jailed for committing sexual assaults in Falkirk.

Why not just deport him and other asylum seekers who carry out crimes instead of putting them behind bars?

Then we wouldn't have to free killers early due to prison overcrowding.

CAROLE DONHOU
Aylesbury, Bucks

Next step is migrant ferry

£50 LETTER

SO much for referring to the problem of illegal migrants crossing the Channel as the "small boats" crisis.

With a record 230 migrants arriving over the weekend on a single, 49ft inflatable dinghy, what's next? Will the people smugglers charter a ferry soon?

The Government must sort this out now.

CLIVE PINNELL
Congresbury, Somerset

FIRST it was the Vikings and their long boats, now we have the migrants and their long dinghies.

What the hell is France doing with the money we send them to tackle this? This is madness.

It cannot go on. Mr Farage is right – this is an invasion.

MALCOLM STOCKTON
York

THE defining reason this Labour Government will be kicked out of power at the next election is its inability to stop the boats coming here illegally.

The Government's incompetence is mind-blowing. These immigrants are mostly young men. We have had enough.

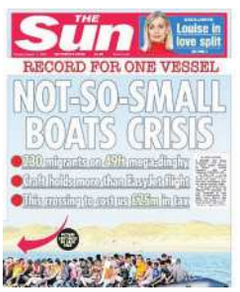
TREVOR SPACKMAN
Morden, Surrey

IT'S amazing how consecutive Prime Ministers are reluctant to stick their heads above the parapets and say something worthwhile regarding the arrival of illegal migrants on our shores.

This serious issue, which is costing the taxpayer billions, is nothing other than disgraceful.

PHIL INMAN
Birmingham

WHY does Mr Burnham not understand that the overwhelming



ALL ABOARD . . . yesterday's front page as record number arrive

population of Britain wants to see our own homeless nationals, who sleep on the streets, housed in hotels or hostels before those who have entered the country illegally.

Nigel Farage's plan to use the Royal Navy to return illegal migrants to France is long overdue.

DAVID BOOTH
Cheadle, Cheshire

IT sounds like the PM could be doing a U-turn, after saying earlier this week the thugs who killed PC Harper cannot be exempt from the prison early release scheme. He has now said he is "increasingly confident" he can prevent the early release of the most serious offenders such as these two.

To make room in our prisons, I suggest he returns the thousands of foreign criminals to their homelands and consider releasing over-80s and women serving time for non-violent offences.

NICK DODD
Bude, Cornwall

RELEASING prisoners early is an insult to victims, police and courts.

At least the PM has asked the Justice Secretary to fast-track the development of a plan to prevent more prisoners from being freed long before the end of their sentences.

Otherwise what is the point of the police arresting a criminal and the courts sentencing them if this is basically just overturned?

I feel very angry about this, so how must their victims feel?

LINDA RILEY
Salford, Gtr Manchester

IF Andy Burnham allows the release of PC Andrew Harper's killers it will be proof there is now no justice in this country.

BILL GALLUP
Hounslow, West London

INSTEAD of sentencing criminals to a term of years that is later reduced for "good behaviour", why not offer them a choice.

They can serve the full term or they can have a shorter sentence for doing useful, daily, manual jobs such as tarmacking, street clearing, graffiti cleaning etc. And the public will see the benefits.

PETER FLETCHER
Connah's Quay, Flints

DONALD TRUMP showing support for under-pressure Fifa boss Gianni Infantino suggests to me he probably had some underhand involvement in the failed deal to sell off part of the World Cup.

I'm not surprised since Trump got a red card ban reversed for an American striker during the World Cup.

DEBORAH HOBBS
Bristol

THE Vixen on The Chase has more ridiculous facial expressions than Donald Trump.

TONY HARVEY
Bangor, Co Down

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ARIES March 21 – April 20

Luck is linked to events at last month's Full Moon on July 29. What didn't happen then could return in a new form and potentially better. This might be linked to a romantic date, a competition win or the birth of a baby. Love won't find you unless you dare to make it happen – stop overthinking and take a leap.

TAURUS April 21 – May 21

Eclipse power opens the door to a new home or family member. Or someone close gets the job they've been dreaming of and the rewards are shared out equally. Saying goodbye to someone you love is never easy. Gather the clans, pull out all the stops and send them off in style. An online job could help pay the bills.

GEMINI May 22 – June 21

If your life's moving at turbo speed, it can feel overwhelming. If you've got too much on your plate, learn the four Ds of good time management: do it, defer it, delegate it or ditch it. Ask for help and get a strong team around you. A dream you have about true love could quickly turn from fantasy to reality.

CANCER June 22 – July 22

It's an excellent date to consider where you can initiate new beginnings to source a new income stream. Trust your intuition and act on a hunch. Make the right moves and a loss of money could not only be recouped but leave you better off in the future. An insurance payout or competition win is the icing on the cake.

LEO July 23 – August 23

A solar eclipse in Leo is the cosmic equivalent of a new door opening. Look out for a random event that calls you in a new direction. Wherever you get the chance to lead from the front, take it. What occurs may surprise you when the golden ticket has your name on it. Twins are linked to your romantic future.

VIRGO August 24 – September 22

You have more influence than you may believe. It can be tempting not to get involved and let other people lead the way. However, if anyone's going to come up with good ideas to help yourself or other people, it's you. Whether you're called to help a charity or step into a supportive role, dare to make a difference.

LIBRA September 23 – October 23

If you want to travel or study, today's a great day to be motivated. A friend in a position of influence could open doors for you. Or they're the reason for a party or celebration. It's likely to be a day of big announcements which could feel like being on a rollercoaster ride. Celebrate the wins and mourn the losses.

SCORPIO October 24 – November 22

You don't want to miss out on a new work opportunity that everyone's talking about. Make sure your name is on the list. Plus, look out for a man who leaves a position or role today and creates an opening for you to step into. It's worth considering taking a qualification that would add letters to your name.

SAGITTARIUS November 23 – December 21

You're the traveller of the zodiac and events today may coincide with a new adventure that you won't want to miss out on. Be bold in your actions and say yes to expanding your world. When you step out of your comfort zone, magic awaits you. Love is in the mix when you meet a partner who's up for anything.

CAPRICORN December 22 – January 20

Pray to the money gods and you could be rewarded. Eclipses are notorious for endings but a door closing could mean a new door opens. If you're a quizzer, it would be an excellent date to apply for a game show, especially if there's a big money prize. Single? Get dressed up and head for your most exclusive club.

AQUARIUS January 21 –February 18

Today's solar eclipse spells great news for a relationship whether you receive a proposal or hear a declaration of love. Life works in mysterious ways which could mean you end up with the one you want. If you're in love with a friend, let them know, even if it's by text. A light-haired person is your clue to love.

PISCES February 19 – March 20

If you're made redundant today or a job comes to an end, don't panic. It could be that something new is around the corner which fits in better with your current situation. If you're trying to get a handle on your health, keep talking until you find a solution. It's not a time to give up so lean on other people for support.

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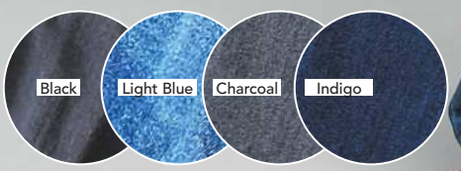

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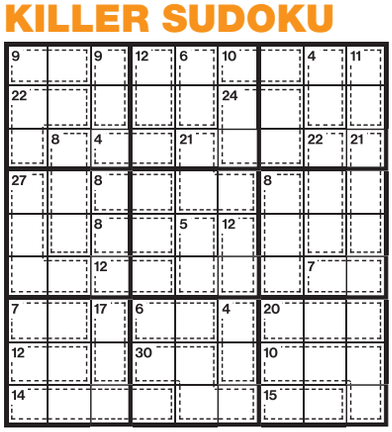


The normal rules of sudoku apply. In addition, the digits in each inner shape (marked by dashes) must add up to the number in the top corner of that shape. No digit can be repeated within an inner shape. Solution on right.

TWO-SPEED CROSSWORD

Two sets of clues but the answers are the same

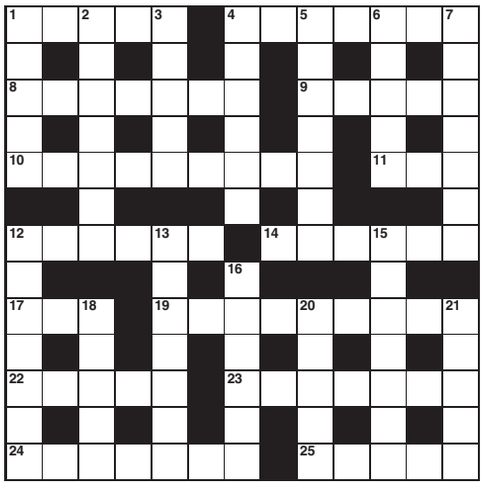
Cryptic

ACROSS

1 Flower in University welcomed by many (5)
4 Inclination to take drunk lad away from the coast (7)
8 Person from Latvia regularly munches salad item (7)
9 Hurriedly carry out large container containing bit of muck (5)
10 Copper laminate lacking a finish (9)
11 Sheep found in brewery (3)
12 Knock down thug crossing a yard (3,3)
14 Pasta, perhaps, no longer fresh around 2nd of April (6)
17 Turn cold over gearwheel (3)
19 More shameless European underwear (9)
22 Conferences about large plants (5)
23 Continue reminder about third letter (7)
24 Restrain salesperson on steamship (7)
25 Teach trout to swim (5)

DOWN

1 I call about tree in the olive family (5)
2 Completely add up with colleague (7)
3 Middle Eastern native in small car (5)
4 Scandinavian in the morning returned for frenzied woman (6)
5 Democrat is broadcast in protest (7)
6 The best team in reserve? (5)
7 Remove pressure probes in exhaust (7)
12 Satan cruel if provoked (7)
13 Chewed gum bear, leading to offence (7)
15 Show gift (7)
16 Father's protecting a politician in American plains (6)
18 Wife leaving mature crowd (5)
20 Aberdonian, perhaps, going round university to reconnoitre (5)
21 Colour that is shown up in duck (5)



Solutions tomorrow
Get solutions today: Call **0905 757 0150** for Across and **0905 757 0151** for Down before midnight.
Calls cost £1 a minute plus network charge.

Coffee Time

ACROSS

1 British car company founded by Colin Chapman (5)
4 Central part of a country (7)
8 Iceberg, for example (7)
9 Stint (5)
10 Bring to the highest point (9)
11 Lamb's mother (3)
12 Display (3,3)
14 Thin wire fastener (6)
17 Unimportant individual in large organisation (3)
19 Support for women (9)
22 Vegetable life (5)
23 Carry on (7)
24 Hold back (7)
25 Provider of private lessons (5)

DOWN

1 Shade of purple (5)
2 Wholly (7)
3 Someone from Riyadh, perhaps (5)
4 Female participant in the orgiastic rites of Dionysus (6)
5 Demur (7)
6 Comment to the audience (5)
7 Use up (7)
12 Friction match (7)
13 Foliage of trees (7)
15 Current time (7)
16 Large area of grassy land in Argentina (6)
18 Band (5)
20 Person searching for talented people (5)
21 Source of down (5)

Buy the latest Sun Puzzle Books, including crosswords, wordsearches & sudoku, for as little as £4.99 at harpercollins.co.uk or call 0141 306 3100

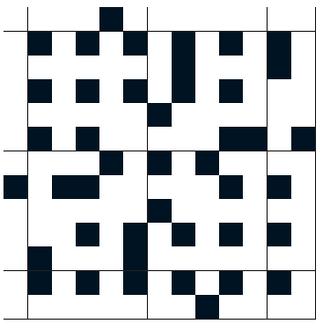
WORDSEARCH

Find seven one-word bands. Words can run forwards, backwards or diagonally.

A	O	Q	D	V	P	Q
B	N	E	U	U	R	S
L	I	A	L	E	I	S
U	O	P	V	S	E	E
R	R	I	A	R	S	N
B	L	O	N	D	I	E
A	B	B	A	E	O	N

KRISS KROSS

Fit the words into the grid. Solution below right.



3 letters
Amp
Irk
Kit
Ned

4 letters
Duet
Isle
Mist
Pram
Span
Spit
Tote
Undo

5 letters
Assay
Baker
Essay
Gavel
Passe
Pasta
Robot
Rusty
Spine
Vodka

6 letters
Broker
Equate
Greasy
Louche
Pantry
Pastry

7 letters
Detract
Madness
Proviso
Satsuma
Tremolo
Unction

8 letters
Execrate
Stopover

SUGURU®

5			3	4
	2			

Each cell in an outlined block must contain a digit: a two-cell block contains the digits 1 and 2, a three-cell block contains the digits 1, 2 and 3, and so on. The same digit must not appear in neighbouring cells, not even diagonally. Solution below right.

THE NAME GAME

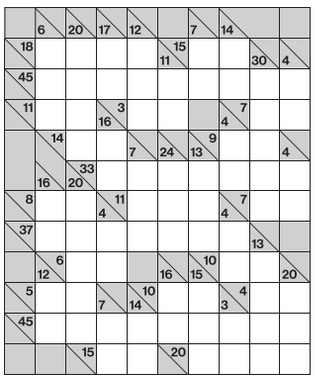
EACH clue leads to a well-known name. Put the initials or stated letters in the appropriate squares to identify a poet:

1	2	3	4	5	6	7

4 & 3	Ms Maitlis, lead anchor of Newsnight until the end of 2021 (first and last letters of name)
1 & 7	Star Trek's first Captain Kirk
6	Mr Nunn, who has served as artistic director for the Royal Shakespeare Company and the Theatre Royal Haymarket
5	Ms MacGraw, actress and animal activist nominated for the Best Actress Oscar for 1970's Love Story
2	Alice, former Watchdog presenter who is now This Morning's Consumer Editor

Yesterday: Commentator JOHN MOTSON ((Graham) Coxon, Jordan (Spieth), Hannah (Waterman), Jill Scott, Timmy Mallett). Another Name Game in The Sun tomorrow.
Can't wait until tomorrow for the answers? Call **0901 293 6298**
Calls cost £1 plus your network access charge.

KAKURO



Fill the grid so that each block adds up to the total in the box above or to the left of it. You can only use the digits 1-9 and you must not use the same digit twice in a block. The same digit may occur more than once in a row or column. Solution below right.

SUNDIAL

Brilliant: 24. Excellent: 21.
Good: 15. Great kids' score: 12.

SEE how many words of four or more letters you can "dial" using the one at the centre in each word. You can make at least one word using all of them. Don't use the letters more than once in any word. No proper names or plurals ending in 's'. Words from Collins Concise Dictionary. Solution tomorrow.

YESTERDAY: Cede, celeb, cider, cire, club, clue, clued, cred, credible, creed, creel, crib, cried, crude, cruel, cube, cubed, cued, curb, curbed, curd, curdle, cure, cured, curie, curl, curled, decibel, deuce, dice, dicer, duce, ecru, educe, educible, iced, icer, luce, lucid, lucre, rebec, reduce, relic, rice, ulcer, uric, REDUCIBLE.

Check today's answers by calling **0905 757 0155** before midnight.
Calls cost £1 per minute plus your telephone company's network access charge.

30-SECOND NUMBERCRUNCH

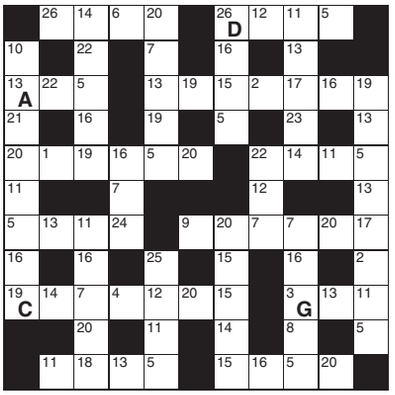
Starting at the left with the number provided, work your way across the three lines one at a time, applying all the mathematical instructions to your running total. Don't use a calculator – that would be cheating! Write your answer at the end. Aim to complete each round in about 30 seconds. Good luck! Answers on the right.

EASY 98	+276	Half of it	+51	÷7	-28	×11	+207	÷3	+261	ANSWER
MEDIUM 94	+218	÷13	+465	Third of it	-55	3/4 of it	+409	Half of it	-87	ANSWER
HARDER 951	+4472	÷17	-219	Square root of it	×10	20% of it	+2910	×4/5	-1299	ANSWER

favourite brain-teasers! from Tuesday to Friday

Don't miss Saturday's Sun and The Sun on Sunday for bumper 3-page puzzle specials

WORD WORKOUT



A B C Ø E F G H I J K L M N O P Q R S T U V W X Y Z

1	2	3 G	4	5	6	7	8	9	10	11	12	13 A
14	15	16	17	18	19 C	20	21	22	23	24	25	26 D

The world's best brain-teaser – The Sun's clueless crossword. Each grid number in our Word Workout game represents a letter. So if you think 4 is the letter E, write E in all the squares with a 4. The whole alphabet is used and we have supplied some letters to start you off. Answers tomorrow.

YESTERDAY'S SOLUTION

ACROSS: Assign, Face, Jape, Chivvy, Quill, Blitz, Ago, Stung, Windy, Export, Itch, Idle, Remark.
DOWN: Sea, Ideal, Nick, Frill, Coveted, Untaxed, Lag, Bow, Noose, Idiom, Stir, Car.

For four extra WORD WORKOUT clues
CALL 0901 293 6299 **TEXT** SUNWORD to 64343
Cost £1 plus standard network charge
For clues from the last 7 days **CALL** 0905 624 0010. Cost £1 per min plus network charge

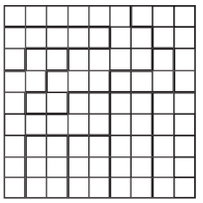
MISSING LINK

Fit ten words into the grid so each connects with the words on either side, eg wishing – well – done. The letters in the shaded squares spell out a garden feature. Solution below.

KISSING		MONEY
EXERCISE		ARM
CRAFT		TENT
THIGH		IDLE
TICKLED		GIN
HARD		FLOW
SUGAR		OVER
BOOK		SANDWICH
WISH		PRICE
TRUE		ACTUALLY

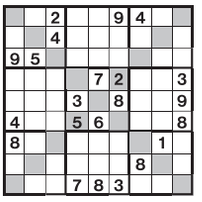
STARS

Put two stars in each row, column and region. Star cells can't touch, even diagonally. Solution below.



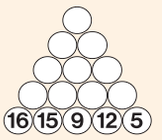
X FACTOR

Normal sudoku rules... but the two main diagonals must also contain the numbers 1-9. Solution below.



ADD UP

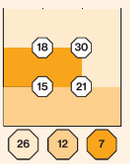
If the number in each circle is the sum of the two below it, what is the top number? Solution below.



BRAINBUSTER

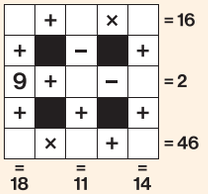
What is the greatest common factor of 132 and 220?

SAKURO



Enter the numbers 1 to 9 in the spaces so that the number in each octagon is equal to the sum of its four surrounding squares. Each coloured area should add up to the colour totals at the bottom. Solution below.

SET SQUARE



Place digits 1-9 to make the sums work. Each digit can be used only once. Solution below.

Yesterday's solutions

Easy

5	6	1	4	2	9	8	3	7
3	8	7	1	5	6	9	4	2
4	2	9	7	3	8	1	6	5
7	9	5	2	4	3	6	1	8
8	1	3	9	6	7	5	2	4
6	4	2	5	8	1	3	7	9
9	3	6	8	7	2	4	5	1
1	7	4	6	9	5	2	8	3
2	5	8	3	1	4	7	9	6

Teaser

7	1	8	4	3	6	9	5	2
9	5	4	2	8	1	7	3	6
6	2	3	5	7	9	1	4	8
8	4	2	9	6	7	3	1	5
3	7	1	8	5	4	6	2	9
5	6	9	3	1	2	8	7	4
1	8	7	6	4	5	2	9	3
2	3	5	7	9	8	4	6	1
4	9	6	1	2	3	5	8	7

Toughie

9	1	6	8	3	5	4	7	2
2	4	5	6	7	9	8	1	3
7	8	3	2	4	1	9	5	6
1	2	7	3	9	8	6	4	5
8	5	4	1	6	2	7	3	9
3	6	9	4	5	7	2	8	1
6	9	1	7	8	3	5	2	4
4	3	8	5	2	6	1	9	7
5	7	2	9	1	4	3	6	8

Two-speed crossword

ACROSS: 8 Haywire (Way higher), 9 Gr-ass, 10 S-peak, 11 Pas-time, 12 S-care-crow, 15 Op-t, 16 Pad, 17 Prop-one-nt, 20 Turnout, 22 Bow(l)er, 24 Ok-a-pi, 25 Ignored.

DOWN: 1 The-s-is, 2 Hype, 3 Pick-me-up, 4 Tem-per, 5 (C)ages, 6 C-ami-sole, 7 Assert, 13 Alderman, 14 Wood (would)-bin-e, 16 Patron, 18 Obtain, 19 T-i-rade, 21 O-hi-o, 23 Wor-t.

NEWSPAPERS SUPPORT RECYCLING

The recycled paper content of UK newspapers in 2025 was 34.7%

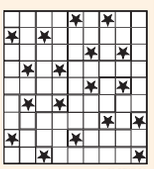
Today's solutions

Sugaru

1	3	1	3	2				
2	4	2	5	1				
3	1	3	4	2				
5	1	4	3	4				

Kriss Kross

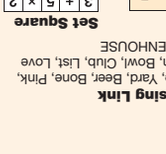
Stars



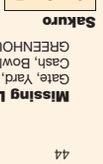
X Factor

7	1	8	4	3	6	9	5	2
9	5	4	2	8	1	7	3	6
6	2	3	5	7	9	1	4	8
8	4	2	9	6	7	3	1	5
3	7	1	8	5	4	6	2	9
5	6	9	3	1	2	8	7	4
1	8	7	6	4	5	2	9	3
2	3	5	7	9	8	4	6	1
4	9	6	1	2	3	5	8	7

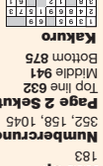
Set Square



Sakuro

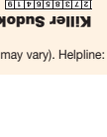


Kakuro



Wordsearch

Killer Sudoku



Brainbuster
44

Missing Link
Gate, Yard, Beer, Bone, Pink, Cash, Bowl, Club, List, Love
GREENHOUSE

Numbercrunch
352, 158, 1045

Page 2 Sekuta
Top line 632
Middle 941
Bottom 875

Add Up
183

Calls for clues & answers last no longer than 2 minutes (Sundial answers may vary). Helpline: **0333 202 3390** (9am-5.30pm). Service provider: Spoke, W1T 4HD

ASDA JOB AXE

ASDA is outsourcing 3,500 cleaning jobs as the supermarket struggles with falling sales.

Staff will transfer to contractors **BIDVEST** and **NIC CLEANING SERVICES** but keep their existing pay, terms and conditions. The GMB union branded the move "detestable".

It follows a bruising period for Asda after its debt-fuelled £6.8billion takeover by the Issa brothers and **TDR CAPITAL** in 2020.

INN THE GAME

THE World Cup helped **HOLIDAY INN** owner **IHG** shrug off disruption from the Iran War.

Strong bookings in US host cities lifted second-quarter revenue per available room, a key industry measure, by 5.4 per cent.

Underlying revenue rose to £930million and operating profit to £492million in the first half. Statutory pre-tax profit fell to £428million with the Middle East down 19 per cent.

Sun money daily

james.flanders@thesun.co.uk

EDITED By JAMES FLANDERS, Business Affairs Editor

BELLWAY STAMPS ITS FEET

Builder urges stamp duty cut

By JAMES FLANDERS

HOUSEBUILDING giant BELLWAY has demanded the Government slashes stamp duty to rescue Britain's struggling property market.

The FTSE 250 firm warned demand for new homes remains "uncertain" as buyers are battered by high mortgage rates and squeezed budgets.

Newcastle-based Bellway is one of several major housebuilders to have seen sales dented. PM Andy Burnham last month ruled out a stamp duty change in the autumn Budget.

But Bellway boss Jason Honeyman insisted swift action is needed. He said: "With the near-term outlook remaining uncertain, we call on the Government to act now to improve access to housing across all tenures."

He said an immediate cut to stamp duty, combined with a Government-backed deposit scheme, would ease the pressure on buyers.

The move must help first-time buyers and support "affordable and social housing for those who need it", Mr Honeyman insisted.

No stamp duty is paid on the first £125,000 of a home. Then it is 2 per cent of the value up to £250,000, 5 per cent to £925,000, 10 per cent to £1.5million, then 12 per cent. First-time buyers pay zero up to £300,000.

Bellway built 9,695 homes in the year to July 31, up 10.8 per cent. Operating profits may hit £320million, up from £303.5million, the firm said.

FTSE 100 10,844.19 DOWN 18.31pts 0.17%

$1.34 €1.17

SHARE PRICES

Greggs	1894	-	9
HSBC	1529	+	2 ½
IMI	3134	-	8
ITV	71	-	0 ¾
Imperial Brands	2628	-	36
InterCont'l Hotels	11522¼	+	17 ¼
Intl Consol. Airlines	441½	+	5 ¼
Johnson Matthey	2192	+	12
Kingfisher	322½	+	2 ¼
Legal&General	301½	-	9 ½
Lloyds Banking Gp*	114	-	0 ½
LSE Grp	8804	-	34
Man Group*	312	+	2
Marks & Spencer	403¼	-	0 ¼
Mitch & Butlers	279½	-	1
Mitie Group*	205¾	-	0 ½
Mobico Group	25½	+	0 ¼
Mothercare	0¾	-	0 ¼
NatWest Group	709¾	-	2
National Grid	1185½	+	10
News Corp A	2116	+	14
News Corp B	2425¾	+	16 ½
Next	15552	-	78
Pennon*	466	-	1 ¼
Persimmon	1160	+	16 ½
Prudential	1018½	-	24
Rank Group	99½	-	
Reckitt Benckiser*	5286	+	2
Rentokil	361	+	0 ¾
Rightmove	486¼	+	9 ½
Rio Tinto Ltd	9406	+	52 ¼
Rolls-Royce*	1532¼	-	7 ¾
SSE*	2393	+	15
Sainsbury's	344¼	-	7
Segro*	952¼	+	7 ¾
Severn Trent	3084	-	14
Shell	3344½	+	46 ½
Smith&New	1108	+	2 ½
Smiths News	71¼	-	
Standard Chartered*	2218	-	16
Tesco	461¼	-	7 ¼
The Sage Grp	1041½	-	2 ½
Unilever*	4610	-	27
United Utilities	1409	-	6
Vanquis Banking Gp	79½	-	0 ¼
Vesuvius	405¼	-	0 ¼
Vodafone	117¾	+	0 ¾
WH Smith	436	-	7 ¼

* = ex dividend

PLEA ON HIGH STREET TAX

RETAILERS are urging Prime Minister Andy Burnham to get money "back into high streets" with sweeping business rates reform — not just a 20 per cent discount for pubs, clubs and music venues.

The British Independent Retailers Association says support has plunged from £2.5billion in 2024 to £900million. It claims £6.5billion could be raised by closing a loophole on low-value imports and tackling online VAT fraud.

The organisation said those measures would fund a 75 per cent rates discount for retail, leisure and hospitality firms.

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GREEK ISLES AND THE ADRIATIC COASTS

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TERMS AND CONDITIONS: *Prices and itinerary may vary by date. A limited number of staterooms are available at these promotional prices and may be withdrawn at any time. All prices are from prices and are pp and based on two sharing. Offers include all meals and entertainment on board ship and all taxes and surcharges. Visas may be required for certain destinations and are the customer's responsibility to obtain – please check at the time of booking. Transfers and gratuities may not be included, please ask at the time of booking. Full terms and conditions apply. Prices are correct at the time of going to print. Drinks package is subject to the cruise line's terms and conditions. Please drink responsibly.

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Runny O'Sullivan

RONNIE O'SULLIVAN reckons if he was not such a fitness fanatic he would be "double the size".

The Rocket, 50, is in good shape ahead of today's China Open second-round clash with Thailand's Noppon Saengkham, and the seven-time world champ said: "It's important to be healthy. So I run and use the gym.

"I have a big appetite. If I didn't exercise, I'd probably be double the size I am. I've been so up and down with snooker over the years, I had to find a distraction."

Stuart Bingham won his opener with John Higgins 6-4 yesterday while Chris Wakelin beat Tom Ford 6-4.

Sport

FREDDIE FLINTOFF'S son Rocky smashed his first professional century for Lancashire – and did it off just 65 balls.

Flintoff, 18, hit 123 of Lancs' 443-6 total to see off Somerset by 174 runs in the One-Day Cup.

SHORT

Sport

RUGBY UNION club Bath could play their final two home games next term at Reading FC – while work is done on The Rec.

Royals owner Rob Couhig said: "We've had serious discussions."

SHORT

SPORTS ROUND-UP: RESULTS & FIXTURES

UEFA CHAMPIONS LEAGUE THIRD QUALIFYING ROUND SECOND LEG - Bodo/Glimt 3 Union Saint Gilloise 2 (AET: Score after 90 mins 2-2. Bodo/Glimt win 6-5 on agg), CM Celje 2 Ararat Armenia 0, FC Kairat 0 Levski Sofia 1 (Levski Sofia win 2-0 on agg), FK Kauno Zalgiris 1 Dinamo Zagreb 2 (Dinamo Zagreb win 7-1 on agg), Lyon 3 Sparta Prague 0 (Lyon win 4-2 on agg), NEC 2 Olympiacos 1 (AET: Score after 90 mins 1-1, NEC win 2-1 on agg), Red Star Belgrade 0 Hapoel Beer Sheva 2 (Hapoel Beer Sheva win 3-0 on agg), Sabah Baku 4 AGF 0 (Sabah Baku win 5-2 on agg), Slovan Bratislava 2 Mjallby AIF 0 (Slovan Bratislava win 4-1 on agg.), Sturm Graz 0 Fenerbahce 1 (Fenerbahce win 3-0 on agg).

EUROPA LEAGUE THIRD QUALIFYING ROUND SECOND LEG - Iberia 1999 2 Larne 1 (AET: Score after 90 mins 1-1. Iberia 1999 win 2-1 on agg).

ISTHMIAN PREMIER - Burgess Hill Town 3 AFC Whyteleafe 0, Chatham Town 3 Dulwich 1, Cray Wanderers 0 Cheshunt 0, Dartford 1 Brentwood Town 0, Eastbourne Borough 3 Three Bridges 2, Enfield Town 1 St Albans 2, Leatherhead 4 Welling 1, Maldon & Tiptree 1 Aveley 0, Stanway Rovers 1 Ramsgate 3, Whitehawk 0 Lewes 0.

NORTHERN PREMIER - Alfreton Town 2 Gainsborough Trinity 1, Bamber Bridge 1 AVRO 6, Bury FC 3 Curzon Ashton 2, Emley AFC 1 Ilkeston Town 2, FC United of Manchester 1 Leek Town 1, Lancaster City 1 Warrington Rylands 0, Quorn 0 Cleethorpes Town 5, Stockton Town 0 Ashton Utd 1, Warrington Town 3 Hyde Utd 0, Whitby Town 0 Guiseley 2, Workington 0 Redcar Athletic 1.

THE PITCHING IN SOUTHERN PREMIER CENTRAL - Alvechurch 3 Worcester City 1, Banbury Utd 2 Racing Club Warwick 1, Bromsgrove Sporting 2 Rushall Olympic 1, Halesowen Town P Stourbridge P (Postponed - new date to be confirmed †), Hitchin Town 1 Needham Market 3, Leamington 1 Anstey Nomads 1, Leighton Town 1 Kettering 1, Leiston 3 Bishop's Stortford 1, Peterborough Sports 0 Real Bedford 2, Stamford 0 Bury Town 1, Stratford Town 0 Redditch Utd 0. **SOUTH -** Bath City 1 Plymouth Parkway 1, Bracknell Town 3 Gloucester 2, Chertsey Town 4 Berkhamsted 1, Chippenham 1 Yate Town 1, Evesham Utd 0 Frome Town 4, Hanwell Town 2 Basingstoke Town 1, Havant and W 0 Uxbridge 2, Poole Town 0 Sholing 1, Taunton Town 5 Malvern Town 2, Wimborne Town 0 Chichester City 1.

KDM EVOLUTION TROPHY - Alloa 2 Stranraer 1, Banks ODee 1 Peterhead 5, Berwick 3 Hearts U21 4, Bonnyrigg Rose 1 Annan Athletic 0, Clachnacuddin 5 Dundee Utd U21 0, Clyde 1 St Mirren U21 4, Clydebank 4 Hibernian U21 0, Dumbarton 1 Airdrieonians 3, East Fife 2 Spartans 2, East Kilbride 5 Kilmarnock U21 3, Edinburgh City 3 Cowdenbeath 1, Elgin 1 Ross County 2, Forfar 0 Aberdeen U21 3, Formartine United 4 Dundee U21 1, Gala Fairydean 0 Rangers U21 4, Kelty Hearts 4 Motherwell U21 3, Montrose 2 Fraserburgh 0, Queen of South 4 Cumbernauld Colts 0, Stirling 4 Cove Rangers 2.

ATHLETICS

EUROPEAN CHAMPIONSHIPS (Birmingham): **Finals - Men, 100m:** 1 R Glave (Gbr) 10.09s, 2 J Azu (Gbr) 10.16, 3 O Ansah (Ger) 10.19. **Hammer:** 1 B Halasz (Hun) 84.25m, 2 MHummel (Ger) 81.30, 3 M Kokhan (Ukr) 79.49. 11 J Norris (GB) 74.61. **Long Jump:** 1 Mi Tentoglou (Gre) 8.44m, 2 S Ehammer (Swi) 8.29, 3 B Saraboyukov (Bul) 8.26, 12 A Yeo (Gbr) 7.48. **Women, 5000m:** 1 N Battocletti (Ita) 15m 37.84s, 2 M Garcia (Spa) 15:39.98, 3 M Majori (Ita) 15:40.65, 4 S Healy (Ire) 15:40.95, 5 H Nuttall (GB) 15:41.27, 16 I Weir (GB) 15:55.42, 19 I FitzGerald (GB) 16:00.07. **100m Hurdles:** 1 N Visser (Ned) 12.67secs, 2 PiSkrzyszowska (Pol) 12.67, 3 Laeticia Bapte (Fra) 12.73, 8 M Sey (Gbr) 13.01.

CRICKET

THE HUNDRED MEN

Manchester Super Giants v SunRisers Leeds

Old Trafford: SunRisers Leeds 127 (100 balls; A A P Atkinson 3-30); Manchester Super Giants 128-0 (67 balls; T L Seifert 80no). **Super Giants win by 10 wickets.**

	P	W	T	L	NR	RR	Pts
Rockets	8	6	0	2	0	0.740	24
Super Giants	8	5	0	3	0	0.791	20
SunRisers	8	5	0	3	0	0.603	20
MI London	7	4	0	3	0	0.262	16
Fire	7	4	0	3	0	-1.001	16
Brave	8	3	0	5	0	-0.015	12
Spirit	7	2	0	5	0	-0.151	8
Phoenix	7	1	0	6	0	-1.495	4

THE HUNDRED WOMEN

Manchester Super Giants v SunRisers Leeds

Old Trafford: SunRisers Leeds 166-4 (100 balls; A J Sutherland 62no); Manchester Super Giants 125-8 (20.0 overs; J L Jonassen 3-21). **SunRisers win by 41 runs.**

	P	W	T	L	NR	RR	Pts
Rockets	8	7	0	1	0	1.391	28
SunRisers	8	5	0	3	0	1.031	20
Brave	8	5	0	3	0	0.107	20
Super Giants	8	4	0	3	1	0.345	18
Fire	7	3	0	4	0	0.042	12
Spirit	7	2	1	4	0	-0.306	10
MI London	7	1	1	5	0	-1.275	6
Phoenix	7	1	0	5	1	-1.984	6

METRO BANK ONE-DAY CUP

GROUP A

Gloucestershire v Northamptonshire

Cheltenham: Northamptonshire 308 (46.4 overs; N A McSweeney 79; G A Bartlett 75; D J Ahmed 4-56); Gloucestershire 309-7 (49.2 overs; C T Bancroft 68; J R Eckland 68no; J R Bracey 56; D J Leech 3-59). **Gloucestershire win by 3 wickets.**

Somerset v Lancashire

Taunton: Lancashire 443-6 (50.0 overs; K K Jennings 156; R Flintoff 123); Somerset 269 (39.2 overs; T A Lammonby 68; T H Aspinwall 4-42; G P Balderson 4-58). **Lancashire win by 174 runs.**

Surrey v Nottinghamshire

The Kia Oval: Surrey 298-8 (50.0 overs; R S Patel 102; D P Sibley 84; D Y Pennington 4-54); Nottinghamshire 299-4 (47.5 overs; H G Munsey 138; K Verreynne 57no; H Hameed 51). **Notts win by 6 wickets**

Warwickshire v Kent

Rugby: Warwickshire 263 (45.1 overs; V L Jani 98; M E Milnes 4-52); Kent 176 (33.4 overs; E R Bamber 4-29; T C Ali 3-37). **Warwickshire win by 87 runs.**

	P	W	T	L	NR	RR	Pts
Leics	8	5	0	3	0	0.517	20
Lancashire	8	5	0	3	0	0.406	20
Notts	8	5	0	3	0	0.177	20
Warwicks	8	4	0	4	0	0.078	16
Surrey	8	4	0	4	0	-0.238	16
Kent	8	4	0	4	0	-0.607	16
Northants	8	3	0	5	0	0.127	12
Glocs	8	3	0	5	0	-0.096	12
Somerset	8	3	0	5	0	-0.383	12

GROUP B

Essex v Yorkshire

Chelmsford: Essex 151 (40.2 overs; B O Coad 3-22; D M Bess 3-32); Yorkshire 155-3 (31.4 overs; W J Bennison 60; J H Wharton 51no). **Yorkshire win by 7 wickets.**

Hampshire v Derbyshire

The Rose Bowl: Derbyshire 317-5 (50.0 overs; M K Andersson 125; B D Guest 67; H R C Came 62; T J Prest 4-73); Hampshire 309 (39.2 overs; A J Neal 110; N R T Gubbins 71; J S Lehmann 51; L M Reece 3-28). **Derbyshire win by 8 runs.**

Middlesex v Sussex

Radlett: Middlesex 354-8 (50.0 overs; J B Cracknell 128; N S Fernandes 92; T Munt 4-90); Sussex 262-10 (43.5 overs; J A Simpson 65; O J Carter 58; S H B Morgan 4-46). **Middlesex win by 92 runs.**

Worcestershire v Durham

New Road: Worcestershire 291 (49.1 overs; T A I Taylor 86; K L Aldridge 3-18); Durham 214 (38.5 overs; B S McKinney 82; B M J Allison 3-58). **Worcs win by 77 runs.**

	P	W	T	L	NR	RR	Pts
Middlesex	8	7	0	1	0	1.659	28
Yorkshire	8	6	0	2	0	0.778	24
Durham	8	5	0	3	0	0.089	20
Worcs	8	5	0	3	0	0.032	20
Hampshire	8	4	0	4	0	-0.083	16
Derbyshire	8	3	0	5	0	0.156	12
Essex	8	3	0	5	0	-0.203	12
Glamorgan	8	2	0	6	0	-0.930	8
Sussex	8	1	0	7	0	-1.517	2

TODAY'S SPORT

UEFA SUPER CUP

PSG v Aston Villa 8.0
(Live on TNT Sports 1)

FRIENDLY MATCHES

Everton v Newcastle.....5.15
(Live on Premier Sports)

Man Utd v Leeds.....7.30
(Live on Premier Sports)

Arsenal v Como.....7.30

Nottm Forest v B Leverkusen.....

Malaga v Fulham..... 8.0

KDM EVOLUTION TROPHY: Hamilton v Celtic U21 (7.45).

THE PITCHING IN SOUTHERN PREMIER SOUTH: Gosport B v Hanworth Villa (7.45).

CRICKET

The Hundred: Welsh Fire v London Spirit (Sophia Gardens Cardiff, Men 3.0, Women 11.30am), Birmingham Phoenix v MI London (Edgbaston, Men 6.30pm, Women 3.0).

RUGBY LEAGUE - Betfred Championship (7.30)**:** Barrow v Doncaster.

ATHLETICS EUROPEAN

CROWNING GLORY . . . Glave savours 100m gold

GLAVE HEARTS!

ROMELL GLAVE won gold as Britain celebrated a one-two in the men's European 100 metres final.

By ROB MAUL

Jamaican-born Glave wowed home fans at the Alexander Stadium as he crossed the line in 10.09 seconds – 0.07 ahead of Welshman Jeremiah Azu.

New champion Glave, 26, upgraded the bronze he took two years ago in Rome and then raved: "I am now the European champion.

"That's the job I set myself at the start of the season. It's an amazing accomplishment – I'm so grateful to be here."

It has been a slow burn for Glave, who was a promising junior but a fractured back put his career on hold for several years.

Yet on this track in June he broke ten seconds for the first time with a wind-legal 9.98 to become the national champion.

Azu *(right)*, 25, claimed silver ahead of German Owen Ansah, who took bronze in 10.19, and the Brit roared: "We got one and two, so we did pretty well. Super important as GB sprinters, we have Europe in a choke hold."

Italian Marcell Jacobs, the two-time reigning champ, pulled up at the halfway point and was seventh overall.

Brit Louie Hinchliffe withdrew injured just ten minutes before the final.

In the women's 5,000m final, Hannah Nuttall came fifth as Italy's Nadia Battocletti won gold to defend her title.

CRAM . . . crowd worry

Cram in the fans or it is a bad look

By ROB MAUL

STEVE CRAM led the criticism as empty seats marred the opening night of the European Athletics Championships.

Amy Hunt was crowned the women's 100 metres champion on Monday evening at the Alexander Stadium in front of a disappointing crowd.

The official attendance was 13,623 in a stadium with a boosted capacity of 23,000 for the seven-day event.

And many have hit out over the sky-high prices of tickets, travel and even the food inside the venue.

Category A tickets for yesterday's evening session were £110, with Category D priced at £40.

Tickets to see Keely Hodgkinson on Friday night cost between £70 and £150 and, based on the first night, many fans were voting with their feet.

Former world 1500m champ Cram, 65 — who is the BBC's main athletics commentator — said on Monday's TV broadcast: "A little disappointing in terms of spectators, I have to say that.

"Particularly down the back straight. There's not very many people at all in those stands."

The cost of food in the venue went viral on social media, with fans stunned by having to fork out £18.50 for a BBQ pork roll and £12 for loaded fries.

Golden girl Hunt's agent posted: "Crazy prices. Such a shame."

Access to the venue is also a sore point with park 'n ride tickets £22.50 — the "park 'n walk" option is £5 cheaper but requires 45 minutes on foot.

It comes as London prepares its presentation to host the 2029 World Athletics Championships to the sport's bigwigs.

Hodgkinson's coach Jenny Meadows said: "Hearing from fans regarding high ticket prices, parking issues and even people not knowing it was on."

But organisers say demand is above expectations.

A spokesperson said: "Birmingham 2026 is delighted with ticket sales, which have far surpassed our targets."

LEAVE 'EM IN THE SHADE

Keely shines brightest

KEELY HODGKINSON raced in sunglasses for the first time – to avoid getting wrinkles and "stop the Botox early".

By ROB MAUL

The Olympic 800 metres champion qualified fastest from the heats on day two of the European Athletics Championships.

Leigh athlete Hodgkinson eased down as she crossed the line first from heat one in 1min 57.28sec.

She sported a pair of wrap-around glasses on a bright day in the West Midlands – but it was for both cosmetic and practice reasons.

After booking her spot in tomorrow's semi-finals, the 24-year-old laughed: "I'm trying not to get wrinkles and stop the Botox early. So, sunglasses had to go on today.

"It's sunny out there. Sometimes it's quite nice just to like block everything out.

"I normally train with sunglasses on all the time.

"Will I wear them for the final? It's going to be 10pm. I'm not going to need them."

Hodgkinson's tilt at three straight 800m titles at European level – she was champion in 2022 and 2024 – will be under threat from Swiss rival Audrey Werro and Dutch sensation Femke Broeders-Bol.

British athletics' poster girl is known for being someone who does not enjoy early-morning starts associated with the qualifying rounds, preferring to have a long lie-in.

The three-time World Championship medallist, who was recently on a warm-weather camp in Portugal, said: "I think that's the fastest I've ever run in a heat at the European champs.

"I felt the girls pushing on my shoulder. I didn't want to overdo it.

"I'm happy and excited to show-case where I'm at and hopefully have the performance I know I'm capable of.

"It's always all about medals. They create legacy. The Europeans are just as important as the rest.

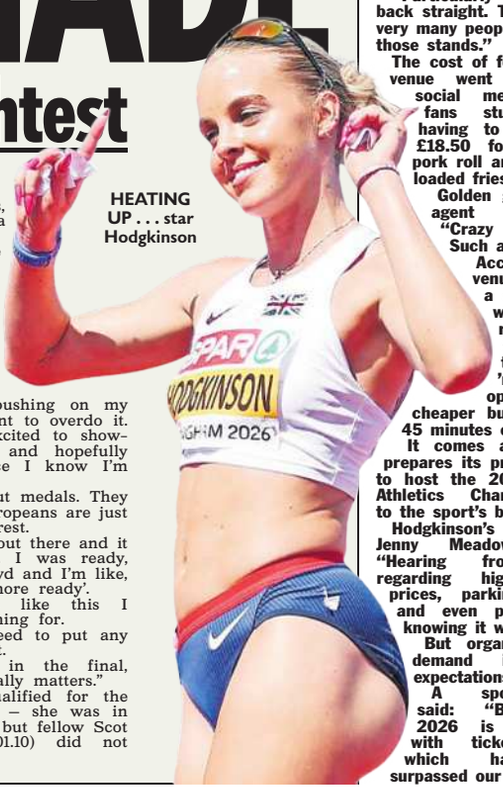
"I got goosebumps out there and it was very motivating. I was ready, then I heard the crowd and I'm like, 'OK, now I'm even more ready'.

"So it's moments like this I thoroughly enjoy training for.

"I don't think I need to put any kind of statement out.

"That will come in the final, hopefully, when it really matters."

JEMMA REEKIE qualified for the semi-finals in 1:58.45 – she was in eighth spot overall – but fellow Scot **ERIN WALLACE** (2:01.10) did not advance.



HEATING UP . . . star Hodgkinson

CHAMPS

She will rock you

QUEEN AMY QUAD BID

ONE DOWN, THREE TO GO! . . . proud Hunt shows off her 100m gold medal on Monday

AMY HUNT revealed the blueprint behind her ambitious bid for a historic quadruple of European golds.

By ROB MAUL

It consists of ABBA, Freddie Mercury, American rap music, gold earrings, word puzzles, siestas and innovative recovery technology.

Hunt, 24, is a special athlete – on and off the track – and winning **FOUR** golds in Birmingham would catapult her into the big time.

Part one was ticked off with women's 100 metres glory on night one of the European Athletics Championships.

Next up is the 200m – her heats and semis are today ahead of the final tomorrow night – before the women's and mixed sprint relay.

No British athlete has delivered such a clean sweep at the same championships but Hunt is not shy about outlining her big ambitions.

Asked why she is being so bold, Hunt said: "Because I want to be the best. I don't shy away from that. I train incredibly hard.

"I back myself so incredibly hard as I do want to be the best.

"I'm not saying I'm the best now. It's something I aspire to be.

"Now we have the introduction of the mixed relay, it gives me more chances to set out for gold.

"And I've got my more favourite event, the 200m, coming up."

Two nights before Monday's glory run, Hunt's parents gifted her a set of gold earrings – she normally wears silver jewellery.

And fighting back tears, she managed to add the accessory of a golden gong. Hunt, who studied English literature at Cambridge University, rewarded herself for the triumph with a "big fat lie-in".

She also wore high-tech Hyperice recovery boots between rounds to keep her muscles warm.

Her eclectic music taste ranges from US rapper Megan Thee Stallion to rock band Queen.

And she added: "I was definitely nervous. My coach scheduled a 20-minute nap but I didn't sleep for a second of that.

"But as soon as I get to the track, my nerves just disappear.

"Megan Thee Stallion kept me upbeat. A bit of Mamma Mia by ABBA was in there, too.

"In the press conference, I quoted one of my favourite songs by Queen . . . I Want It All."

She also plays New York Times games like Spelling Bee, Pips and Connections, plus Wordle – the popular online word puzzle.

Hunt said: "It wakes my brain up without kind of having to overthink. I've always done that.

"Even at training, we're all competitive every day about how many words we got on Wordle."

Like Italian coach Marco Airale, Hunt is self-critical of her races.

Though she ran 10.99sec and 11.00 – in the 100m semis and final – she knows she has to improve her sluggish starts.

Laughing, she added: "My coach would probably say it was trash. Maybe a little bit of Italian blasphemy in there.

"But it's just all about crossing the line first."

BAD NIGHT . . . Ramsay-Peaty

'S***' & MISS FOR SAD PEATY

ADAM RAMSAY-PEATY just missed the podium at the European Aquatics Championships in Paris — twice.

By ELIZABETH BYRNES

The swimming superstar arrived in Paris having won 16 golds from his 16 previous events at this level.

First up for Ramsay-Peaty in Paris was the 100 metres breaststroke.

But he was sixth by the turn and had too much ground to make up, eventually finishing in fifth.

The treble Olympic champ, 31, returned to swim the breaststroke leg as GB came fourth in the mixed medley relay – a time of 3min 41.71sec leaving them 0.19sec off the podium.

Ramsay-Peaty gave a blunt evaluation of his night, saying: "Hopefully it's not the new normal because it's boring as s***. I thought we executed it the best we could. The car just isn't as fast.

"It's like Formula One. I'm driving the car really well. It's just the speed isn't there and we've got to look at why.

"You look at the aerodynamics, the engine, you look at the suspension.

"For what I do, obviously I've got a ticking clock, so I need to find it fast."

KATIE SHANAHAN became the second Brit woman to win the 200m backstroke title, blasting a 2:06.13 national record.

The Scot upgraded her silver from 2022 and said: "To finally get that gold, it's so special. It might take a while to sink in."

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PREM

GUNNER BE GREAT

LITTLE BIT OF HEART & TZOL

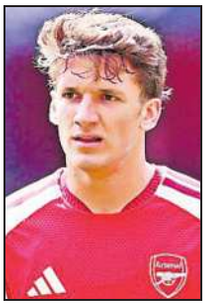
Christos backed to crack second shot

By CHARLIE WYETT
EXCLUSIVE

CHRISTOS TZOLIS has been backed to take his second Prem chance — just like Arsenal team-mate Viktor Gyokeres.

The Greek winger returned to English football this summer following a failed two-year stint at Norwich from 2021.

Tzolis, 24, arrived in North London in a £34million deal having gone away and earned his stripes in Germany and Belgium.



A loan deal to Bundesliga 2 outfit Fortuna Dusseldorf three years ago landed him a move to Club Brugge.

And 43 goals and 43 assists in just two seasons with the Belgian Pro League side caught the Gunners' attention.

Striker Gyokeres also had to be patient to eventually get his opportunity after a dismal spell at Brighton.

He hardly kicked a ball in his three years at the Amex.

But after banging the goals in for Sporting in Portugal's top flight, the Sweden star was signed by the Gunners for £64m last summer — and helped them win the Prem title in his first season.

Now Tzolis *(below, with the Canaries in 2023)* is hoping to do the same — and Stuart Webber, the former Norwich sporting director who signed him, told SunSport: "I'm delighted for him because he's a beautiful human being and he has an amazing family.

"He deserves everything he's getting. I really hope he proves he can now play in the Premier League.

"Gyokeres was at Brighton for longer than Christos was at Norwich and he had loads of loans. It didn't quite work, Gyokeres went away and came back stronger.

"Christos worked under Daniel Farke, Dean Smith and David Wagner. All three managers who have managed in the Premier League.

"They couldn't quite get the best out of him at that time. He was just the right player at the wrong time.

"It wasn't his fault. It's the club's and the team's fault. He was as disappointed as any of us. It didn't work out but we all take great pride to see what he's doing now.

"It's amazing he's now fulfilling his undoubted talent. There's a real sense of pride because it backs up what we all knew at the time.

"It's not anyone's fault. This happens with young players."

Tzolis *(left)* has impressed in pre-season for the Gunners and is hoping to get the nod on the left wing in Sunday's Community Shield against Manchester City after shining for Brugge in front of goal.

Webber, who revealed the Canaries saw off competition from five clubs to sign him back in 2021, believes Tzolis would not be where he is now had he stayed at Carrow Road.

He said: "It's no surprise now. When you look at what he's done since at Dusseldorf and then at Brugge, and obviously hopefully now at Arsenal as well.

"You have loads of wingers who are hit and miss in terms of their quality. Christos, if he gets a chance, normally scores.

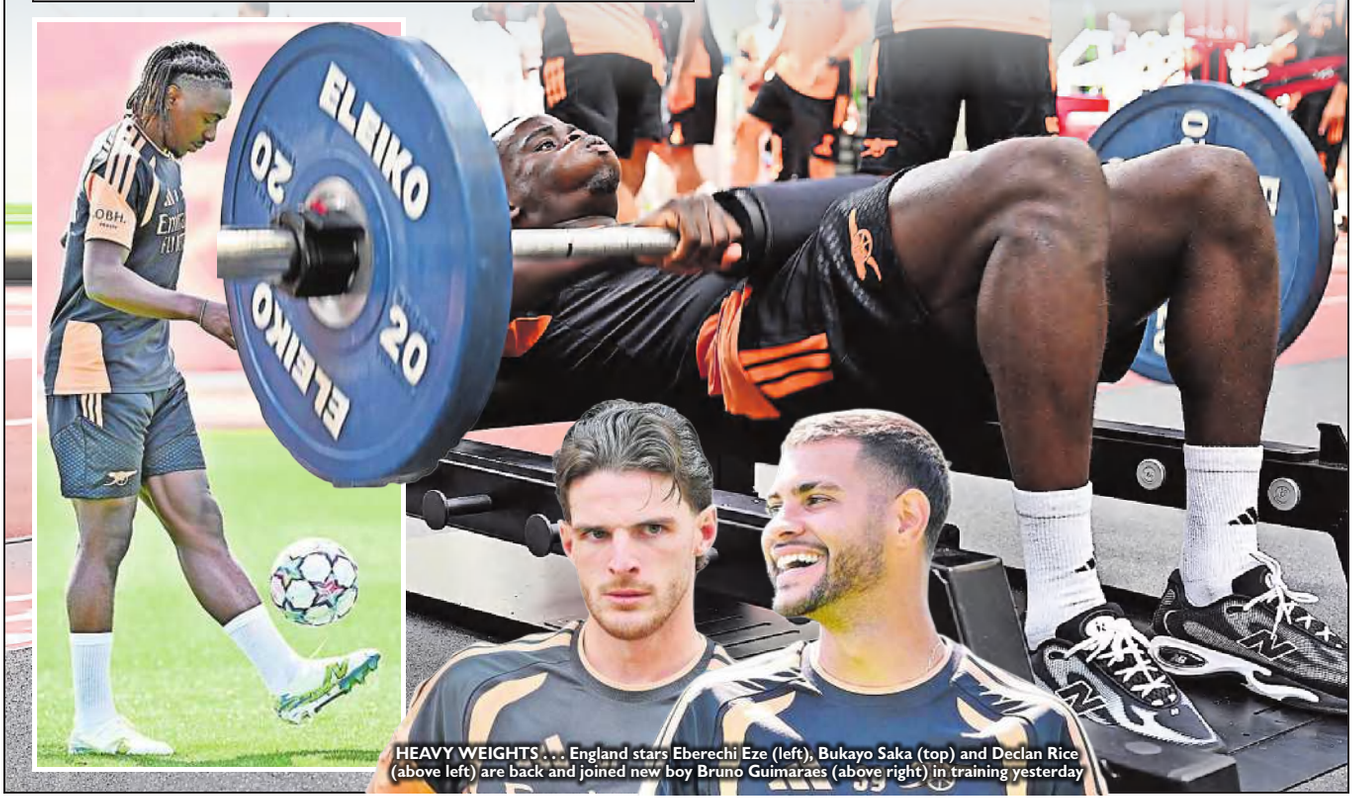
"That really stood out, his ability to finish.

"His movement in behind, he almost played more like a wide forward. He had a real striker's instinct about him, even though he was playing as a wide player.

"Christos is not rapidly quick. He's not slow but he's not rapid. He wasn't a player who was going to take the game away from the opposition.

"Christos' loan spell at Twente did not work out either — but he went out again to Germany.

"I'm not sure he would have become the player he has if he'd stayed with us, he needed what happened next. Which was a Fortuna Dusseldorf move."



HEAVY WEIGHTS . . . England stars Eberechi Eze (left), Bukayo Saka (top) and Declan Rice (above left) are back and joined new boy Bruno Guimaraes (above right) in training yesterday

HALL . . . Red Devils link

MLS

From Back Page

at left-back. Newcastle's Lewis Hall, 21, still wants to join United — though Toon chiefs are determined to keep him.

And United would settle for Lewis-Skelly as their left-back recruit amid difficulties prising away Hall.

Chelsea are also mulling over the prospect of signing the teenager from their London rivals — but it is still unclear whether they will make a move.

Lewis-Skelly is available for a transfer after Arsenal bolstered their midfield with the £75m addition of Bruno Guimaraes from Newcastle.

MLS is represented by his mother, Marcia, who has carefully managed her son's career since he was a schoolboy.

However, sources say any transfer could be complicated, as a number of agents are attempting to help facilitate a deal.

The Hale End academy graduate only signed a five-year contract at the Emirates last summer.

Arsenal boss Mikel Arteta restricted Lewis-Skelly to just two Prem starts during the first eight months of 2025-26, amid reservations over his lack of maturity.

But Lewis-Skelly started in five of Arsenal's final six matches, including the Champions League semi-final win against Atletico Madrid and final defeat to Paris Saint-Germain.

Any potential move would likely demand a record sale for Arsenal, who are yet to eclipse the £35m they received for Alex Oxlade-Chamberlain back in 2017.

Lewis-Skelly faces a battle with Guimaraes, Declan Rice and Martin Zubimendi for a place in the Gunners' midfield engine room.

And Riccardo Calafiori and Piero Hincapie are both ahead of him as Arteta's left-back options.

PREM COUNTDOWN

9 DAYS TO GO

COVENTRY are back in the top flight after 26 years — they were in League Two **NINE** years ago, finishing sixth in 2017-18 before winning the play-offs.

Frank Lampard's Sky Blues won the Championship last season, 11 points ahead of Ipswich in second.

Rash craic shot

'FORD FOCUS . . . Marcus Rashford is back in Red Devils training in Ireland while (inset) Bruno Fernandes takes selfies with United fans

MARCUS RASHFORD was seen training with Manchester United for the first time in 19 months.

By KATHERINE WALSH

The England winger, 28, returned to his boyhood club as part of Michael Carrick's squad in Ireland.

Open training plans were shelved so there will be no added spotlight as the forward beds into the group in Maynooth, County Kildare.

Fresh off his post-World Cup break, Rashford will likely sit out tonight's friendly against Leeds at Croke Park.

He is likely gearing up to face the man who forced his exile from United – who finish pre-season against Ruben Amorim's AC Milan in Poland on Saturday.

Rashford playing for United again felt unthinkable when he was loaned out to Barcelona last summer.

But well-placed sources say the Carrington graduate is keen to stay put and fight for his place.

There has been interest from some of United's Prem rivals but nothing concrete as the transfer window closes in three weeks.

It is understood Rashford would prefer not to move to Turkey, where Fenerbahce are keeping tabs, or Saudi Arabia as he still has ambitions to play at the top level.

Rashford – who has two years left on his £325,000-a-week deal – last trained with United in January 2025 before a six-month loan move to Aston Villa.

PREM NAME THAT TOON

JAISS SIR, I CAN BOOGIE

New boss gets song already

MATTHIAS JAISSLE'S smile was wider than the Tyne when he discovered the Toon Army's booming new chant for him.

By GARY STONEHOUSE

But the German boss knows Boogie Nights will not return until he sorts out the "vacuum" of leaders at Newcastle.

Fresh from linking up with the club in Spain last week, Jaissle, 38, was officially unveiled at St James' Park yesterday.

Status Quo's Rockin' All Over The World, with a rehashed closing line of "Eddie Howe and Jason Tindall", used to be a hit with the Geordie faithful.

But it was "Oh Jaissle, I can boogie" being sung in the Mestalla as Yoane Wissa's double earned a 2-1 win over Valencia in Saturday's first pre-season game in charge.

Jaissle *(right)* chuckled: "I heard it once, was smiling and my staff already said they're looking forward to sitting after a match in the bar and listening to the song.

"I'm really happy fans appreciate me already. The welcome was unbelievable, I'm really grateful.

"When I entered the pitch with my assistant coaches, we were just looking at each other with a big smile. Goosebumps. It's just really special."

Jaissle wasted little time working with the leftovers of Howe's squad and the club's exciting new additions out in La Manga.

Despite the optimism of a new era, there is also a realisation the "transition" period to get the Toon fighting for the top six again could take a while.

And Jaissle said: "We are ambitious. It is why I decided to come here.

"This will not happen overnight – especially when you have such a big transition phase now.

"I'm long enough in the industry that you can't promise anything."

A bruising summer has seen the wage bill slashed and the squad decimated of experience.

Bruno Guimaraes, Anthony Gordon, Sandro Tonali and Kieran Trippier have all gone, while long-term No1 Nick Pope will be next out of the door.

And a move to add Prem nous by signing ex-Southampton and Tottenham midfielder Pierre-Emile Hojbjerg, 31, from Marseille looks to have broken down.

But talks are underway to sign Benfica's 23-year-old full-back Amar Dedic.

Jaissle, whose side face Everton tonight at Murrayfield, admits his first task is to address the lack of leaders before they kick off their Premier League campaign against Liverpool.

He added: "We are now in that transition phase. Everyone knows the players that left.

"They were great characters – great, experienced players. This is now a vacuum, as you call it, but that just means that other players have to step in.

"Either we now sign these profile of players, or other players need to step up and fill these leadership roles.

"Without saying too much, we are aware of what we need and the squad we want.

"Internally, everyone is aware of that and we are working on the solutions now."

IT'S MY TYNE . . . Jaissle is unveiled at St James' yesterday

SPENCE . . . keen to go

Djed's so Inter 'em

By JOSHUA HALL

DJED SPENCE is closing in on a £25.6million switch to Inter Milan.

The Tottenham ace, 26, is keen on the move and Inter need a full-back after selling Denzel Dumfries to Real Madrid.

Spence — who joined Spurs from Middlesbrough in 2022 — shocked many as his displays helped drag Thomas Tuchel's England to the World Cup semi-finals despite a poor domestic season.

But the Londoner now finds himself battling Andy Robertson, who Tottenham have signed on a free, as well as Destiny Udogie and Pedro Porro.

There has also been interest in Spence from David Moyes' Everton — but Inter lead the race.

Trump's Fifa plea

By ETIENNE FERMIE

DONALD TRUMP says Fifa axing Gianni Infantino would be a big "mistake."

Fifa chief Infantino is under pressure after his plan to sell off part of the World Cup collapsed.

Uefa, Concacaf and the AFC have jointly accused the Swiss, 56, of "breaking trust through deception" — and called on him to resign.

But US president Trump, an ally of Infantino after this summer's finals in the Americas, has hit back.

He posted on Truth Social: "Fifa would be making a terrible mistake if, for any reason, they even considered replacing president Gianni Infantino.

"He is fantastic, having just presided over the most successful World Cup — by four times — ever."

PFA go to court

THE players' union is taking the EFL to court over changes to League One salary-cap rules.

The division's clubs approved reducing the amount they can spend on wages from 60 per cent to 50 per cent in May.

It was with "the aim of reducing losses and the reliance on owner funding".

But the PFA believe it "was not in line with the consultation and agreement process required".

In response, a "concerned and disappointed" EFL said they "cannot ignore the financial pressures facing clubs".

EFL chief Trevor Birch added: "Stable clubs are better placed to honour contracts, pay wages on time, invest in facilities and create long-term opportunities for players."

RIVALS . . . Pep and Jose

Pep call over doc

By RAHMAN OSMAN

PEP GUARDIOLA swerved making an appearance in Jose Mourinho's Netflix documentary — because his great rival did not ask him personally.

The three-part series, released this week, covers the current Real Madrid coach's journey to becoming one of the world's greatest managers.

One tale that caught the eye was the Portuguese being lined up to replace Sir Alex Ferguson as Manchester United manager, when he quit in 2013.

Jose performed a U-turn to return to Chelsea, with David Moyes taking the Red Devils' hotseat instead.

But there was no sign of ex-Manchester City chief Guardiola in the episodes.

The Catalan developed a big rivalry with Mourinho during their time at Barcelona and Real Madrid — then City and United.

Director Joe Pearlman told SunSport: "We did reach out to Pep, who agreed to do an interview but it was on the condition Jose reached out to him in person. You can imagine how that went down."

PHILLIPS . . . loan move

Kal back at Blades

By ISABELLE BARKER

KALVIN PHILLIPS is back at Sheffield United on loan.

The Manchester City midfielder, 30, spent part of last season at Bramall Lane but managed only three appearances before a knee injury curtailed his stint.

Phillips said: "I'm very happy. This was the move I wanted.

"My time was spoiled by my last game and the injury after that — so I'm here to put that right."

This is his FOURTH loan from City and he has two years still left on his deal.

Phillips was sold by Leeds to City in 2022 for £42million but has not played for them in the Prem since 2023.

Blades boss Chris Wilder said: "Kalvin is a winner. He's achieved plenty in his career and he'll set the example to this young squad."

But Wilder faces losing Gustavo Hamer to the Dutchman's former side Coventry.

The playmaker, 29, is closing in on a £6m switch back to the Sky Blues.

SHAUN WRIGHT-PHILLIPS Takes Blue

MARESCA MUST BE STRICTLY HIMSELF ..AND STICK WITH DANCING WINGERS!

QUICK FEAT . . . Maresca is already making his mark

PASO DOUBLE . . . but while they're similar, Maresca can't copy Pep (left)

BORO KO GETS ENZO VOTE

ENZ WELL . . . Maresca holds up the 2006 Uefa Cup

ENZO MARESCA admits the night he sank two future England managers in one go ranks as the highlight of his playing career.

By MARTIN BLACKBURN

The new Manchester City boss was part of the Sevilla team who met Steve McClaren's Middlesbrough in the 2006 Uefa Cup final.

It was the Boro chief's final game in charge before he left to take the Three Lions job a couple of months later.

His skipper that night in Eindhoven was Gareth Southgate, who stepped up to be Boro boss after McClaren's departure.

Maresca started the game and scored two late on in a clash that ended 4-0 to the Spaniards.

Former midfielder Maresca, 46, played for 11 clubs over two decades but says that night was one of his most memorable moments.

The Italian recalled: "I got two and I could have had a hat-trick.

"It was a good team. Dani Alves was there and Adriano.

"I remember the Middlesbrough team with Southgate, and McClaren was leaving to go to England.

"Jimmy Floyd Hasselbaink also played and he mentioned the game when we worked together at Chelsea.

"Scoring twice in that final was a career highlight. Then after, when you win that trophy you play against the team that wins the Champions League in the Super Cup.

"Barcelona had beaten Arsenal 2-1 in Paris so we faced them. Messi was there and we beat them 3-0. And I scored again! So the two European finals probably were the best moments."

Maresca started out as an AC Milan youth-team player and was sad to hear Rossoneri legend Franco Baresi had passed away, aged 66, last month.

He said: "There was never a central defender like him but it wasn't just him – that team had Marco van Basten, Ruud Gullit, Frank Rijkaard, Roberto Donadoni, Carlo Ancelotti, Paolo Maldini and Alessandro Costacurta.

"They won the Champions League and it was the best team. Arrigo Sacchi was manager and at that time he changed football like Pep Guardiola did in the last 20 years."

When he looks back on that golden era in Italian football in the 1990s, he finds it hard to believe his home nation have not made an appearance at the last three World Cups.

Maresca added: "The best players, best manager, the best football was in Italy at that time. But now . . . three World Cups out.

"Now we don't produce enough players and there are too many foreign players who are not at a high level – but they are cheap."

COMPLETE MARE . . . Boro are made to suffer as Maresca puts Sevilla 2-0 up in Eindhoven final

ON NEW CITY BOSS to tango

STRICTLY ace Shaun Wright-Phillips has told new Manchester City boss Enzo Maresca not to try to follow in the dazzling footsteps of Pep Guardiola.

By MARTIN BLACKBURN

And he is also tipping the array of twinkle-toed wingers now assembled at the Etihad to lead Prem defenders on a merry dance this season.

Ex-City star SWP – who begins preparations for the hit BBC show tomorrow – was with the squad in the Far East in his role as a club ambassador.

He was excited to see the wide players such as Antoine Semenyo, Savinho, Jeremy Monga and Ryan McAidoo play such a 'tricky and jinky' part under the new boss.

They also have Jeremy Doku to add into the mix, with the Belgian flier due to sign a new long-term contract at the club this week.

Out-and-out wingers were not always used in that way by Guardiola – and SWP is pleased to see the Italian is putting his mark on things.

He said: "You can never follow Pep – and you don't try to follow him.

"Whatever he tries to achieve at this club, he has to walk his own path, take his own route.

"If you start thinking about trying to follow a manager like that, people would say, 'It's copying'.

"So he has to do it his own way – everybody expects that."

Maresca is a former assistant to Guardiola and has been selected by the Etihad hierarchy because he shares a similar philosophy.

Wright-Phillips, 44, added: "He's been at this club before, he knows the model.

"He knows the structure. Now it's just about adding the tweaks to make sure it's what he wants and to give it that identity.

"It looks like he is a good fit, though. The players have loved their time with him – it looks like they are enjoying their football, smiles on faces, and that's the most important thing.

"If they're smiling that's how to get the best out of those players.

"You can see he's trying to put his own imprint on it. Every manager comes in with their own ideas. In the games I've watched, you can see them coming through, those patterns.

"Now it's just about installing it so in some ways you could do it blindfolded – it's really cool to see."

City's wing play was something that stood out in the friendlies against Inter Milan, Atletico Madrid and the K-League All Stars.

SWP said: "That automatically says the manager trusts you and believes you can take on anyone – it doesn't matter who it is.

"He's telling you that's what he wants you to do – so you think of Doku, Savinho, Monga.

"That's what you want to hear.

"The wingers are higher.

"I was always told sometimes you have to cheat as a winger because it's a game of cat and mouse. And you can see these wingers doing it, really high."

Asked who he is most excited about seeing this season, the former City and Chelsea wideman said: "I'm just going for wingers. I say Semenyo all the time so I'll give him a break.

"I'd say Jeremy Monga and Ryan McAidoo. They are wingers and inventive.

"They find ways to play. Semenyo will take it both ways to find ways to score. But those two . . . they're a little bit tricky and jinky."

Throughout the past ten years it was always defender John Stones, now with Inter, who turned the City dressing room into a dance floor.

Asked who the best dancer might be now, SWP said: "I reckon Foden might have a few moves."

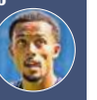
Strictly no red for Shaun — Page 3

E'S UP FOR IT . . . City ambassador Shaun Wright-Phillips (fourth left) at a Gen G gaming experience in South Korea

TWINKLE TOES . . . tricky City winger Ryan McAidoo

EXCLUSIVE by JUSTIN ALLEN

PREM new boys Hull are in pole position to land Millwall winger Femi Azeez.



The Lions have already knocked back a record transfer bid for the 25-year-old *(right)* — an offer that eclipsed the £14.5million fee they got when Romain Esse moved to Crystal Palace.

Millwall chiefs know it will be difficult to retain speed king Azeez despite standing firm so far.

The Sun TRANSFERS EXPOSED

SCAN HERE TO WATCH THE LATEST SHOW

Toff choice for Walker

EXCLUSIVE by CHARLIE WYETT

KYLE WALKER has emerged as a target for Everton boss David Moyes.

The Burnley right-back, 36, has come close to joining the Merseysiders twice before.

He moved to the Clarets from Manchester City on a two-year deal last summer, which came when a proposed switch to the Toffees fell through.

And Walker *(left)*, who earned 96 England caps, also nearly joined them as a teenager.

Despite making 35 Prem starts for Burnley last term, he could not save them from relegation.

If he moves to the Hill Dickinson, it is expected to be for a nominal fee.

Meanwhile, Everton and Crystal Palace have completed their swap deal involving Dwight McNeil and Brennan Johnson.

Johnson has signed for the Toffees and McNeil for Palace, both on four-year deals.

DEFENDER Ousmane Diomande spoke of his pride at joining a "historic" club like Nottingham Forest.

The 22-year-old, who joined for £34million from Sporting, added: "We can achieve very good things."

SHEA CHARLES is Northern Ireland's most expensive footballer after joining Fulham in a £30million deal.

The midfielder, 22 — who has arrived from Southampton — said: "I'm buzzing and this club is perfect for me."

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For patients registered with participating GP surgeries. Prescription charges may apply. Order via boots.com for free delivery via Royal Mail in England only & online tracking. Subject to availability. *Sign up to text messaging service required. **Rating from boots.com, average rating 4.5 captured 9 December 2025.

EUROPEAN SUPER CUP

PSG v

FLASHBACK

JAN 19 1983 — SUPER CUP — 1ST LEG

BARCELONA ..... (0) 1
Marcos Alonso 52

ASTON VILLA ..... (0) 0
(Nou Camp, **40,000**)

JAN 26 1983 — SUPER CUP — 2ND LEG

ASTON VILLA ..... (0) 3
Shaw 80, Cowans 100, McNaught 104

BARCELONA ..... (0) 0
(Villa Park, **31,570**)

(aet. Villa won 3-1 on agg)

VILLA came back from a 1-0 deficit to win the Super Cup in a brutal second leg at home in extra time — with three players sent off.

Gary Shaw *(below)*, Gordon Cowans and Ken McNaught were Villa's scoring heroes, but the match will be more remembered for cards than the goals.

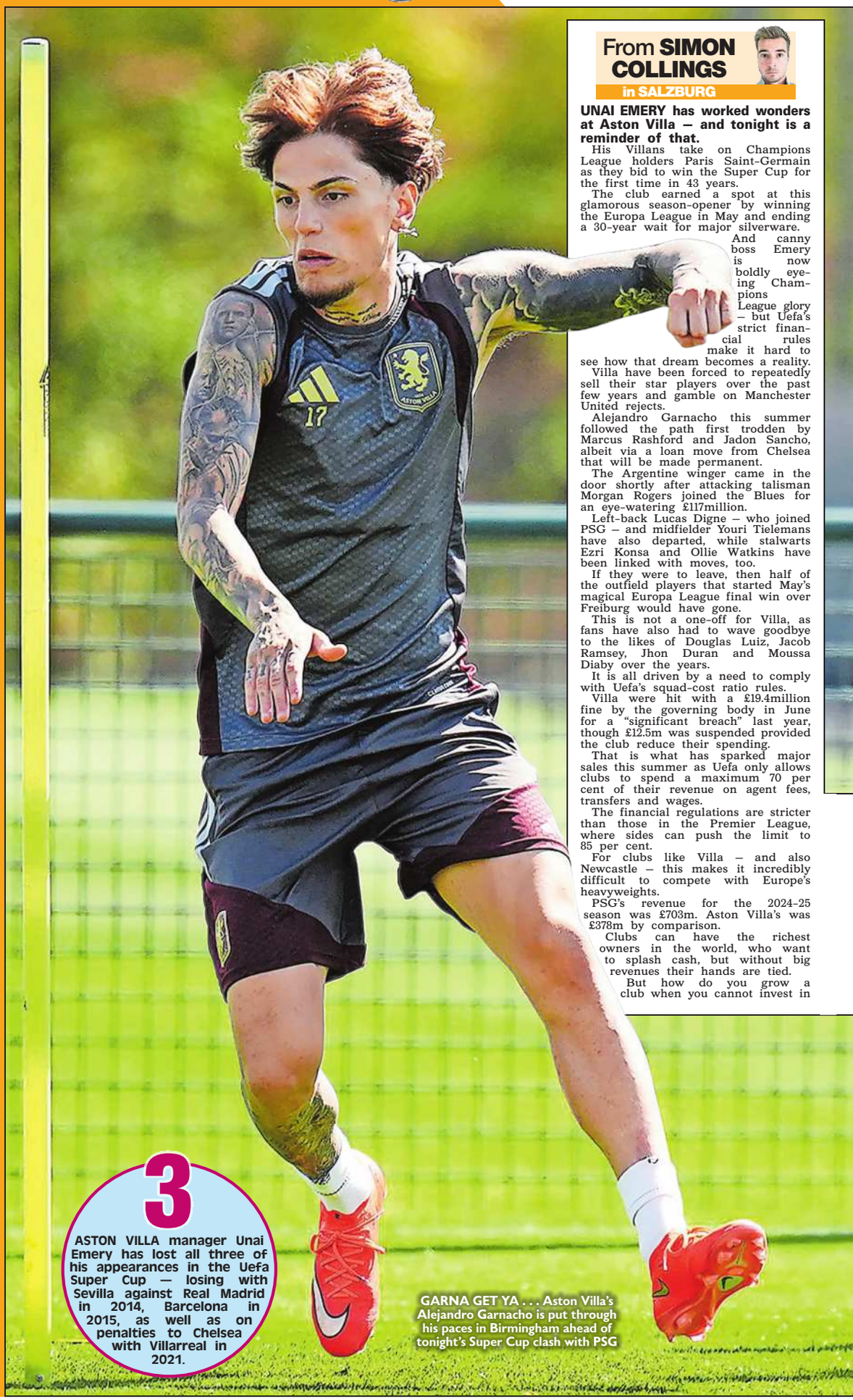
Julio Alberto was first to go for two bookable offences and striker Marcos Alonso followed for dissent.

Spanish keeper Javier Urruti was lucky to stay on for a flying kick.

Villa's Allan Evans was sent packing five minutes from the end of extra time for a reckless and unnecessary foul.

By that time, Barca had lost the match, their heads and two players.

BARCELONA: Urruti, Sanchez, Migueli, Julio Alberto, Ortega, Alexanko, Marcos Alonso, Schuster, Periko Alonso, Munoz, Carrasco (Quini, Manolo). **Manager:** Udo Lattek



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ASTON VILLA manager Unai Emery has lost all three of his appearances in the Uefa Super Cup — losing with Sevilla against Real Madrid in 2014, Barcelona in 2015, as well as on penalties to Chelsea with Villarreal in 2021.

GARNA GET YA . . . Aston Villa's Alejandro Garnacho is put through his paces in Birmingham ahead of tonight's Super Cup clash with PSG

From **SIMON COLLINGS** in SALZBURG

UNAI EMERY has worked wonders at Aston Villa — and tonight is a reminder of that.

His Villans take on Champions League holders Paris Saint-Germain as they bid to win the Super Cup for the first time in 43 years.

The club earned a spot at this glamorous season-opener by winning the Europa League in May and ending a 30-year wait for major silverware.

And canny boss Emery is now boldly eyeing Champions League glory — but Uefa's strict financial rules make it hard to see how that dream becomes a reality.

Villa have been forced to repeatedly sell their star players over the past few years and gamble on Manchester United rejects.

Alejandro Garnacho this summer followed the path first trodden by Marcus Rashford and Jadon Sancho, albeit via a loan move from Chelsea that will be made permanent.

The Argentine winger came in the door shortly after attacking talisman Morgan Rogers joined the Blues for an eye-watering £117million.

Left-back Lucas Digne — who joined PSG — and midfielder Youri Tielemans have also departed, while stalwarts Ezri Konsa and Ollie Watkins have been linked with moves, too.

If they were to leave, then half of the outfield players that started May's magical Europa League final win over Freiburg would have gone.

This is not a one-off for Villa, as fans have also had to wave goodbye to the likes of Douglas Luiz, Jacob Ramsey, Jhon Duran and Moussa Diaby over the years.

It is all driven by a need to comply with Uefa's squad-cost ratio rules.

Villa were hit with a £19.4million fine by the governing body in June for a "significant breach" last year, though £12.5m was suspended provided the club reduce their spending.

That is what has sparked major sales this summer as Uefa only allows clubs to spend a maximum 70 per cent of their revenue on agent fees, transfers and wages.

The financial regulations are stricter than those in the Premier League, where sides can push the limit to 85 per cent.

For clubs like Villa — and also Newcastle — this makes it incredibly difficult to compete with Europe's heavyweights.

PSG's revenue for the 2024-25 season was £703m. Aston Villa's was £378m by comparison.

Clubs can have the richest owners in the world, who want to splash cash, but without big revenues their hands are tied.

But how do you grow a club when you cannot invest in

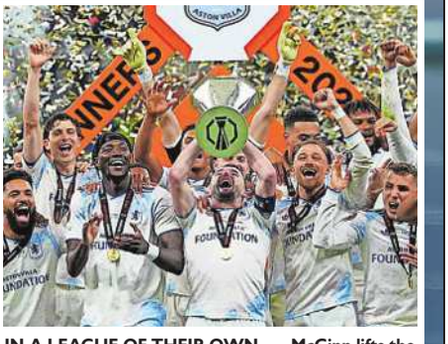
ASTON VILLA

8pm, TNT Sports 1 & talkSPORT

UNAI CYCLE

New Emery revolution as Uefa tie Villa hands

WE VILL OVERCOME . . . Villans boss Unai Emery (right) plots the downfall of the European champs



IN A LEAGUE OF THEIR OWN . . . McGinn lifts the Europa League trophy with his Villa pals back in May

the squad? It is naturally a frustration for Villa fans and those at the club, with director of football operations, Damian Vidagany, bemoaning the regulations at a fans' forum in April.

He said: "I always say that to have a flat percentage of a squad cost is something unfair.

"It is like putting the same flat rate of tax on every citizen, not dependent on their income. It is not made for the teams who we aim to be at the top with.

"Manchester City, Chelsea, big clubs passed through a moment without Financial Fair Play restrictions – but even with it, we are going to make it."

Being boxed into a corner by financial rules has forced Villa to punch above their weight.

And thankfully, in Emery, they have a coach who is an expert at doing exactly that.

He said yesterday: "The club are making a huge effort to be in the same direction as I am trying to be.

"They are trying to extend Villa Park to 50,000 supporters. We are increasing our budget through results on the pitch, sometimes selling players, being consistent, expecting a high level and more or less keeping it."

This is the fourth Super Cup of Emery's career and it is telling that the other three were when he was managing Sevilla and Villarreal.

During his three full seasons at Villa Park, the Spaniard has won the Europa League and twice qualified for the Champions League.

Emery has done all that during a period in which no current Premier League club have had a lower net spend than Villa.

Victory over PSG tonight could be the latest feather in Emery's cap and it would be sweet, too.

He won the French top flight during his two years in Paris but is hardly revered there.

And, likewise, Villa fans would surely love to get some revenge over PSG after losing narrowly to them in the quarter-final of the Champions League two seasons ago.

Luis Enrique's side went on to win the whole thing that year, and retained their crown in May with a penalty shootout victory over Arsenal.

They did that thanks to a huge squad that Emery could only dream of, and Villa will be stretched tonight.

The team should look very different to the one that beat Freiburg to get Villa to Salzburg, so it is no wonder Emery has dubbed this a "new era".

The Spaniard will just hope it starts with a bang tonight.

LUIS IS SUMMIT SPECIAL

SALZBURG is a fitting location for Luis Enrique to kick off a season he starts as the best coach in the world.

From SIMON COLLINGS

The Spaniard has been telling his Paris Saint-Germain players that, despite winning the Champions League twice in a row, they cannot stop climbing "Everest".

The hills that surround this Austrian city are no match for the world's tallest mountain – but they do at least hammer home his metaphor.

Ahead of tonight's Super Cup clash against Aston Villa, PSG captain Marquinhos said: "Well, this shows the philosophy of the club, of the coach.

"Every day in training sessions, he is looking to strive for the best.

"I remember on day one he said that we had Everest to climb. That is what we are doing – he doesn't let us go down from Everest. Luis Enrique is a coach that doesn't let us rest on our laurels just because we won titles in the past.

"The titles are part of history. Now we want to keep winning more trophies. The message is very clear this season."

It is that relentless drive which makes Enrique the world's best in the eyes of his players.

And it is hard to argue now Pep Guardiola is no longer on the scene after leaving Manchester City in May.

PSG are chasing a third Champions League triumph in a row, which is a feat only Real Madrid can boast.

Enrique has built a formidable team, one that has combined substance with style.

They scored 45 goals on their way to lifting Ol' Big Ears last season, more than anyone else.

And they will take some stopping – not only for Villa tonight – but also for the rest of Europe this season.

Enrique feels refreshed after a seven-week holiday with his family.

Although, for a man whose hobbies include endurance cycling and marathons, you wonder how relaxing it was.

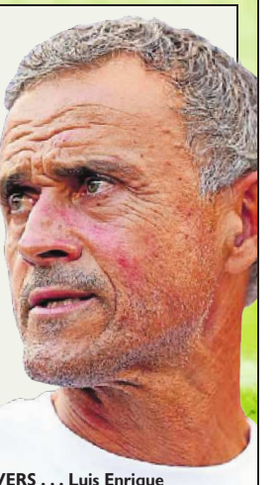
PSG have been back in training for just over two weeks and the sessions have ramped up as players return from the World Cup.

Enrique has told the squad he knows they will not peak until later – but he would still love to start the campaign with a win tonight.

PSG midfielder Vitinha said: "We will do everything to get more titles.

"It is a reset. Let's forget about titles we have already won and let's focus on the future.

"Now we keep wanting more."



PEAK OF HIS POWERS . . . Luis Enrique is widely considered the world's best coach

KONSA . . . still resting

GINN

From Back Page

expect as much as possible. We've consistently competed with the best in England and Europe.

"There is a lot of change but when you look at other clubs around England, there is a lot of change there as well.

"A lot of coaches and players changing. But what we still have is our core — same manager, same methods, same desire to achieve more."

McGinn has been at Villa for eight years, back when they were playing in the Championship.

And the Scot believes Villa's solid foundations will serve them well.

He added: "When your players are performing at the highest level, there's going to be interest.

"We've got a structure, we've got standards and rules which have made us successful.

"Our job is to integrate the new players now and try to make them believe — in the same way the players in the last few seasons have believed.

"And I'm really excited by the 'new Aston Villa'."

Boss Unai Emery is without Emi Martinez, Ezri Konsa and Ollie Watkins after giving them until the end of this week to rest post-World Cup.

Swiss midfielder Johan Manzambi — a £52million club-record signing — is out with a knee injury.

Emery's side are taking on PSG here at the Red Bull Arena in Salzburg and the French side have been given an extra dressing room for the clash.

They successfully lobbied Uefa for more space.

Winger Bradley Barcola, linked to Liverpool and Arsenal, is in PSG's squad.

Asked about his future, boss Luis Enrique said: "I don't want to speak about any player individually as it's always dangerous."

Ref's cup duty pride

From SIMON COLLINGS

THE Somali referee kicked out of the World Cup has expressed his gratitude at being picked to officiate tonight's Super Cup.

Omar Artan was refused entry by US immigration for an alleged "association with suspected members of terror organisations".

He strongly denies this and his treatment caused outrage back in Somalia.

Now the official gets his chance on the big stage here in Salzburg when Aston Villa take on Paris Saint-Germain.

On the World Cup, Artan said: "It was a very tough period. When someone works for a lot of years to do something and then can't, it's very challenging.

"I'm so grateful for the support I've had."

thesun.co.uk/sport
Sun Sport

BEGINN AGAIN

From SIMON COLLINGS

JOHN McGINN claims Aston Villa can still compete with Europe's elite — even after losing their star players.

Morgan Rogers, Lucas Digne and Youri Tielemans were all sold this summer so the Villans could comply with Uefa's financial rules.

But skipper McGinn backs the 'new Villa' to prove people wrong, starting with tonight's Super Cup clash against Paris Saint-Germain. The midfielder, 31, said: "A lot of people felt we reached our ceiling a few seasons ago — and we proved them wrong.

"We still have the same hunger to achieve more.

"And as long as we've got the hunger and desire to do that, the Aston Villa fans can

Turn to Page 51

PSG v Aston Villa
8pm, TNT Sports 1 & talkSPORT

FIRED UP . . . McGinn and Co train yesterday

TRANSFER EXCLUSIVE

MAN U LOVE SKELLY

...but Red Devils & Gunners are Myles apart on price tag

CARR MYLES . . . Lewis-Skelly trains with Arsenal yesterday but is fancied by United boss Michael Carrick (inset)

MANCHESTER UNITED are plotting a shock bid for Arsenal teenager Myles Lewis-Skelly.

The England ace has been offered to the Red Devils and Chelsea amid doubts over his Gunners future.

Arsenal are understood to be open to offers of around £60million — but the Old Trafford club consider that valuation to be too high.

United are in the market for a midfielder and a left-back — with Luke Shaw, 31, out of contract next summer.

MLS, 19, would fit the bill as a midfielder who also plays

By SAMUEL LUCKHURST and JOSHUA HALL

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Reece's flying filly

ANDREW BALDING is hoping the Reece James-owned Scommessa Sicura can give 'em the blues in the Stonehenge Stakes (3.30).

The improving filly, who is part-owned by Chelsea's racing-loving right-back (*right*), steps up in class at Salisbury after a cosy win at Newmarket.

She tackles a mile for the first time today and her trainer reckons she'll relish a stiffer test. Balding

By JACK KEENE

said: "We're very happy with her, she keeps on improving and she'll need to step forward again going into a stakes races.

"She's a lovely filly and her pedigree suggests she'll like the step up to a mile. She won well over seven at Newmarket and was very difficult to pull up which bodes well."

Page 2 — Salisbury colours

JOCK PADDY PAYS PRICE

EX-JOCKEY Paddy Pilley has been disqualified for 14 months after placing 64 bets over three years — including while riding. He retired in 2020 but has worked for several yards and broke rules by laying dozens of horses.

Kia's jumping mad

KIA JOORABCHIAN has made the unlikely decision to branch out into jumps racing.

The Amo Racing boss will keep his 50 per cent share in three-year-old Diligo, who will go hurdling this season for trainer Max Comley.

And Joorabchian hasn't ruled out sending a few more Amo horses over jumps in the future.

He said: "I'm quite excited about it. I got a lovely video of him knocking down a few

By TOM PEPPER

poles because it was his first time but he looks great."

"I have a couple in my yard that I feel would do brilliant as jumping horses and of course, I can't forget I sold a horse to Tony Bloom, Poniros, that ended up going to Cheltenham and winning a Grade 1 on his first start.

"That kind of got me thinking this might be fun."

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Wednesday, August 12, 2026

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BOW OUT

George gutted as unbeaten Echo's KO'd with injury

STAR OF THE SEASON . . . Guineas winner Bow Echo, trained by George Boughey (*right*), has been retired after suffering setback

UNDEFEATED superstar Bow Echo has been retired in a cruel blow for George Boughey.

The three-year-old suffered an injury during his preparation for Sunday's Group 1 Prix Jacques le Marois and he will now head off to stud.

Bow Echo completed a routine piece of work on Monday morning but was found to be showing signs of soreness later that evening. The exact nature of his setback

By JACK KEENE

has not been revealed, but it was significant enough to bring his brilliant career to a premature end.

A gutted Boughey said in a statement: "It is with great disappointment we have to announce Bow Echo has had a setback and will be retired.

"It has been the honour of a lifetime to train a horse like Bow Echo. He has

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SALISBURY

GOING: GOOD TO FIRM

TEMPLEGATE
2.30..........Forbidden Fire
3.00.......... Supreme King
3.30.Scommessa Sicura (nb)
4.00................ Bold Shout
4.30....................Felicitas
5.00..................... Eupator

TOM PEPPER
2.30............Easy Answer
3.00...........Golden Brown
3.30.DANDYMAN DAN (nap)
4.00.............. Annie Sioux
4.30...................Alla Stella
5.00..................Londoner

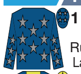
■TIC-TAC: Right-handed galloping track of 1m 2f, the uphill finish makes for a stiff test. ■DRAW: High numbers at an advantage in sprints when the going is soft. ■LEADING TRAINERS WITH RUNNERS (2021-2026): R Beckett 37-181, R Hannon 28-208, A Balding 25-149, C Cox 23-128. THIS SEASON: R Beckett 5, E J-Houghton 3, E Walker 3. ■TOP JOCKEYS WITH RIDES (2021-2026): O Murphy 33-109, H Crouch 25-122, R Hornby 17-129, T Marquand 15-116. THIS SEASON: H Crouch 6, O Murphy 3, M Ghiani 2. ■LONGEST TRAVELLER: Velociraptor (3.30) trained at Malpas. Round trip of 360 miles. ■TRAINERFAX: H Candy won the 4.30 in 2016, 2018 and 2024. A Balding won the 2.30 in 2018, 2022 and 2025. J & T Gosden won the 4.30 in 2019 and 2025. C Appleby won the 3.30 in 2021, 2022 and 2023. R Hannon won the 4.30 in 2017 and 2022. ■FIRST RUN SINCE WIND OP: None. ■JACKPOT: 1-6. ■LIVE ON RACING TV

2.30 MICHAEL BRUNTON MEMORIAL BRITISH EBF NOVICE STAKES (Class 4); 2-y-o; winner £5,940; 6f. (10 run)

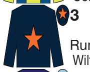
1 (7) 86 **ARCTIC TSAR 30** C Cox 9-7......**Joe Leavy 89**
2 (1) 30 **EASY ANSWER 57** M Bell 9-7......**Callum Shepherd ●99**
3 (5) 77 **FIRST MATE 8** E J-Houghton 9-7......**Tom Marquand 82**
4 (6) **FLICK OF AN EYE** S & E Crisford 9-7......**David Probert —**
5 (9) 73 **GOLD REEF CITY 26** R Beckett 9-7......**Robbie Downey 93**
6 (10) 96 **GOODWOOD METEOR 30** M Tregoning 9-7......**Rob Hornby 87**
7 (8) 84 **HACKPEN HILL 22 (H★)** E Walker 9-7......**Kieran Shoemark 84**
8 (3) 86 **ONGOMBO 44** C Fellowes 9-7......**Paddy Bradley 88**
9 (2) **SATURN STAR** R Beckett 9-7......**Hector Crouch —**
10 (4) **FORBIDDEN FIRE** A Balding 9-2......**Oisin Murphy —**

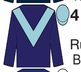
BETTING: 10-3 Easy Answer, 4 Saturn Star, 5 Flick Of An Eye, 11-2 Forbidden Fire, 10 Gold Reef City, Arctic Tsar, 12 Ongombo, Goodwood Meteor
WHERE FAVOURITES FINISHED: 5 1 1 3 1
2025: Five Ways 9-4 Jason Watson 2-1 Fav (A Balding) drawn 10, 11 ran.

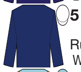
3.00 FRAZIER JONES WINE MERCHANTS HANDICAP (3) winner £7,851; 6f (7 run)

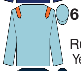

1 -06705 **SO DARN HOT 33 (D)**
(1) E Walker 4-10-0 ..... **Kieran Shoemark 91**
Runs: 17 Wins: 4 (S,F,2A) Places: 4 £84,737
Last in Buck Palace, faded only late back at Ascot 6f latest, in the hunt

2 7-4322 **DR STRANGELOVE 40 (CD)**
(2) O Cole 4-9-10 .... **Tom Marquand 97**
Runs: 10 Wins: 2 (A,G) Places: 5 £24,252
Consistent in defeat of late, needs some love from hcapper, squeak


3 140-04 **DANDANA 16 (T★;D)**
(6) S & E Crisford 3-9-9 .....**David Probert 92**
Runs: 6 Wins: 2 (A,G) £25,319
Wilted late on at Windsor last month, nudged down in weights, sniff


4 12-23 **REGIONAL ROCK 16 (D)**
(4) R Beckett 3-9-5 ....**Hector Crouch 98**
Runs: 4 Wins: 1 (G) Places: 3 £18,376
Better than bare result (caught wide) on hcap bow latest, player here


5 02-218 **GOLDEN BROWN 60 (CD)**
(7) E Walker 3-9-3 .... **Rob Hornby 90**
Runs: 10 Wins: 1 (G) Places: 3 £81,623
Won maiden here, but York hcap bow latest hinted mark is high enough


6 620354 **AN OUTLAW'S GRACE 23 (CD)**
(3) R Hannon 4-9-2 .... **Sean Levey 93**
Runs: 16 Wins: 1 (F) Places: 2 £55,480
Yet to add to debut success, but hcapper is giving him chance, threat

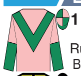
7 512227 **SUPREME KING 14 (BF,CD)**
(5) P Evans 6-9-2 .... **Oisin Murphy ●99**
Runs: 59 Wins: 7 (S,5A,GS) Places: 14 £91,931
Consistent, no disgrace at Goodwood last time, give good account

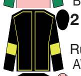
BETTING: 4 Regional Rock, Dr Strangelove, 5 Golden Brown, Supreme King, So Darn Hot, 6 An Outlaw's Grace, 7 Dandana
WHERE FAVES FINISHED and 2025: No corresponding race.

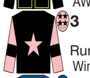
Sunracing FORM

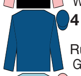
SO DARN HOT (9-13) 11-2 prominent, led halfway, headed over 1f out, chased leaders inside final furlong, kept on, 5th of 11 (btn 4l) to Amazing Journey (9-2) (Ascot 6f hcap (3) £16,200 good to firm).
DR STRANGELOVE (9-8) 7-2 slowly away, mid-division, ridden 1f out, ran on but no impression on winner, btn 2³/₄l by Morte Point (9-8) **SUPREME KING** (9-4) 6-4 fav chased leaders, pushed along 2f out, kept on, not pace to challenge, btn 2³/₄l by Morte Point (9-8) (6 ran) (Chepstow 7f hcap (4) £5,862 good to firm).
REGIONAL ROCK (9-4) 15-2 towards rear, ridden 2f out, no impression until stayed on near finish, never nearer, 3rd of 13 (btn 1¹/₂l) to Another Abbot (9-10) **DANDANA** (9-9) 25-1 led early, headed over 3f out, hung left 1f out, kept on same pace final furlong, 4th (btn 1³/₄l) (13 ran) (Windsor 6f hcap (3) £10,800 good to firm).
GOLDEN BROWN (8-0) 16-1 held up in rear, ridden over 2f out, never threatened, 8th of 22 (btn 4l) to Thunder Call (8-5) (York 6f hcap (2) £64,425 good).
AN OUTLAW'S GRACE (9-13) 6-1 chased leaders, not clear run over 2f out, waiting for room final furlong, ran on near finish, 4th of 8 (btn 2¹/₄l) to Amazonian Dream (9-6) (Windsor 6f hcap (4) £5,653 good to firm).
SUPREME KING (9-10) 11-2 fav midfield, headway final furlong, kept on, no danger, 7th of 26 (btn 2¹/₂l) to French Affair (9-2) (Goodwood 6f hcap (4) £20,616 good to firm).

3.30 EBF STONEHENGE STAKES (LISTED) (1) 2-Y-O; winner £31,190; 1m (8 runners)

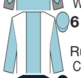

1 15943 **DANDYMAN DAN 19**
(6) O Cole 9-3.......... **Kieran Shoemark 97**
Runs: 5 Wins: 1 (F) Places: 1 £16,728
Bath maiden winner, not disgraced in better company since, place


2 15 **FIREHORSE 19**
(5) S Woods 9-3.......... **Tom Marquand 92**
Runs: 2 Wins: 1 (A) £7,689
AW maiden winner found out in Ascot Lstd (7f) last month, tough ask


3 1530 **MY A'ALI BABA 13**
(4) P Evans 9-3............**Hector Crouch 89**
Runs: 4 Wins: 1 (GS) Places: 1 £10,848
Winner on debut (Chepstow, 6f) but has failed to build on that, avoid


4 11 **QUEST FOR STARS 14**
(8) C Appleby 9-3 ....**Connor Planas ●99**
Runs: 2 Wins: 2 (2F) £32,790
Good attitude to win on debut and even better last time, major player

5 4431 **RAFE'S DA MAN 11**
(3) R Hannon 9-3.............. **Pat Dobbs 96**
Runs: 4 Wins: 1 (F) Places: 1 £42,205
Winner of Goodwood maiden latest, trainer rates highly, big threat


6 1 **ROCKET BOY 15**
(2) M Botti 9-3 .... **Marco Ghiani 92**
Runs: 1 Wins: 1 (F) £7,020
Confounded market with Yarmouth win, better for experience, respected

7 31 **VELOCIRAPTOR 18**
(1) H Palmer 9-3............**David Probert 93**
Runs: 2 Wins: 1 (G) £11,816
Landed odds in Chester maiden (7f) last month, 1m no problem, in hunt

8 2221 **SCOMMESSA SICURA 34**
(7) A Balding 8-12 .... **Oisin Murphy 97**
Runs: 4 Wins: 1 (F) Places: 3 £29,093
Strong at finish in Newm maiden win, progressive, trip fine, danger

BETTING: 7-2 Dandyman Dan, 9-2 Quest For Stars, Scommessa Sicura, 5 Firehorse, 13-2 Rafe's da Man, 15-2 Velociraptor, 12 Rocket Boy, 16 My A'ali Baba
WHERE FAVOURITES FINISHED: 1 1 2 3 2
2025: Morris Dancer 9-3, W Buick 11-10 (J & T Gosden), drw 3, 3 ran.

Sunracing FORM

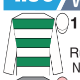
DANDYMAN DAN (9-5) 66-1 handy, pushed along and lost position over 2f out, rallied and stayed on final furlong, took third final strides, 3rd of 10 (btn 2³/₄l) to Alfred Wallace (9-5) **FIREHORSE** (9-5) 40-1 in rear, outpaced 3f out, progress 1f out, held final furlong, 5th (btn 3¹/₂l) (Ascot 7f Listed (1) £36,862 good to firm).
MY A'ALI BABA (9-7) 25-1 chased leaders, hampered 1f out, eased towards finish, 11th of 18 (btn 5³/₄l) to Sword Salute (9-8) (Goodwood 7f hcap (2) £30,924 good to firm).
QUEST FOR STARS (9-11) 9-4 made all, ridden and joined 2f out, stayed on final furlong, held on well, bt Grove Street (9-4) ¹/₂l (6 ran) (Sandown 7f nov stks (3) £7,020 good to firm).
RAFE'S DA MAN (9-2) 12-1 front rank, pressed leader going best over 1f out, soon led, ridden inside final furlong, kept on well, bt Charted Course (9-2) 1¹/₄l (13 ran) (Goodwood 7f mdn (2) £38,655 good to firm).
ROCKET BOY (9-7) 22-1 raced in last, shaken up 2f out, headway to lead final 110yds, kept on strongly, bt Mithaaly (9-7) ¹/₂l (6 ran) (Yarmouth 7f nov stks (3) £7,020 good to firm).
VELOCIRAPTOR (9-7) 8-11 fav slowly away, in rear, headway from 3f out, led over 1f out, ran on well and always doing enough towards finish, bt Storm Blade (9-7) 1l (6 ran) (Chester 7f mdn (3) £9,277 good).
SCOMMESSA SICURA (9-2) 2-1 led near-side group of three, led overall before halfway, hung left when ridden final furlong, ran on well, bt Tall Trees (9-2) 1l (9 ran) (Newmarket 7f mdn (2) £20,616 good to firm).

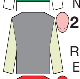
4.00 MOLSON COORS PEMBROKE NOVICE STAKES (GBB RACE) (4); winner £5,400; 6f. (7 runners)

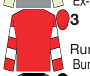
1 (5) 44 **BOLD SHOUT 64** C Cox 3-9-7......**Hector Crouch ●99**
2 (3) 0-4 **IT'S A MUGS GAME 12** J Tickle 3-9-7......**Sean Levey 82**
3 (2) 52 **KODICALL 12** J Moore 3-9-7......**Taylor Fisher 95**
4 (1) **ANNIE SIOUX** C Cox 3-9-2......**Tom Marquand —**
5 (7) 5374 **GRIS DE CHINE 29** Z Hawkins 3-9-2......**Callum Shepherd 93**
6 (4) 5-75 **JUST DREAMING 9** E J-Houghton 3-9-2......**Oliver Carmichael (7) 86**
7 (6) 72-303D **REMI MAE 22** A Balding 3-9-2......**Oisin Murphy 97**

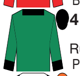
BETTING: 7-4 Remi Mae, 2 Bold Shout, 5 Gris De Chine, 6 Kodicall, 11 Annie Sioux
WHERE FAVOURITES FINISHED: 2
2025: Rhyme Dust 3-9-2 Tom Marquand 15-2 (M Usher) drawn 5, 5 ran.

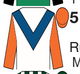
4.30 EBF UPAVON FILLIES' STAKES (LISTED) (1) winner £39,697; 1m 2f (7 runners)

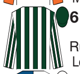

1 /36522 **ALLA STELLA 11**
(3) Sir M Prescott 4-9-4 ...... **Luke Morris ●99**
Runs: 11 Wins: 1 (A) Places: 4 £39,782
No disgrace last twice in French Lstd, more of same here and go close

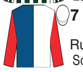

2 21-059 **GOLDILOCKS CEN 13**
(2) A Watson 4-9-4........ **Tom Marquand 81**
Runs: 7 Wins: 1 (S) Places: 1 £14,796
Ex-French, shocker at Galway (7f, Lstd) latest, steps up in trip, left


3 302-12 **REGAL CHARM 19 (CD)**
(1) H Candy 4-9-4 .... **Rob Hornby 95**
Runs: 7 Wins: 2 (S,F) Places: 2 £30,633
Bumped into one latest, definitely worth another shot in this grade, in mix


4 481116 **ANNASTARZY 15 (BF)**
(7) R Hannon 3-8-10 ....**Joe Leavy 90**
Runs: 9 Wins: 3 (F,2G) £32,424
Progressing well in hcaps, definitely isn't out of place in this line-up


5 1-127 **FELICITAS 59 (D)**
(5) E Walker 3-8-10...... **Kieran Shoemark 98**
Runs: 4 Wins: 2 (A,G) Places: 1 £39,434
Musidora second then French Oaks also-ran, off since, don't write off


6 1-21 **MISS SCOTT 25 (D)**
(6) J & T Gosden 3-8-10 ..... **Oisin Murphy 96**
Runs: 3 Wins: 2 (F,GS) Places: 1 £29,179
Learning the ropes nicely, this first try at black type, taken seriously


7 1-1374 **ON MESSAGE 19**
(4) R Beckett 3-8-10........**Hector Crouch 88**
Runs: 7 Wins: 2 (A,G) Places: 1 £22,030
Soundly beaten in Oaks and bombed out at York latest, bit to prove now

BETTING: 15-8 Felicitas, 4 Regal Charm, Alla Stella, 5 On Message, 7 Miss Scott, 11 Annastarzy, 25 Goldilocks Cen
WHERE FAVOURITES FINISHED: 2 6 2 4 4
2025: Miss Justice 4-9-4, W Buick 11-2 (J & T Gosden), drw 2, 8 ran.

Sunracing FORM

ALLA STELLA (8-13) 5-1 handy, headwayb 1f out, went second final 110 yds, ran on, btn 1l by Karla Jet (8-13) (8 ran) (Clairefontaine 1¹/₂m Listed (1) £18,140 good to soft).
GOLDILOCKS CEN (9-7) 50-1 mid-division, ridden and no extra 2 ¹/₂f out, eased over 1f out, last of 9 (well btn) to Pivotal Attack (9-0) (Galway 7f Listed (1) €31,500 yielding to soft).
REGAL CHARM (9-6) 16-1 chased leader, pushed along over 2f out, kept on but no chance with winner, btn 4¹/₄l by Diamond Rain (9-6) **ON MESSAGE** (8-11) 4-1 prominent, pushed along 2f out, soon beaten, 4th (btn 6¹/₂l) (5 ran) (York 1¹/₄m Listed (1) £39,697 good to firm).
ANNASTARZY (8-13) 10-3 fav tracked leaders, ridden over 1f out, faded 110yds out, 6th of 14 (btn 2¹/₂l) to Rumba Numba (9-7) (Goodwood 1m hcap (3) £25,770 good).
FELICITAS (8-13) 12-1 handy, ridden 2f out, weakended 1f out, 7th of 11 (btn 8l) to Diamond Necklace (8-13) (Chantilly 1¹/₄m Grp 1 (1) £520,661 soft).
MISS SCOTT (9-8) 5-6 fav chased leader, joined leader 2f out, led over 1f out, ran on well, bt Manaar (9-8) 1³/₄l (5 ran) (Newbury 1¹/₄m nov (2) £20,616 good to firm).

5.00 CHAMPAGNE JOSEPH PERRIER HANDICAP (4); value to the winner £5,888; 1m 2f. (7 runners)

1 (6) 3159542 **LONDONER 11 (D)** D & C Kubler 6-9-10......**Tom Marquand 97**
2 (5) 5151-67 **FOX AVATAR 44 (D)** R Varian 5-9-7......**Oisin Murphy 85**
3 (3) 57704-0 **MISS TONNERRE 77 (H)** E Walker 4-9-7......**Kieran Shoemark 83**
4 (1) 9364-17 **ALMEKAREM 11 (D)** Sir M Prescott 4-9-2......**Luke Morris 93**
5 (7) 8942563 **EUPATOR 30 (P★)** R Hannon 4-9-1......**Sean Levey 98**
6 (4) 624-374 **CARNIVAL DAY 27 (BF,D)** J Boyle 5-9-1......**Pat Cosgrave ●99**
7 (2) 6-13003 **MYTHICAL BIRD 23 (D)** H Morrison 4-8-12......**Rob Hornby 96**

BETTING: 3 Londoner, 10-3 Eupator, 7-2 Mythical Bird, 11-2 Carnival Day, 15-2 Almekarem, 8 Fox Avatar, 20 Miss Tonnerre
WHERE FAVOURITES FINISHED and 2025: No corresponding race.

EACH-WAY THIEF

HAVE an each-way double at Kempton. ARCTICIAN (6.30) is a course specialist and has dropped to his last winning mark. Pair him with METAL MERCHANT (7.00) who is running back into form and has a nice draw.

LONG SHOT

FIREHORSE (3.30 Salisbury) stepped up hugely on his debut to run well in this company last time. That looked a strong race and he is being underestimated here.

FFOS LAS

TEMPLEGATE
3.37................Eskimo Pie
4.07....................... Happier
4.37.......................Narrjoo
5.10..................... Nammos
5.40......Royal Bodyguard
6.10............... Noble Grace

TOM PEPPER
3.37................Mystic Veil
4.07.....................Dark Sun
4.37........... Grand Havana
5.10.... King of The Dance
5.40..... The Stone Power
6.10...................Belle Of Kt

■TIC-TAC: Left-handed turf course of 1m 4f, 5f & 6f races are run on the straight course. ■DRAW: Little effect. ■LEADING TRAINERS WITH RUNNERS (2021-2026): R Beckett 14-45, B Millman 13-86, W Muir & C Grassick 11-65. THIS SEASON: C Mason 3. ■TOP JOCKEYS WITH RIDES (2021-2026): G Mangan 7-57, G Downing 4-23, D Muscutt 3-14. THIS SEASON: G Mangan 3. ■LONGEST TRAVELLER: Eskimo Pie (3.37), Narrjoo (4.37), Engraved (4.37), Royal Bodyguard (5.40) trained at Newmarket. Round trip of 542 miles. ■FIRST RUN SINCE WIND OP: None. ■LIVE ON SKY SPORTS RACING

GOING: GOOD

3.37 FAUCETS THE BATHROOM SPECIALISTS MAIDEN FILLIES' STAKES (Class 4); winner £5,400; 6f. (5 run)

1 (1) **DIXIE BLUE** B Millman 3-9-2......**Darragh Keenan —**
2 (5) 78-3645 **ESKIMO PIE 47** J Chapple-Hyam 3-9-2......**Daniel Muscutt ●99**
3 (3) 6 **LIVVYS EDGE 29** C Mason 3-9-2......**Gina Mangan 78**
4 (4) 4437- **MOLLSTAR 237** E Walker 3-9-2......**Ashley Lewis (3) 90**
5 (2) **MYSTIC VEIL** A Watson 3-9-2......**Pierre Jamin —**

BETTING: 4-5 Eskimo Pie, 4 Mollstar, Mystic Veil, 10 Dixie Blue, 20 Livvys Edge
WHERE FAVOURITES FINISHED: 2 1
2025: Lodge 3-9-2 Billy Loughnane 6-4 Fav (B Meehan) drawn 7, 7 ran.

4.07 BIRTHDAY BOY LEIGHTON HAPPY 80TH HANDICAP (6); value to the winner £3,454; 5f. (9 runners)

1 (8) 68-8753 **THE COFFEE POD 8 (H;D)** W Muir & C Grassick 5-9-11 **Ryan Kavanagh (3) 97**
2 (3) 84-25 **MIRACLEOFTHEANDES 18** W Greatrex 3-9-9......**Jack Callan 89**
3 (2) 3108-65 **PORTACLOY 21 (T★)** D & C Kubler 3-9-9......**Daniel Muscutt 91**
4 (9) 5744143 **DARK SUN 18 (D)** J Bennett 5-9-8......**Laura Coughlan (3) 98**
5 (1) 803 **SHEIK YERBOUTI 57** G Harris 5-9-8......**Ashley Lewis (3) 91**
6 (4) 9-89693 **LITTLE JAYBEE 9 (D)** P Evans 3-9-6......**John Egan 96**
7 (5) 6-04961 **HAPPIER 12 (D)** M Keighley 6-9-4......**Jack Doughty ●99**
8 (7) 452/344 **RIVER EDGE 19 (P★)** C Mason 5-8-8......**Gina Mangan 94**
9 (6) 8-099 **MISS GOLD 30 (B)** D Flood 3-8-5......**Tyler Heard 75**

BETTING: 5-2 Happier, 3 Dark Sun, 11-2 The Coffee Pod, 8 Little Jaybee, 10 River Edge, Portacloy, 11 Miracleoftheandes, Sheik Yerbouti, 33 Miss Gold
WHERE FAVOURITES FINISHED and 2025: No corresponding race.

4.37 MEYER TIMBER EBF MAIDEN STAKES (GBB RACE) (3); 2-y-o; value to the winner £7,020; 7f. (7 runners)

1 (3) 2 **DRUM BAY 37** R Beckett 9-7......**Rhys Clutterbuck ●99**
2 (2) **ENGRAVED** J Fanshawe 9-7......**Daniel Muscutt —**
3 (5) **GRAND HAVANA** A King 9-7......**Luke Catton (3) —**
4 (1) 2 **NARRJOO 20** S & E Crisford 9-7......**Jack Callan 98**
5 (6) 07 **Q T BOY 16** P Evans 9-7......**William Carson 82**
6 (4) **WORLD STAR** O Sangster 9-7......**Darragh Keenan —**
7 (7) 3 **ISABELLA DE VEGA 19** E Walker 9-2......**George Downing 95**

BETTING: 7-4 Narrjoo, 5-2 Drum Bay, 13-2 Isabella De Vega, 8 World Star, Engraved
WHERE FAVOURITES FINISHED: 1-3
2025: Mcmurray 9-7 Billy Loughnane 9-4 JtFav (G Boughey) drawn 6, 10 ran.

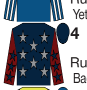
5.10 DANDARA HOMES HANDICAP (6); value to the winner £3,454; 1m. (10 runners)

1 (10) 7261255 **NAMMOS 35 (D)** J & R Flint 6-9-9......**William Carson ●99**
2 (9) -797941 **ANGEL'S CALL 43 (C)** N Evans 5-9-6......**Ryan Kavanagh (3) 98**
3 (6) 60-0980 **KEV 85** W Muir & C Grassick 4-9-4......**Ashley Lewis (3) 85**
4 (1) 424-865 **RIVAL 28 (CD)** J & R Flint 8-9-3......**Daniel Muscutt 93**
5 (5) 0900-99 **OVIEDO 75** A Dunn 6-9-3......**Millie Wonnacott (5) 76**
6 (8) 34452U3 **KING OF THE DANCE 15 (D)** B J Llewellyn & R Williams 7-9-2 **Donagh Murphy (7) 96**
7 (3) 0-86798 **UNCLE ALBERT 50 (T★)** A Wintle 5-9-0......**Darragh Keenan 90**
8 (2) 4-58439 **CHANGE OF FORTUNE 58 (CD)** B J Llewellyn & R Williams 7-9-0 **Jack Callan 92**
9 (7) 8662 **IVAT GHIA 21 (H)** M Usher 3-8-13......**Tyler Heard 95**
10 (4) 46-3 **BIG MOONRISE 197** P Evans 3-8-8......**John Egan 86**

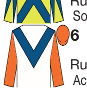
BETTING: 3 Angel's Call, 11-2 King of The Dance, 6 Nammos, 13-2 Ivat Ghia, 15-2 Big Moonrise, 8 Change Of Fortune, 11 Uncle Albert, Rival
WHERE FAVOURITES FINISHED: 1 3
2025: Typeface 3-9-1 Callum Hutchinson 7-2 (I Williams) drawn 6, 10 ran.

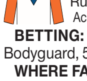
5.40 GOLWG GWENDRAETH HANDICAP (5) winner £4,187; 1m (6 runners)

1 208038 **PORT LOUIS 20 (D)**
(1) B J Llewellyn & R Williams 5-9-9 **Charlie Tucker (7) 87**
Runs: 34 Wins: 2 (G) Places: 4 £33,812
Best effort C&D two starts back, shocker latest, inconsistent, risky bet


2 3-865 **NEXT GUILIAN 30**
(5) B Millman 3-9-9 ...... **Darragh Keenan 91**
Runs: 4 Places: 1 £817
Flashes of ability but hcapper hasn't taken any chances, down the list

3 3-374P **THE STONE POWER 12**
(4) R Beckett 3-9-8 ..... **Rhys Clutterbuck 93**
Runs: 6 Places: 3 £5,029
Yet to get into his stride this year, something clearly amiss latest, jury's out


4 2-8364 **ROYAL BODYGUARD 54 (D)**
(2) M Bell 3-9-6........... **Daniel Muscutt ●99**
Runs: 11 Wins: 1 (A) Places: 3 £19,498
Back down to last winning mark, fair effort Newm latest, one of likelier ones


5 82-433 **JOHN HARRISON 25**
(3) A King 3-9-2 .... **Luke Catton (3) 98**
Runs: 6 Places: 1 £4,426
Solid efforts this term, learning his trade, trip ideal, won't be far away

6 077 **BRAVE NEW WORLD 41**
(6) E Walker 3-8-12....... **Ashley Lewis (3) 85**
Runs: 3
Accomplished very little so far, hcap bow but will need to show a lot more

BETTING: 15-8 John Harrison, 7-2 The Stone Power, 9-2 Royal Bodyguard, 5 Brave New World, Next Guilian, 16 Port Louis
WHERE FAVOURITES FINISHED: 5 1
2025: Mamma Maria 3-9-5, C Fallon 11-8 Fav (W Haggas), drw 6, 7 ran.

6.10 DRESS FOR THE OCCASIONS HANDICAP (6); value to the winner £3,454; 1m 4f. (6 runners)

1 (6) 4678732 **MEET ME IN MERAKI 29 (BF,D)** P Evans 5-10-2......**John Egan 90**
2 (4) 5-65753 **BULLDOG SPIRIT 29 (D)** B J Llewellyn & R Williams 6-10-2..**Daniel Muscutt 94**
3 (5) 4741 **NOBLE GRACE 15 (CD)** W Greatrex 5-10-0......**Ashley Lewis (3) 92**
4 (3) 1337311 **BELLE OF KT 12 (D)** J Moore 5-9-8......**Millie Wonnacott (5) ●99**
5 (2) 3311501 **A DAUGHTERS LOVE 8 (CD)** D Flood 3-9-4(6ex)......**Darragh Keenan 97**
6 (1) 63479 **CLAYTONS KOLATONIC 58** D F Davis 3-9-3......**Jack Doughty 85**

BETTING: 2 Belle Of Kt, 3 A Daughters Love, 4 Noble Grace, 9-2 Meet Me In Meraki
WHERE FAVOURITES FINISHED: 2 1
2025: Masolar 3-9-7 Rob Hornby 7-2 Fav (J Portman) drawn 4, 7 ran.

PRO BETS

EYECATCHER: GOLDEN BROWN (3.00 Salisbury) ran on strongly in a better race at York last time. SUPER SPEED: RAFE'S DA MAN (3.30 Salisbury) clocked a rapid time for the grade at Goodwood and could be up to this level. GAMBLED ON: NO KNEE NEVER (4.15 Beverley) was backed into favouritism for canny connections last time but finished down the field. Expect better today.

BEVERL

TEMPLEGATE
2.15.....Spectacular Diver
2.45..................Coco Nova
3.15.......................Dabbling
3.45.....................Bell Shot
4.15......................Bearwith
4.45.........Straight Ahead

T
2.15.
2.45
3.15.
3.45
4.15.
4.45

TEMPLEGATE'S TRIO: Rogue Alleg Scommessa Sicura (double) with Salisbury). TOM PEPPER'S DOU (Salisbury) and Bearwith (Beverley) SUNRATINGS' NAP: THE GREEN MILE THE JUDGE: ARCTICIAN (6.30 Kempt

■TIC-TAC: Right-handed, sharp, oval course of 1m bends right at halfway and is uphill and testing, especi best when stalls far side, high best when stalls insid RUNNERS (2021-2026): T Easterby 49-512, R & P 28-212, K R Burke 26-119. THIS SEASON: T Easterb ■TOP JOCKEYS WITH RIDES (2021-2026): D Allar J Hart 27-204, Oisin Orr 23-123. THIS SEASON: D ■LONGEST TRAVELLER: Ard As A Rock (2.15) & Alic 420 miles. ■TRAINERFAX: R Carr won the 3.15 in 20 4.45 in 2021 and 2023. ■FIRST RUN SINCE WIND OP

2.15 MACAN AT PORSCHE CENTRE STAKES (5); 2-y-o; winner £4

1 (3) 59 **ARD AS A ROCK 15** P Evans 9-7......
2 (5) 07 **MUBEHIR 7** P Midgley 9-7......
3 (14) **TAJ MAHAL PALACE** B Ellison 9-7......
4 (9) 205 **TRUE CHARM 33 (T★)** L Souza 9-7 ...
5 (11) 7 **CLASSY JAGUAR 15** T Coyle & K Wo
6 (13) 96 **DESERT OUTLAW 15** P Midgley 9-4...
7 (12) 22 **LEXINGTON BOOM 15 (BF)** G Tuer 9-
8 (7) **MUGHEER** K R Burke 9-4......
9 (6) 256 **SPECTACULAR DIVER 70** T Easterby
10 (4) 9 **SCOTTYS ROCKET 23** B Ellison 9-2 ...
11 (1) **UBETTABEQUEEN** T Easterby 9-2......
12 (10) 04 **NEEDIN' U 67 (H★)** M & D Easterby 8-
13 (8) **ONE MORE TILDA** I Furtado 8-13 ......
14 (2) 0 **TIGGYWINKLE 11** O Pears 8-13......

BETTING: 9-4 Lexington Boom, 10-3 True Charm, 4 Needin' U, 14 Ard As A Rock, 20 Ubettabequeen, Ta
WHERE FAVOURITES FINISHED and 2025: No c

2.45 911 AT PORSCHE CENTRE HU STAKES(4); 2-y-o; winner £5,

1 (9) 4 **COCO NOVA 25** H Palmer 9-7......
2 (4) 0444 **EMPIRE RISING 16** C Clover 9-7......
3 (12) **QUINTILLION** C Johnston 9-7......
4 (7) **YOU GOT KNOW HOW** D O'Meara 9-7
5 (11) 6 **DIPLOMACY 19** M & D Easterby 9-4....
6 (3) 74 **REAL EDITION 16** C Lidster 9-4......
7 (5) 67 **ASTRAL CALLING 16** K R Burke 9-2...
8 (13) **COWGIRL** J & S Quinn 9-2......
9 (8) 3 **HAIR RAISING 29** T Easterby 8-13......
10 (6) 704 **LOVEULONGTIME 29** G Harker 8-13 ...
11 (10) 00 **BE MORE RUTHLESS 24** A Nicholls 8
12 (1) 46 **BLACK FURY 21** O Pears 8-10......
13 (2) **HIGH ON HONEY** M & D Easterby 8-10

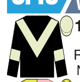
BETTING: 10-3 Coco Nova, 4 Real Edition, Empire Know How, 11 Black Fury, 14 Cowgirl, Astral Calling
WHERE FAVOURITES FINISHED: 3 1-2 1 1 2
2025: He's Waliim 9-7 Clifford Lee 3-1 (J Tate) dr

3.15 CLEARANSWER CALL CENTRE to the winner £4,004; 7f.

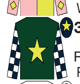
1 (5) 6-07444 **THE NEW BAY PEARL 17** S Whitaker
2 (14) 0008293 **SIR DAVID 11 (D)** N Tinkler 4-9-9......
3 (3) -022405 **KING SHARJA 12 (CD)** R Carr 6-9-8....
4 (12) 1558140 **MICKEY MONGOOSE 67 (B;D)** O Will
5 (1) -785056 **WILLOWINGHURN 15 (V★;D)** D O'Me
6 (9) -675436 **DABBLING 19** O Pears 3-9-3......
7 (11) 2729543 **MISTER SKY BLUE 5** G Tutty 4-9-2......
8 (13) 80-0797 **BANTZ 30 (D)** A Brown 4-9-1......
9 (8) 4123434 **ALICE'S INFLUENCE 40 (B)** P Evans 3
10 (4) 5587345 **ELETTARIA 14 (D)** J Wainwright 7-9-0
11 (10) R87-089 **FURRST LADY 58** R Fell 4-9-0......
12 (6) 095-880 **RYEFIELD 11** L Mullaney 3-8-13......
13 (7) 8668380 **POWER OF CHORA 17** J Macey 3-8-10
14 (2) 5571777 **GANTHORPE 26** M & D Easterby 3-8-10

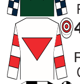
BETTING: 11-4 Sir David, 15-2 The New Bay Pear Alice's Influence, King Sharja, 10 Willowinghurn, 12
WHERE FAVOURITES FINISHED: 2 1 3
2025: Dumfries 5-9-9 James Sullivan 4-1 (R Carr

3.45 JILL WILLOWS HANDICA winner £6,185; 7f


1 621202 **ALPHA CAPTU**
(3) R Fell 6-10-4. ......
Runs: 30 Wins: 4 (F,GS,2G)
Not beaten far in Chester claimer lates

2 -01550 **OBELIX 11 (D)**
(1) J Camacho 6-10-3 .
Runs: 32 Wins: 4 (F,A,2G)
Wetherby winner in June but off the bo


3 638342 **BELL SHOT 1**
(9) M Appleby 7-10-3. .
Runs: 53 Wins: 9 (2F,2A,2GS,3G
Running himself into form, won this las


4 104217 **HIGHLAND OL**
(11) G Tuer 5-10-0 .....
Runs: 31 Wins: 6 (F,5G)
C&D winner but dismal at Chester late

5 719420 **GLENFINNAN**
(5) M Dods 6-10-0 ....
Runs: 36 Wins: 5 (F,4G)
Another C&D winner who bombed ou

6 1125-0 **STYLE OF LIF**
(2) H Bethell 6-9-11. ...
Runs: 20 Wins: 5 (2A,GS,2G)
Never involved at York, previously in g

7 212722 **TATTIE BOGL**
(10) C Johnston 4-9-10 .
Runs: 29 Wins: 3 (A,2G)
Enjoying good spell, possible hcapper

8 574376 **FLYING FLETC**
(4) R & P Fahey 5-9-6 .
Runs: 37 Wins: 3 (3A)
Below last winning mark, but yet to su

9 -77515 **BEYOND THE**
(7) T Easterby 3-9-5. . .
Runs: 9 Wins: 2 (F,G)
Catterick winner, ran flat at Ripon lates

S, FORM AND TIPS SEVEN DAYS A WEEK!

LEY

TOM PEPPER

.....Lexington Boom
.....Empire Rising
.....Sir David
.....Alpha Capture
.....Bearwith (nb)
.....Angel Numbers
iance (Kempton) and
Supreme King (both
BLE: Dandyman Dan
(8.30 Kempton).
on).

3f, 3f uphill run-in. The 5f course ally on soft ground. ■DRAW: Low le. ■LEADING TRAINERS WITH Fahey 33-208, M & D Easterby y 11, K R Burke 6, D O'Meara 4. 29-257, Joanna Mason 27-178, D Allan 8, J Hart 6, Oisin Orr 5. ce's Influence (3.15). Round trip of 24 and 2025. T Easterby won the : None. ■LIVE ON RACING TV

HULL EBF NOVICE
,860; 5f. (14 runners)

Joanna Mason 87
David Nolan 92
Ben Robinson —
Warren Fentiman (3) 96
od 9-4.....Dougie Costello 75
Mark Winn 74
4.....Oliver Stammers ●99
Clifford Lee —
9-4.....David Allan 93
Cam Hardie 70
Sean Kirrane —
13.....Billy Garritty 90
Tom Eaves —
Jason Hart 72
Mugheer, 7 Spectacular Diver, 8
aj Mahal Palace
orresponding race.

ULL EBF MAIDEN
940; 7f. (13 runners)

Oisin Orr 97
Sam James ●99
Andrew Mullen —
Daniel Tudhope —
Billy Garritty 85
Tom Eaves 95
Clifford Lee 85
Jason Hart —
David Allan 93
William Pyle 78
-10.....Jack Nicholls (3) 70
Cam Hardie 87
Joanna Mason —
e Rising, 7 Quintillion, 8 You Got

awn 3, 8 ran.

S HANDICAP (6); value
(14 runners)

4-9-9.....Tom Eaves 94
Alex Jary (3) 97
James Sullivan 92
iams 6-9-6.....Dean Fentiman 88
ara 3-9-4.....Daniel Tudhope 89
Harry Russell ●99
Conor Whiteley (5) 95
Sean Kirrane 83
3-9-0.....Clifford Lee 94
Cam Hardie 90
Oisin McSweeney 75
Alistair Rawlinson 78
Jack Nicholls (3) 91
0.....Joanna Mason 88
l, Dabbling, Mister Sky Blue, 8
Ganthorpe, Elettaria

) drawn 9, 10 ran.

P (4) value to the
(11 runners)

URE 10 (B;D)

Conor Whiteley (5) 97
Places: 10 £141,339
t, leeway in mark, interesting

.....Jason Hart 92
Places: 4 £76,970
il since, needs bounce back

7 (CD)

...Mason Paetel (5) 98
6)Places: 11 £94,166
st year off 2lb lower, go close

LY 18 (BF,CD)

Alistair Rawlinson 95
Places: 5 £40,795
st, forgive that and chance here

11 (H;CD)

...Daniel Tudhope 90
Places: 4 £112,490
t at Chester subsquently, e-w

E 89

... Ethan Tindall (5) 85
Places: 5 £36,110
ood form, don't write her off

E 4 (CD)

.... Andrew Mullen ●99
Places: 12 £41,839
r has his number but claims still

CHER 14

.....Cam Hardie 89
Places: 8 £44,527
ggest he can take advantage

BAR 16 (D)

..... David Allan 93
Places: 1 £13,283
st, needs to bounce back here

GOOD TO FIRM (GOOD)

10 422314 **HOMESTRAIT 14 (BF,D)**
(6) B Ellison 3-9-1 ..... **Ben Robinson 98**
Runs: 17 Wins: 3 (F,GS,G) Places: 7 £35,561
Mr Consistent, no disgrace at Redcar last time, give good account

11 008770 **INTERVENTION 19 (H;D)**
(8) M Appleby 9-9-0 ..... **Joanna Mason 81**
Runs: 128 Wins: 15 (2F,13A) Places: 33 £277,690
On long losing run but thrown in at his best, revival is not impossible

BETTING: 3 Alpha Capture, 4 Homestrait, Bell Shot, 13-2 Tattie Bogle, 11 Highland Olly, Beyond The Bar, 14 Obelix, Flying Fletcher, Glenfinnan, 20 Style Of Life, 25 Intervention
WHERE FAVOURITES FINISHED: 1 2 4 4 1
2025: Bell Shot 6-9-12, W Fentiman 9-4 Fav (M Appleby), drw 1, 6 ran.

4.15 CAYENNE ELECTRIC PORSCHE CENTRE HULL HANDICAP (5) winner £4,527; 1m 2f (8 run)

1 02449**1** **BEARWITH 18 (CD)**
(7) H Bethell 8-10-2 **Tom Kiely-Marshall (5) ●99**
Runs: 57 Wins: 10 (3F,5A,2G) Places: 14 £67,121
Fine win at Newc latest, escapes penalty and good claimer up, contender

2 435030 **NO KNEE NEVER 22 (BF)**
(5) J Owen 5-10-1 ..... **Clifford Lee 87**
Runs: 33 Wins: 4 (4A) Places: 9 £29,232
Better on AW (0-15 on turf) and can throw in odd stinker, best watched

3 **1**-4116 **CIAO CAPO 33 (CD)**
(4) R & P Fahey 3-9-8 ..... **Oisin Orr 92**
Runs: 10 Wins: 3 (2F,A) £12,350
Hat-trick never looked on at York latest, little leeway in new mark, sniff

4 543875 **DR RIO 29 (CD)**
(6) D Carroll 10-9-6 ..... **Zak Wheatley 94**
Runs: 71 Wins: 9 (S,3F,A,4G) Places: 12 £84,513
Loves it here, signs of better latest and nudge down weights, each-way

5 535653 **PRINCESS NIYLA 25 (CD)**
(3) A Brown 6-9-6 ..... **David Nolan 93**
Runs: 40 Wins: 3 (F,2G) Places: 10 £34,983
Signs of better lately and last two wins came over this C&D, go close

6 444232 **SUNNY ORANGE 7 (C)**
(1) T Easterby 6-9-5 ..... **Duran Fentiman 97**
Runs: 54 Wins: 5 (4F,GS) Places: 13 £48,985
Been hitting woodwork of late, fine record here, one for the shortlist

7 426013 **KITSUNE POWER 14 (CD)**
(2) T Easterby 7-9-5 ..... **David Allan 96**
Runs: 48 Wins: 5 (3F,2G) Places: 11 £79,547
Beat Sunny here before Redcar third (trouble in running), dangerous

8 975/57 **LANGTON WOLD 18**
(8) B Ellison 7-8-11 ..... **Cam Hardie 85**
Runs: 18 Wins: 1 (F) Places: 2 £6,754
Beaten fair way both AW starts after long break, others preferred

BETTING: 3 Bearwith, 4 Sunny Orange, 5 Kitsune Power, Princess Niyla, 13-2 Dr Rio, 10 Ciao Capo, 11 No Knee Never, 16 Langton Wold
WHERE FAVOURITES FINISHED: 6 1 2 1 1
2025: Time Tells All 5-9-13, Z Wheatley 6-5 Fav (D Carroll), drw 3, 5 ran.

Sunracing FORM

BEARWITH (9-6) 7-2 jt fav raced keenly, led over 1f out, drew clear final furlong, comfortably, bt Sweet Kiss (8-12) 3¾l (13 ran) (Newcastle 1f/-m app hcap (6) £4,711 AW).
NO KNEE NEVER (9-8) 9-2 fav midfield, pushed along over 2f out, weakened quickly inside final furlong 10th of 13 (btn 7l) to Kaaranah (9-6) (W'hampton 1m 1f hcap (5) £3,978 AW).
CIAO CAPO (8-5) 22-1 midfield, shaken up 3f out, minor headway to pass beaten rivals inside final furlong, no danger at finish, 6th of 9 (btn 8¾l) to Dark Moon Rising (9-12) (York 1¼-m hcap (4) £12,885 good to firm).
KITSUNE POWER (9-8) 4-1 chased leaders, led over 1f out, kept on well inside final furlong, always doing enough, bt **SUNNY ORANGE** (9-9) 11-1 midfield, switched right when not clear run 2f out, ridden 1f out, switched left final furlong, chased winner near finish, always held, ¼l **DR RIO** (9-12) 8-1 towards rear, headway 3f out, waiting for room over 2f out, kept on same pace final furlong, 5th (btn 2¼l) (9 ran) (Beverley 1¼-m hcap (6) £4,004 good to firm).
PRINCESS NIYLA (9-9) 5-1 in touch with leaders, headway to chase leaders 1f out, kept on, 3rd of 11 (btn ¾l) to Relevant Range (9-4) (Doncaster 1m hcap (6) £3,768 good to firm).
SUNNY ORANGE (10-12) 3-1 in touch in rear, going okay 2f out, ridden and headway to briefly lead entering final furlong, kept on but always held towards finish, btn ½l by Star Start (10-6) (7 ran) (Pontefract 1¼-m amat hcap (6) £3,229 good to firm).
KITSUNE POWER (8-11) 13-2 handy, pushed along 2f out, disputed second final furlong, dropped to third towards finish, 3rd of 8 (btn 5¾l) to Lucky Hero (9-4) (Redcar 1¼-m app hcap (5) £3,664 good to firm).
LANGTON WOLD (9-9) 9-1 midfield, pushed along and headway 3f out, ridden 2f out, no further impression, 7th of 13 (btn 12l) to Trais Fluors (9-9) (Newcastle 7f (6) £3,454 AW).

4.45 NATION RADIO YORKSHIRE HANDICAP (5); 3-y-o; value to the winner £4,527; 5f. (11 runners)

1 (10) 5277411 **ANGEL NUMBERS 9 (D)** R Carr 10-0(6ex).....**James Sullivan ●99**
2 (7) 011-482 **STRAIGHT AHEAD 27 (D)** C Lidster 9-9.....**Clifford Lee 95**
3 (8) 6-75399 **HANNEY GIRL 46 (CD)** T Easterby 9-7.....**David Allan 92**
4 (3) 54-203 **QILA 5** B Ellison 9-5.....**Ben Robinson 85**
5 (5) 3-22 **KILFRUSH DESERT 56** K Ryan 9-4.....**Tom Eaves 98**
6 (2) 0314 **RUMBLE RUBY 18** L Souza 9-3.....**Warren Fentiman (3) 95**
7 (11) -316140 **DRAGON SPIN 19 (D)** Steph Hollinshead 9-2.....**Dougie Costello 93**
8 (4) 1215434 **SIMBA'S PRIDE 27 (BF)** M Dods 9-2.....**Mark Winn 91**
9 (1) 04-4515 **LAMLASH BAY 20** M & D Easterby 9-0.....**Lewis Chalkley (7) 90**
10 (6) 344-553 **BLACK MISSILE 26** J Camacho 8-12.....**Ryan Sexton 93**
11 (9) -566933 **UNDER THE RADAR 23 (BF,D)** T Easterby 8-10.....**Duran Fentiman 93**
BETTING: 2 Angel Numbers, 5 Straight Ahead, 15-2 Kilfrush Desert, Hanney Girl, 10 Rumble Ruby, Under The Radar, Simba's Pride, 16 Black Missile, Lamlash Bay
WHERE FAVOURITES FINISHED: 3 3 6 7 2
2025: Tees Aggregates 9-6 Harrison Shaw 13-2 (Adrian Nicholls) drawn 7, 7 ran.

DOG TIPS AND RETURNS

SELECTIONS

■**MONMORE: 11.03 Alone All Alone (6-4-2) 11.19 Crafty Techno (nap) (5-6-2) 11.36 Battery Jack (2-4-1) 11.52 Bluey Hills (nb) (3-5-2) 12.09 Mr Brightside (6-4-2) 12.26 Vixons Cruise (1-4-6) 12.42 Pippy Longsocks (1-3-2) 12.59 Aero Superstar (6-1-3) 1.16 Fourpenny Jack (3-6-1) 1.31 Noruffsorscruffs (2-1-4) 1.46 Tullymurry Skies (6-4-1) 2.04 Catchem Flawless (4-1-5)**
■**DONCASTER: 2.33 Skidrow Nell (2-3-4) 2.52 Glens Lucky Dip (nap) (1-6-3) 3.11 Redbrick Cantona (6-1-2) 3.29 Rumble Strip (2-1-4) 3.49 Dellser Paidi (nb) (2-4-6) 4.07 Boughtinmulcahys (4-1-5) 4.26 Jazza Belle (6-1-5) 4.44 Keady Storm (4-6-5) 5.03 Redbrick Whitney (4-2-6) 5.21 Savana Sandy (1-6-5) 5.39 Keady Cashout (5-1-2)**
■**NEWCASTLE: 2.29 Abbeyside Enda (2-3-6) 2.48 Sixsevensixseven (4-6-1) 3.07 Crooks Fearghal (nb) (3-1-4) 3.26 Tetra Cruising (3-4-2) 3.44 My Twilight Zone (2-3-1) 4.03 Aero Donishall (4-3-1) 4.22 Midtown Romeo (2-4-3) 4.41 A Bit Of Maur (3-6-5) 4.59 Drombeg Olive (6-4-1) 5.18 Highview Evie (4-2-3) 5.37 Crooks Willow (3-6-4) 5.56 Dryland Velvet (nap) (4-1-2)**

RETURNS

■**SHEFFIELD: 11.01 Outside The Arc 12-1 (3-2-6 BAGS F £79.16). 11.18 No Danger 6-5f (1-3-2 £8.79 TC £20.60). 11.34 Blake Delight 6-1 (6-4-1 £23.07 TC £59.53). 11.52 Frankton Fern 11-4 (4-5-2 £19.92 TC £48.35). 12.09 When Its Over 13-8f (5-6-4 £9.82). 12.26 Drumdoit Belle 10-3 (2-3-5 £19.67 TC £62.73). 12.42 Slippy Falcon 5-2 (4-3-6 £23.54). 12.59 Epic Estimate 5-1 (1-2-5 £67.09). 1.17 Carlow Pest 7-2 (4-1-2 £22.47 TC £57.64). 1.33 Thornfield Love 7-1 (2-1-3 £36.48 TC £92.58). 1.51 Footfield Dollar 6-1 (1-3-6 £27.06 TC £51.65). 2.07 Sliabh King 13-8f (5-2-4 £5.17).**
■**NEWCASTLE: 11.09 Swish Swish Bish 11-4 (1-4-5 BAGS F £15.19). 11.27 Newinn Zulu 6-4f (4-5-2 £18.62 TC £35.13). 11.43 Coppice Sioux 6-1 (3-4-6 £40.15 TC £140.04). 12.01 Alnwick Haws 3-1 (3-4-1 £23.49 TC £51.25). 12.18 Dunelm Le Fee 6-1 (2-4-1 £52.70). 12.34 Ngumohaaa 3-1jt (1-3-4 £15.16 TC £38.71). 12.51 Droopys Renee 4-1 (3-2-5 £29.34). 1.08 Fire Height Cora 15-8f (5-6-2 £7.63). 1.26 Droopys Hanora 15-8f (6-1-4 £20.34). 1.42 Charlies Top Gun 10-3 (5-6-4 £25.07 TC £126.55). 1.59 Links Frankel 9-2 (3-5-4 £21.09). 2.14 Whitehills Vito 11-4 (3-4-5 £18.77).**

HUGE BOW BLOW

From Page One

given us some extraordinary days and taken everyone involved on a journey we will never forget.

"We will all miss seeing him at home and on the racecourse but we are incredibly excited for his next chapter and in time, to see a new generation of his progeny on the racecourse."

Bow Echo has swept all before him this season and his brilliant partnership with Billy Loughnane has been the story of the summer.

He beat Gstaad by nearly three lengths in the 2,000 Guineas before winning an epic battle with the same rival at Royal Ascot.

Just two weeks ago, Bow Echo and Loughnane were roared back into a raucous winners' enclosure at Glorious Goodwood following a thrilling win, again over Gstaad.

In doing so, he became the first horse since Frankel in 2011 to complete the Guineas, St James's Palace and Sussex treble, and he won all six career starts.

Loughnane said: "Bow Echo has been the most unbelievable race-horse and has given me days in the saddle that I could only ever have dreamed of. It has been a privilege to ride him and he'll always mean a huge amount to me."

RACING RESULTS

CARLISLE
Going: Good-good to firm in places

2.45: 1 HOSTILITY Conor Whiteley (2-1 fav); **2 Izzari** (10-3); **3 Perfidia** (9-2). 8 ran. 1l; 1¼l. D O'Meara. T: £3.10; £1.30, £1.40, £1.50. Ex: £12. Tricast: £26.80. Trifecta: £46.50. CF: £9.18.
3.15: 1 ROGUE PASSION Oisin Orr (3-10 fav); **2 Lizzie Bennet** (25-1); **3 Girl Scout** (3-1). 5 ran. 2¼l; 2¾l. E Bethell. T: £1.30; £1.10, £2.40. Ex: £9.50. Trifecta: £17.50. CF: £12.07.
3.45: 1 INFLUENCER MAN MP Sheehy (2-1 fav); **2 Concert Pitch** (9-4); **3 Lauralynn** (9-1). 7 ran. nk; 3¼l. A Keatley. T: £3; £1.80, £1.70. Ex: £7.10. Trifecta: £34.80. CF: £6.93.
4.15: 1 SIXTYGEESBABY M Winn (4-1); **2 Valentine Catcher** (12-1); **3 Pickersgill** (10-1). 8 ran (Great 7-2 fav). 4l; nk. D O'Meara. T: £5; £1.80, £3.10, £2.10. Ex: £41.80. Tricast: £451.04. Trifecta: £402.90. CF: £50.40. NR: Stirrup Cup.
4.45: 1 ASIA FORCE C Lee (6-4 fav); **2 Dance Time** (15-2); **3 Ludo's Landing** (16-1). 6 ran. 5¼l; 2¼l. K R Burke. T: £2.50; £1.40, £2.40. Ex: £13. Tricast: £126.05. Trifecta: £84.60. CF: £13.60. NR: Ouro Preto, Savrola.
5.15: 1 TRULY SPECIAL J Hart (25-1); **2 Viviana** (7-2); **3 Only Dream Big** (9-4). 7 ran (Leelawadee 15-8 fav). nk; nk. J Wainwright. T: £26; £5.50, £2.70. Ex: £58.30. Tricast: £283.61. Trifecta: £228.30. CF: £110.22. NR: Douwantitrightnow, Yoko.
PLACEPOT: £145.60
QUADPOT: £92.80

HAMILTON
Going: Good-good to soft in places

5.30: 1 TANJEN J Dickson (7-2); **2 Never Dark** (9-2); **3 Summerstorms Dream** (12-1). 7 ran (Ukiyo 3-1 fav). 3½l; nk. T Easterby. T: £4.50; £2.10, £2.50. Ex: £18.80. Tricast: £168.45. Trifecta: £150.90. CF: £19.84. NR: Hvar.
6.00: 1 HARLEY D Tudhope (6-5 fav); **2 Sea Mirage** (7-1); **3 Profitability** (10-1). 6 ran. 3¼l; nk. E Bethell. T: £2.20; £1.40, £2.50. Ex: £9.10. Trifecta: £33.20. CF: £10.49.
6.30: 1 MATTER OF BRITAIN D Tudhope (4-1); **2 Al Fujairah** (18-1); **3 Sheikhnshah** (4-9 fav). 8 ran. 3l; 1¼l. D O'Meara. T: £5.30; £1.10, £2.50, £1.10. Ex: £76. Trifecta: £104.90. CF: £73.96.
7.00: 1 STRENGTH OF SPIRIT J Nicholls (15-2); **2 Impartiality** (28-1); **3 Spoken Truth** (3-1 fav). 13 ran. 1l; ½l. K R Burke. T: £9.30; £2.90, £8.70, £1.70. Ex: £274.10. Tricast: £781.20. Trifecta: £1669.40. CF: £211.91. NR: El Matador.
7.30: 1 SANAFI ZABEEL P Mulrennan (11-10 fav); **2 Quiet Resolve** (6-1); **3 Second Fiddle** (5-1). 9 ran. 1¼l; hd. J Goldie. T: £2.10; £1.10, £1.90, £1.70. Ex: £8.40. Tricast: £26.52. Trifecta: £34.30. CF: £8.78. NR: Pink Azalea.
8.00: 1 DANDY MAGIC Lauren Young (12-1); **2 Milford** (10-3 jtfav); **3 Station X** (7-1). 12 ran (Top Juggler 10-3 jtfav). 1¼l; ¾l. J Goldie. T: £16.40; £3.50, £1.90, £2.40. Ex: £96.80. Tricast: £324.06. Trifecta: £527.40. CF: £53.53. NR: Cargin Bhui, Parisiac.
8.30: 1 SATYRESS S D Bowen (11-2); **2 Falaise Blanc** (5-1); **3 Ebony Maw** (8-1). 8 ran (Patrick Street 15-8 fav). hd; ½l. H Bethell. T: £6.50; £1.80, £1.80, £1.80. Ex: £38. Tricast: £221.12. Trifecta: £212.60. CF: £33.84. NR: Game Management.
JACKPOT: Not won, pool of £16,213.60 carried over.
PLACEPOT: £34.60
QUADPOT: £6.80

LINGFIELD
Going: Standard

2.30: 1 ROMAN SECRET F Marsh (17-2); **2 Shifra** (4-1); **3 Lady Aiyana** (20-1); 12 ran (Chico Dulce 2-1 fav). 1l, dht. L Mullaney. T: Roman Secret £9.50; Roman Secret £2.70, Shifra £1.70, Lady Aiyana £6.70. Ex: Roman Secret, Shifra £30.70, Roman Secret, Lady Aiyana £95. Tricast: Roman Secret, Shifra, Lady Aiyana £346.52, Roman Secret, Lady Aiyana, Shifra £400.97. Trifecta: Roman Secret, Shifra, Lady Aiyana £444.70, Roman Secret, Lady Aiyana, Shifra £1326.80. CF: Roman Secret, Shifra £22.21, Roman Secret, Lady Aiyana £88.17. NR: Lady Of Chivalry, Moonlit Cloud.
3.00: 1 BELLATINA C Fallon (7-1); **2 Birkacre Brow** (12-1); **3 Desert Sands** (6-4). 5 ran (Ouragan 11-8 fav). 3¼l; 1¼l. C Johnston. T: £8; £1.60, £4.90. Ex: £31.40. Trifecta: £130.80. CF: £69.76.
3.30: 1 SHE COMMANDS E Greatrex (17-2); **2 Guesstimate** (8-1); **3 Asset** (9-1). 9 ran (Distant Shore 9-4 fav). 1¼l; hd. R Beckett. T: £9.50; £2.90, £3, £3.20. Ex: £81. Tricast: £635.48. Trifecta: £931.60. CF: £76.37. NR: Pomme Pomme.
4.00: 1 FOINIX F Marsh (9-1); **2 Fighting Poet** (80-1); **3 Charencey** (9-4 fav). 11 ran. ½l; 1l. J & S Best. T: £10; £3.10, £18, £2. Ex: £389.40. Trifecta: £4164.10. CF: £542.58.
4.30: 1 MALACHY'S WISH S Osborne (5-1); **2 Do Bronxs** (9-2); **3 Bone Marra** (2-1 fav). 7 ran. ¾l; ¾l. J Osborne. T: £6; £2.60, £2.50. Ex: £28.60. Trifecta: £102. CF: £28.36.
5.00: 1 YES WALIIM Oliver Hoodless (13-2); **2 Twitch** (6-1); **3 Ashford Hill** (16-1). 10 ran (Jackson Street 4-1 fav). nk; ½l. R Hughes. T: £8; £2.50, £3.50, £4.50. Ex: £54.20. Tricast: £618.17. Trifecta: £582.10. CF: £45.94. NR: African Spirit.
PLACEPOT: £10.825
QUADPOT: £257.70

NOTTINGHAM
Going: Good to firm-good in places

5.45: 1 APULIA BAY James Doyle (1-6 fav); **2 Time For The Moon** (7-2); 2 ran. 6½l. S & E Crisford. T: £1.17;
6.15: 1 BADDADDAN G Wood (2-1); **2 Blessed Voyager** (4-6 fav); **3 Jeyoush** (6-1). 3 ran. 3l; 1¾l. R Spencer. T: £3.10; Ex: £3.20. Trifecta: £6.20. CF: £3.81.
6.45: 1 HOPE RISING Harry Vigors (2-7 fav); **2 Joanna Hifferman** (5-1); **3 Simiyann** (15-2). 5 ran. 19l; 6¼l. J Snowden. T: £1.29; £1.10, £1.80. Ex: £1.90. Trifecta: £3.40. CF: £2.23. NR: Free World.
7.15: 1 MIDNIGHT MEDIA T Marquand (5-2 fav); **2 Beauty Generation** (10-1); **3 The Anthony Gover** (14-1). 8 ran. ¾l; ¾l. W Muir & C Grassick. T: £3.50; £1.80, £2.40, £3.20. Ex: £22.90. Tricast: £299.63. Trifecta: £231.50. CF: £29.58.
7.45: 1 MOULIN BOOJ T Marquand (6-4 fav); **2 Jax Edge** (11-2); **3 Mesaafi** (5-1). 7 ran. ½l; 1l. G Scott. T: £2.50; £1.40, £4. Ex: £12.80. Trifecta: £53.80. CF: £10.47.
8.15: 1 MELISSA HONEY D Probert (5-1); **2 Thunderous Love** (15-8 fav); **3 Come On Eibhlin** (9-2). 6 ran. nk; ¾l. M Herrington. T: £6; £2.20, £1.50. Ex: £16.60. Trifecta: £55. CF: £14.49.
PLACEPOT: £24.20
QUADPOT: £5.90

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TEMPLEGATE
RACING'S NO1 TIPSTER STEVE MULLEN

ROGUE ALLEGIANCE is worth siding with tonight (8.00 Kempton, nap).

He has taken a step forward since being switched to the in-form James Owen, who can't stop having winners. He stayed on nicely to win cosily over seven furlongs at Yarmouth and there should be more to come back up to a mile in a very winnable race.

SCOMMESSA SICURA (3.30 Salisbury, nb) had strong form in maidens before opening her account in a good race at Newmarket last month. She can take another step up over a mile for her top yard, while she gets weight from her rivals.

SUPREME KING (3.00 Salisbury, treble) was well-backed and far from disgraced in a big field handicap at Glorious Goodwood last time out. The course-and-distance winner is worth another chance under Oisin Murphy.

You can trust in this Rogue

★ TEMPLEGATE NAP
ROGUE ALLEGIANCE
8.00 Kempton
Won cosily last time and there's more to come back over a mile

★ TEMPLEGATE NB
SCOMMESSA SICURA
3.30 Salisbury
Can take another step forward after opening her account at HQ

★ TEMPLEGATE TREBLE
SUPREME KING
3.30 Salisbury
No disgrace at Goodwood and worth another shot with Oisin aboard

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KEMPTON TONIGHT
STANDARD TO SLOW

TEMPLEGATE
5.30 Sweltering
6.00 Manaar
6.30 Cogitate
7.00 Wild Nature
7.30 Warrior Mode
8.00 ROGUE ALLEGIANCE (nap)
8.30 Kokbastau
9.00 Crooked Path

TOM PEPPER
5.30 Miss Miniver
6.00 Arrivera
6.30 Percy's Lad
7.00 Chalk Mountain
7.30 Grey Soul
8.00 Gallant
8.30 The Green Mile
9.00 Semper Femina

■TIC-TAC: Right-handed Polytrack all-weather course. 1m round with tight turns and a 3f run-in. ■DRAW: No advantage. ■LEADING TRAINERS WITH RUNNERS (2021-2026): A Balding 98-618, J & T Gosden 69-339, R Varian 63-278, R Beckett 55-316. THIS SEASON: A Balding 14, J Butler 10, J & T Gosden 6. ■TOP JOCKEYS WITH RIDES (2021-2026): B Loughnane 65-407, J Mitchell 60-425, R Havlin 41-398, David Egan 40-328. THIS SEASON: B Loughnane 15, R Havlin 4, David Egan 4. ■LONGEST TRAVELLER: It Would Be You (6.00) trained at Leek. Round trip of 368 miles. ■TRAINERFAX: W Haggas won the 6.00 in 2024 and 2025. A Balding won the 5.30 in 2019 and 2025. ■FIRST RUN SINCE WIND OP: None. ■LIVE ON RACING TV

5.30 UNIBET/BRITISH STALLION STUDS FILLIES' NOVICE STAKES (Class 3); 2-y-o; winner £7,020; 7f. (13 run)
1 (11) **COAXED** J & T Gosden 9-2 **Robert Havlin —**
2 (9) **CULLENAGH RAINBOW** A King 9-2 **Charles Bishop —**
3 (2) **FRIENDLY FORCE** K De Foy 9-2 **David Egan —**
4 (8) 4 **MARSALA 41** R Beckett 9-2 **Edward Greatrex ●99**
5 (7) **MISS MINIVER** R Varian 9-2 **Jack Mitchell —**
6 (6) 0 **PLEASE DON'T GO 72** R Hughes 9-2 **Cieren Fallon 73**
7 (13) **SOUTH CHINA SEA** D Simcock 9-2 **George Wood —**
8 (1) 7 **SPEED NATION 35** S & E Crisford 9-2 **Harry Davies 75**
9 (5) 0 **SPIRIT OF PROGRESS 41** D Hitchins 9-2 **Stevie Donohoe 70**
10 (10) **SWEET KATARINA** W Muir & C Grassick 9-2 **Kaiya Fraser —**
11 (4) **SWELTERING** A Balding 9-2 **P J McDonald —**
12 (3) 5 **THURITHA 26** D Simcock 9-2 **Dylan Hogan 88**
13 (12) **WOOLLAHRA** J Morland 9-2 **Neil Callan —**
BETTING: 5-2 Coaxed, 5 Marsala, 8 Sweltering, Miss Miniver, Friendly Force
WHERE FAVOURITES FINISHED: 1 3 2 1 2
2025: Pacific Mission 9-2 William Carver 11-2 (A Balding) drawn 1, 9 ran.

6.00 UNIBET/BREEDERS BACKING RACING EBF FILLIES' NOVICE STAKES (3); winner £6,480; 1m 4f. (5 run)
1 (4) **IT WOULD BE YOU J125** J Candlish 4-9-12 **George Wood —**
2 (5) 12 **MANAAR 25** W Haggas 3-9-9 **Cieren Fallon ●99**
3 (1) 62 **ARRIVERA 69** T Clover 3-9-2 **David Egan 95**
4 (2) 2-55 **LADYKIRK 82** J Chapple-Hyam 3-9-2 **Edward Greatrex 89**
5 (3) 32 **LUNELLA 28** O Sangster 3-9-2 **Jack Mitchell 96**
BETTING: 6-5 Manaar, 3 Arrivera, 7-2 Lunella, 8 Ladykirk, 11 It Would Be You
WHERE FAVOURITES FINISHED: 1 1 2 1 1
2025: Pearla 3-9-2 James Doyle 4-9 Fav (W Haggas) drawn 5, 8 ran.

6.30 UNIBET SUPPORT SAFER GAMBLING HANDICAP (DIV 1) (4); value to the winner £6,281; 7f. (12 runners)
1 (3) 4/00626 **PERCY'S LAD 32 (BF)** D & C Kubler 8-9-10 **Ebrahim Nader 97**
2 (5) -086408 **DAPPER GUEST 19 (V;D)** G Margarson 4-9-9 **Tom Queally 91**
3 (10) 0435477 **EMINENCY 16 (D)** S Williams 6-9-7 **Cieren Fallon 96**
4 (9) -207354 **COGITATE 16 (V★;BF,D)** E J-Houghton 5-9-7 **Charles Bishop ●99**
5 (8) 0560609 **BROSAY 16 (B)** C Pike 4-9-6 **Nicola Currie 85**
6 (11) 754-694 **ORCHID 12 (P★;C)** G Boughey 4-9-5 **Billy Loughnane 93**
7 (1) 2025-87 **FLAG OF ST GEORGE 25 (D)** J Chapple-Hyam 5-9-4 **Kaiya Fraser 87**
8 (2) 7144196 **SEA FOUNDER 34 (C)** R Hughes 4-9-1 **Finley Marsh 90**
9 (12) 30070-4 **LONGLAI 54 (C,D)** G Baker 8-9-0 **Benoit Sayette 93**
10 (7) 14-3478 **ARCTICIAN 61 (CD)** S Dow 8-8-13 **Harry Davies 98**
11 (4) 710-607 **PETER THE WOLF 16** W Greatrex 4-8-11 **Edward Greatrex 84**
12 (6) 9-09088 **NEZEEH 37** J & S Best 5-8-6 **William Cox 77**
BETTING: 5-2 Cogitate, 4 Percy's Lad, 11-2 Eminency, Orchid, 7 Flag Of St George
WHERE FAVOURITES FINISHED: 7 1
2025: Grand Traverse 5-9-11 Luke Morris 2-1 Fav (A Watson) drawn 1, 10 ran.

7.00 UNIBET SUPPORT SAFER GAMBLING HANDICAP (DIV 2) (4); value to the winner £6,281; 7f. (11 runners)
1 (6) 991-300 **WILD NATURE 33 (CD)** M Attwater 4-9-9 **Jack Mitchell 90**
2 (1) 6-71340 **PHILANTHROPIST 18 (D)** J Fanshawe 4-9-8 **George Wood 93**
3 (3) 00-0004 **METAL MERCHANT 18 (D)** J Butler 6-9-7 **David Egan 94**
4 (4) 1-18672 **CHALK MOUNTAIN 16 (CD)** Z Hawkins 6-9-6 **Alfie Redman (7) 95**
5 (11) 7003-81 **RACINGBREAKS RYDER 47 (D)** C Hills 6-9-6 **Jason Watson ●99**
6 (5) -558776 **BRIDGET'S VIEW 48 (H★;CD)** S Williams 4-9-4 **Cieren Fallon 89**
7 (8) 31-8028 **KINIRO 46** D Horsford 4-9-2 **Jason Watson 85**
8 (9) 5216-47 **KITARO KICH 27 (CD)** G Baker 6-9-1 **Neil Callan 88**
9 (2) -160606 **LADY MARIKO 25 (C,D)** D Cunha 4-8-13 **Stevie Donohoe 91**
10 (10) 7P42900 **HOW IMPRESSIVE 33 (V;CD)** H Palmer 7-8-12 **Robert Havlin 75**
11 (7) 3214544 **BERRY CLEVER 20 (CD)** C Dwyer 5-8-10 **Silvestre De Sousa 94**
BETTING: 9-4 Racingbreaks Ryder, 4 Chalk Mountain, 11-2 Metal Merchant
WHERE FAVOURITES FINISHED and 2025: See Division 1.

7.30 BET 20 GET 20 WITH UNIBET HANDICAP (DIV 1) (4); value to the winner £6,281; 1m. (10 runners)
1 (6) 14380-3 **WARRIOR MODE 25** Sir M Prescott 4-10-3 **Dylan Hogan 92**
2 (9) -613418 **FORESEEN 61 (CD)** A Carroll 5-10-1 **Seamus Cronin (5) 90**
3 (10) /237-61 **STARDANCER 46 (D)** C Cox 4-9-13 **Georgia Dobie 98**
4 (2) 861-411 **GREY SOUL 44 (D)** D Horsford 4-9-13 **Jason Watson ●99**
5 (4) 2046440 **METALLO 44** J Butler 5-9-11 **David Egan 87**
6 (3) 71496-0 **KINDEST NATION 61 (V)** H Palmer 5-9-9 **Robert Havlin 89**
7 (1) 25-3319 **I AM ME 63 (CD)** M Murphy 4-9-7 **Cieren Fallon 94**
8 (5) 106-000 **BEAUTY BY MY SIDE 32 (D)** J Parr 4-9-5 **Jack Mitchell 78**
9 (8) 31-0FP9 **LILI MARLEEN 12 (D)** J Jones 4-9-4 **Finley Marsh 85**
10 (7) /31461- **COTSWOLD COTTAGE 320** F Bramley 6-9-3 **Nicola Currie 93**
BETTING: 9-2 Grey Soul, 5 Stardancer, 15-2 Warrior Mode, 14 Cotswold Cottage, 16 I Am Me, 25 Kindest Nation, Foreseen, Metallo
WHERE FAVOURITES FINISHED: 3 2 2
2025: Maybe Not 3-9-4 Edward Greatrex 4-1 (R Beckett) drawn 9, 13 ran.

8.00 BET 20 GET 20 WITH UNIBET HANDICAP (DIV 2) (4); value to the winner £6,281; 1m. (10 runners)
1 (5) 1623602 **FINAL NIGHT 18 (CD)** J Butler 4-10-2 **Billy Loughnane 96**
2 (1) 2607573 **GALLANT 19 (C,D)** O Rix 4-10-0 **Cieren Fallon 95**
3 (6) -623221 **ROGUE ALLEGIANCE 20** J Owen 4-9-13 **Harry Davies ●99**
4 (2) 516/00 **CITY OF KINGS 16** I Williams 6-9-11 **Stevie Donohoe 77**
5 (7) 31-2634 **SOVEREIGN VIEW 18 (D)** J Tate 3-9-11 **Jason Watson 98**
6 (3) 6007-90 **SAN JUANITO 44** M Murphy 4-9-10 **Robert Havlin 75**
7 (4) 1-550 **DUMUJI 13 (C)** C Cox 3-9-6 **P J McDonald 91**
8 (9) 00-7917 **GUNFIGHTER 12 (BF)** J Butler 5-9-5 **David Egan 94**
9 (8) 7-05742 **MAN OF DESERT 41** C Dwyer 5-9-3 **Silvestre De Sousa 93**
10 (10) 8326- **LIEUTENANT KIJE 287** T Ward 3-9-0 **Cieren Fallon 85**
BETTING: 15-8 Rogue Allegiance, 4 Final Night, 9-2 Gallant, 6 Sovereign View, 16 Gunfighter, Man Of Desert, Dumuji, 20 Lieutenant Kije, San Juanito, City Of Kings
WHERE FAVOURITES FINISHED and 2025: See Division 1.

8.30 UNIBET EXTRA PLACE RACES HANDICAP (3) winner £8,246; 1m 4f (12 runners)
1 600/8- **CUMULONIMBUS 410 (D)**
(6) G Baker 7-10-2 **Neil Callan 87**
Runs: 18 Wins: 5 (F,3GS,G) Places: 3 £118,594
Useful back in the day (three wins in '23) but little since, best watched

2 5-0131 **THE GREEN MILE 44 (C)**
(4) N Mulholland 4-10-1 **Charles Bishop ●99**
Runs: 8 Wins: 3 (A,GS,G) Places: 1 £20,412
Enjoyed step up to 1m3f to win here latest (AW bow), up 6lb but go close

3 -32434 **BULLETIN 41 (C)**
(3) J Portman 4-10-1 **Harry Davies 95**
Runs: 17 Wins: 2 (2A) Places: 9 £60,803
Holding his form well, no disgrace over C&D latest, won't be far away

4 146 **GALAXY STAR 73 (C)**
(8) A King 4-10-0 **Harry Vigors (5) 93**
Runs: 3 Wins: 1 (A) £10,232
Useful bumper form, 10f too sharp latest but looks on steep enough mark

5 3211-1 **FOREVER PENYWERN 38**
(9) W Greatrex 4-10-0 **Edward Greatrex 95**
Runs: 6 Wins: 3 (F,2A) Places: 1 £26,680
New lease of life on AW (2-2), though 6lb hike for latest win will be tough

6 351230 **SON OF MAN 77 (D)**
(5) J Boyle 5-9-12 **David Egan 92**
Runs: 27 Wins: 2 (A,GS) Places: 9 £76,444
Claims on earlier form but ran shocker here last time, off since, jury's out

7 1-250 **CLASSICAL ALLUSION 95 (D)**
(1) A Balding 4-9-11 **Callum Hutchinson 96**
Runs: 4 Wins: 1 (A) Places: 1 £7,685
Chased home Constitution Hill here in March, hasn't kicked on, squeak

8 6-31 **KOKBASTAU 16 (D)**
(7) R Varian 3-9-6 **Cieren Fallon 97**
Runs: 3 Wins: 1 (A) £8,002
Won Sthwell novice, has the makings of a useful hcapper, respected

9 8590/6 **DUC DE KENT 18**
(11) I Williams 6-9-5 **Stevie Donohoe 85**
Runs: 19 Wins: 2 (S) Places: 5 £55,152
Off two years before Chester return, will come on for that, check betting

10 2-4518 **MUST BELIEVE 68 (C)**
(12) G Baker 4-9-3 **Benoit Sayette 90**
Runs: 20 Wins: 3 (3A) Places: 6 £22,350
Scrambled home here on stable bow, bombed out Goodwood latest, sniff

11 110254 **DUST COVER 35 (C)**
(2) R Burdon 4-9-2 **Jack Mitchell 94**
Runs: 13 Wins: 3 (3A) Places: 2 £15,556
Found 2m too far here latest, but still ran well and 12f better, in the mix

12 5121/0 **MATHEMATICIAN 44 (H;C)**
(10) N Mulholland 6-9-1 **Finley Marsh 84**
Runs: 9 Wins: 2 (2A) Places: 1 £14,590
Useful in '23 for Roger Varian, but unsighted stable bow after long layoff, left

BETTING: 10-3 Kokbastau, 4 The Green Mile, 9-2 Forever Penywern, 8 Bulletin, 10 Dust Cover, Classical Allusion, 12 Son Of Man, Galaxy Star, 16 Must Believe, 20 Cumulonimbus, 33 Mathematician, Duc De Kent
WHERE FAVES FINISHED and 2025: No corresponding race.

9.00 TRY UNIBET'S NEW IMPROVED ACCA BOOSTS HANDICAP (5); winner £4,187; 1m 4f. (11 runners)
1 (9) -514321 **SOLANNA 50 (C)** J Butler 7-10-2 **Billy Loughnane 97**
2 (3) 700-3 **MAESTRO DEL MAR 54** I Mohammed & J Santos 4-10-2 **Silvestre De Sousa 92**
3 (4) 4-45436 **NAASMA 30 (C)** P Phelan 7-10-0 **Kaiya Fraser 87**
4 (5) 59-5173 **ROLAND GARROS 7 (D)** H Burton 5-10-0 **Alexandra Egan (7) 92**
5 (1) 1/82-58 **STAR TIME 70 (D)** A King 5-9-13 **Harry Vigors (5) 94**
6 (7) 044800- **CROOKED PATH J114** J Owen 4-9-11 **Cieren Fallon 93**
7 (11) 6-37230 **IMPERIAL DECISION 131** Kieran Burke 4-9-10 **Josephine Gordon 93**
8 (6) 6640 **ELJOWHARY 45** E J-Houghton 3-9-6 **Charles Bishop 88**
9 (2) 297273 **SEMPER FEMINA 21** R Hannon 3-9-2 **Seamus Cronin (5) ●99**
10 (10) 23235-8 **BACKER BILK J40 (H★)** L Dace 4-9-2 **George Wood 85**
11 (8) 7407133 **MAYWEDANCE 35 (CD)** J O'Shea 4-9-2 **Jack Mitchell 93**
BETTING: 11-4 Solanna, 9-2 Crooked Path, 8 Star Time, Semper Femina, Maestro Del Mar, 10 Roland Garros, Eljowhary, 14 Backer Bilk, Maywedance, Naasma
WHERE FAVOURITES FINISHED: 2-8 4
2025: Wine Dark Sea 3-9-5 Callum Rodriguez 15-2 (Harry Charlton) drawn 11, 13 ran.

GOWRAN PARK
GOOD TO FIRM (GOOD)

EAMONN HAMES
2.22 Contrite
2.52 Mirren
3.22 Pretty Omagh Girl
3.52 Skydance
4.22 NAVY WATERS (nap)
4.52 Rock Of Claremont (nb)
5.22 Omissions
5.52 Reponse Finale

TOM PEPPER
2.22 Star Of Beauty
2.52 Citrus Springs
3.22 Alfred Tennyson
3.52 Lemsairbat
4.22 Obscenity
4.52 Xirivella
5.22 La Campanella
5.52 Thegooseiscooked

■TIC-TAC: Right-handed oval, undulating course of 1m 3f with a 3f run-in and a uphill finish. ■DRAW: No advantage. ■LEADING TRAINERS WITH RUNNERS (2021-2026): J P O'Brien 47-329, J P Murtagh 33-184, J Harrington 28-229, A P O'Brien 25-106. THIS SEASON: J P O'Brien 16, A Slattery 4, D Hogan 3. ■TOP JOCKEYS WITH RIDES (2021-2026): C T Keane 36-264, W J Lee 33-243, B M Coen 32-237, D Browne McMonagle 30-184. THIS SEASON: D Browne McMonagle 7, W J Lee 6, C T Keane 3. ■LONGEST TRAVELLER: Storm Petrel (4.52) trained at Cork. Round trip of 214 miles. ■JACKPOT: Races 3-6. PLACEPOT: Races 1-6. ■TRAINERFAX: A P O'Brien won the 3.52 in 2017, 2019, 2020, 2023 and 2024. J P Murtagh won the 2.52 in 2023 and 2025, and won the 4.22 in 2020 and 2022. J P O'Brien won the 4.22 in 2019 and 2023. A McGuinness won the 3.22 in 2023 and 2024. ■LIVE ON RACING TV

2.22 OPTIONAL CLAIMING STAKES; winner €6,000; 1m. (16 runners)
1 (2) 08 **IF NOT FOR GRACE 51** L Cusack 4-10-2 **L Roche**
2 (1) 4-93 **CONTRITE 23 (P★;BF)** D Weld 3-9-9 **C Keane**
3 (6) 0315 **JP'S EXPRESS 10 (D)** M Mulvany 3-9-9 **W Joyce (3)**
4 (16) 35 **PASSAGE OF POWER 35** J O'Brien 3-9-9 **D McMonagle**
5 (18) 2236 **STAR OF BEAUTY 18 (V)** K Condon 3-9-6 **W Lee**
6 (4) 5P-0 **BILL SILVERS 34 (V★)** W Durkan 6-9-3 **J Orr (7)**
7 (9) 0/0- **MACINAMILLION 307** R Hurley 6-9-3 **M Sheridan (7)**
8 (15) 1127 **MINAUN VIEW 11 (D)** A McGuinness 4-9-2 **P McGettigan (5)**
9 (17) 37 **HELLO STACIA 18** J Dowling 3-9-1 **L McAteer**
10 (5) 7360 **LAND OF THE GIANTS 9** A McGuinness 4-9-1 **R Whelan**
11 (7) 703- **MAY NIGHT 387 (D)** R Hurley 8-9-1 **K Kennedy (5)**
12 (10) 6202 **MYTHICAL ROCK 29 (V★)** C Byrnes 5-9-1 **S Davis**
13 (11) 9740 **BUTTERMERE RIDGE 11 (C)** O McKiernan 5-9-0 **R Colgan**
14 (3) 0559 **LIBERATE 15** D Hogan 4-9-0 **C Hayes**
15 (8) 6036 **ZITKALA SA 35** E Sheehy 3-8-12 **S Foley**
16 (12) -050 **COUNTERTOP 7** M Mulvany 3-8-7 **T Casey (7)**
17 (13) 9409 **SLIGHT OF FOOT 5 (H★)** R Cody 3-9-9 **RESERVE**
18 (14) 0009 **HASTILY 19** T McGuinness 7-10-2 **RESERVE**
Contrite ●99, Minaun View 98, Star Of Beauty 98.
5 Star Of Beauty, 13-2 Mythical Rock, Jp's Express, 8 Contrite

2.52 MAIDEN AUCTION STAKES; 2-y-o; winner €15,000; 7f. (16 runners)
1 (10) 25 **JUST ONE SHOW 32 (BF)** J Foley 9-6 **W Lee**
2 (6) **FEEL THE STING** A Oliver 9-4 **G Carroll**
3 (1) 79 **STAY CURIOUS 61 (H)** P Foley 9-4 **G Ryan**
4 (8) 4 **THIS THAT 27** G Lyons 9-4 **C Keane**
5 (15) 62 **CITRUS SPRINGS 20 (V★)** J O'Brien 9-3 **D McMonagle**
6 (3) **BATTLE READY** N Meade 9-2 **C Hayes**
7 (2) 5 **MIRREN 27** D Marnane 9-2 **L McAteer**
8 (5) 8 **ROCK ON JOHNNY 40** A McGuinness 9-2 **R Whelan**
9 (19) 00 **SCOTTY CAMERON 10** K Coleman 9-2 **R Colgan**
10 (11) **SNAPEQUUS** J O'Brien 9-2 **D McDonogh**
11 (4) 2 **NOT YOU TOO 27** M O'Callaghan 9-1 **D O'Connor**
12 (17) 0 **CLOSEFIELD BEAU 54** D McLoughlin 9-0. **J Powell**
13 (12) **DRAGON SCALES** D McLoughlin 8-11 **N Crosse**
14 (13) **SUMMER SENT YOU** K Condon 8-11 **S Foley**
15 (18) 08 **ARIZONANEARGALWAY 7** D Hogan 8-9 **M Sheridan (7)**
16 (14) 3 **MISS TWILIGHT 20** R Devine 8-9 **A Slattery**
17 (9) 6 **CUDAWUDASHUDA 40** G Lyons 9-2 **RESERVE**
18 (7) 6 **SHENATA 34** J Murtagh 8-13 **RESERVE**
19 (16) 7 **WILLIAMSBURG 27** D Marnane 9-2 **RESERVE**
Just One Show ●99, Mirren 94, Not You Too 93.
4 Just One Show, 5 Citrus Springs, 11-2 Miss Twilight, 8 Not You Too

3.22 HANDICAP; winner €15,000; 7f. (7 runners)
1 (7) 6031 **ALFRED TENNYSON 5 (B;CD)** D Hogan 4-10-0(7ex) **C Hayes**
2 (4) 4-10 **PRETTY OMAGH GIRL 45** A Oliver 4-10-0 **B Coen**
3 (2) 5426 **LITTLE EMPIRE 21 (D)** A McCann 6-9-13 **P McGettigan (5)**
4 (5) 7360 **EXQUISITE ACCLAIM 13 (V;CD)** A McGuinness 7-9-11 **D McMonagle**
5 (3) 0847 **INDIGO DREAM 35 (D)** R O'Sullivan 4-9-11 **S Foley**
6 (6) 3117 **OHAILBHIC 21** J Feane 5-9-9 **R Whelan**
7 (1) 5248 **LOHOOBB 3** M Grassick 3-9-0 **W Lee**
Alfred Tennyson ●99, Little Empire 98, Lohoobb 97.
11-4 Alfred Tennyson, 4 Lohoobb, Pretty Omagh Girl, 5 Little Empire

3.52 FILLIES LISTED STAKES (1); winner €33,000; 1m 1f 100yds. (8 runners)
1 (3) 0-82 **HOLLYS GRACES 18 (B)** H Bromhead 4-9-9 **C Keane**
2 (7) 2523 **LEMSAIRBAT 52** J O'Brien 5-9-9 **D McMonagle**
3 (2) -387 **SUBSONIC 25 (P★)** J Murtagh 4-9-9 **B Coen**
4 (5) 1- **CLASSIEST 289 (B)** A P O'Brien 3-9-1 **R Whelan**
5 (4) 31-6 **MINERVA 109** A P O'Brien 3-9-1 **W Lordan**
6 (8) 314 **MOONLIT SUN 14 (BF)** J Harrington 3-9-1 **S Foley**
7 (6) 5-13 **SKYDANCE 18** W McCreery 3-9-1 **W Lee**
8 (1) 1 **STAR PERFORMER 24 (D)** J O'Brien 3-9-1 **D McDonogh**
Classiest ●99, Skydance 98, Minerva 96.
10-3 Skydance, 4 Minerva, 5 Classiest, Star Performer, 6 Lemsairbat, 10 Subsonic, Moonlit Sun, 16 Hollys Graces

Sun FORM
HOLLYS GRACES (9-7) 20-1 dwelt, soon tracked leader in 2nd, led after 3f, headed 2f out, no impression on winner 1f out, btn 6½l by Summer Is Tomorrow (9-9) (7 ran) (Gowran Park 1m 1f stks €10,800 good).
LEMSAIRBAT (9-2) 8-1 prominent, chased leaders from 2f out, outpaced by leading pair inside final 110yds, weakened towards finish, 3rd of 9 (btn 2½l) to Coedana (9-2) (Pontefract 1½m Listed (1) £33,612 good).
SUBSONIC (9-5) 50-1 always behind and never a factor, 7th of 8 (btn 9½l) to Moody (9-5) (Curragh 1¼m fll Grp 3 (1) €42,000 good to firm).
CLASSIEST (9-2) 7-1 tracked leaders, under pressure in 3rd 2f out, stayed on to close 1f out, led inside final 150 yards, kept on strongly closing stages, bt Flawless Fusion (8-13) 3¾l (10 ran) (Galway 1m mdn €10,800 soft to heavy).
MINERVA (9-2) 11-1 dwelt, towards rear, ridden in 5th 1f out, no extra, 6th of 7 (btn 12l) to Thundering On (9-2) (Navan 1¼m Grp 3 (1) €42,000 good to yielding).
MOONLIT SUN (9-13) 7-2 fav towards rear, pushed along over 2f out, soon ridden and kept on inside final furlong, went 4th close home, 4th of 11 (btn 1l) to Minella Rockett (9-4) (Galway 1m 1f hcap €15,601 yielding).
SKYDANCE (8-11) 8-1 tracked leaders, ridden 1f out, stayed on same pace, 3rd of 8 (btn 2¼l) to Kon Tiki (9-5) (Ascot 1m Grp 3 (1) £53,874 good to firm).
STAR PERFORMER (9-3) 7-2 in rear, headway 2f out, led final 150 yards, asserted closing stages, comfortably, bt Sunatia (9-3) 2l (7 ran) (Curragh 1m 1f mdn €12,000 good to firm).

4.22 HANDICAP; winner €15,000; 1m 4f 100yds. (11 runners)
1 (2) 2547 **DALLAS STAR 53** R Aguiar 5-10-0 **D O'Connor**
2 (3) 2710 **FIXATION 12** J Murtagh 4-9-4 **B Coen**
3 (4) 4-26 **ROYAL HOLLOW J13** A Slattery 8-9-4 **A Slattery**
4 (11) 1266 **MARAZION 45 (D)** J Harrington 4-9-3 **S Foley**
5 (7) -801 **WAR ROOMS 23** G Keane 5-9-3 **C Keane**
6 (9) 1210 **OBSCENITY 45 (V;BF,CD)** J O'Brien 4-9-0 **D McMonagle**
7 (10) 4255 **STAR HARBOUR 25 (V;D)** A McGuinness 8-9-0 **D McDonogh**
8 (8) 3545 **NAVY WATERS 12 (V)** W McCreery 5-8-13 **W Lee**
9 (6) 5511 **DABOYA 36 (B;D)** R Donohoe 5-8-8 **R Holohan (7)**
10 (5) 0033 **SEA CORAL 23 (P★;D)** J Harrington 4-8-8 **K Kennedy (5)**
11 (1) 0-98 **EPHESUS 11 (D)** D Hogan 5-8-7 **J Huggan (10)**
Dallas Star ●99, War Rooms 98, Daboya 97.
10-3 Daboya, 9-2 Obscenity, 11-2 War Rooms, 10 Dallas Star, Navy Waters, Marazion, Fixation, 12 Sea Coral, Royal Hollow

4.52 MAIDEN AUCTION STAKES; €12,000; 1m 1f 100yds. (15 runners)
1 (6) 00 **BELIEVE AGAIN 14** S O'Donnell 5-10-2 **J Ryan**
2 (9) 8 **HIGHLANDER ADDICT 23** P Flynn 5-10-2 **A Persse (5)**
3 (7) **LONELYHARBOURWALL J8** D Weld 4-10-2 **C Hayes**
4 (2) 2 **GLIONDAR 47 (BF)** J O'Brien 3-9-8 **D McMonagle**
5 (4) 743 **JUMPINGTHEGUN 59** G Elliott 3-9-8 **R Cleary**
6 (15) 4532 **KARRYGRANT 31** J Murtagh 3-9-8 **B Coen**
7 (10) 6 **LORD DARRAGH 47** R Devine 3-9-8 **L McAteer**
8 (8) 6 **ONE COOL COUNTY 30** P Murphy 3-9-8 **C Cusack (7)**
9 (3) 53 **ROCK OF CLAREMONT 31 (P★)** A Oliver 3-9-8. **W Lee**
10 (5) 62 **YOGINI 30 (B)** D O'Brien 3-9-8 **G Ryan**
11 (11) 50 **BLUE ORQUIDEA 18** D Hogan 3-9-3 **A Casey (7)**
12 (13) **SALAMINA** J O'Brien 3-9-3 **D McDonogh**
13 (1) 7 **SOCRATEA 49** W McCreery 3-9-3 **R Whelan**
14 (12) 0-43 **STORM PETREL 24** M McDowall 3-9-3 **G Halpin**
15 (14) 63 **XIRIVELLA 9** N Meade 3-9-3 **C Keane**
Gliondar ●99, Karrygrant 96, Jumpingthegun 89.
11-4 Gliondar, 9-2 Karrygrant, 5 Rock Of Claremont, 15-2 Salamina, 8 Jumpingthegun, 11 Yogini, 14 Socratea, Lonelyharbourwall

5.22 HANDICAP; winner €6,000; 1m 1f 100yds. (17 runners)
1 (4) 8771 **SHE'S IDEAL 23** A McGuinness 4-10-2 **S Coen (5)**
2 (10) 2U-7 **KEILAH J31 (D)** M McNiff 6-10-0 **J Cleary (5)**
3 (1) 7750 **PERFECT JUDGEMENT 21** P Murphy 5-10-0 **R Whelan**
4 (14) 3787 **WILLIAM F BROWNE J8** P Flynn 4-9-12 **G Carroll**
5 (12) 5905 **GISELLES DEFENCE 23** S Davis 6-9-9 **S Davis**
6 (11) -150 **THOMPSON GUNNER 145 (T★,V)** C Hughes 5-9-7 **P McGettigan (5)**
7 (6) 9-09 **OMISSIONS 28 (H★,T★)** E Griffin 3-9-6 **D McMonagle**
8 (9) -958 **NO MORE HIDING 59** A Oliver 3-9-4 **W Lee**
9 (16) -607 **SHELBOURNE FLYER 23 (B)** N Meade 5-9-4 **S Tormey (7)**
10 (3) 0000 **LOHENGRIN 21** E Delany 6-9-3 **S Rutledge**
11 (18) 7407 **ONYEISI 26 (B)** K Thornton 3-9-3 **B Coen**
12 (2) 4992 **CAMECLOSE 51** J Davison 3-9-1 **J Ryan**
13 (19) 0754 **LA CAMPANELLA 42 (T★)** G Keane 4-9-1 **C Keane**
14 (15) 980 **PIMLICO PIRANHA 47** B Duke 3-9-0 **R Cleary**
15 (8) 08-8 **TULLYESKER 42** D Kinsella 4-8-13 **L McAteer**
16 (7) -900 **GOLD DUBLOOMS 32 (H★)** E O'Connell 4-8-10 **N Crosse**
17 (5) -433 **CONNOVA 23 (BF)** S Lavery 3-8-8 **C Hayes**
18 (20) 1005 **GEORG ZHUKOV 18** E O'Connell 4-9-9 **RESERVE**
19 (13) 099 **PETTUS BRIDGE 15** D Foster 4-9-4 **RESERVE**
20 (17) 0060 **BANG PO 41** L McAteer 6-8-10 **RESERVE**
She's Ideal ●99, La Campanella 98, Connova 95.
3 Connova, 9-2 She's Ideal, 15-2 La Campanella, 16 William F Browne, Cameclose, Shelbourne Flyer, Keilah, Giselles Defence

5.52 HANDICAP; winner €6,000; 1m 1f 100yds. (17 runners)
1 (14) 2437 **MISS CRINSHAWN 23** P Fahey 4-10-2 **B Coen**
2 (18) 080 **WALLS CROSS 18** T Doyle 4-9-13 **R Whelan**
3 (4) 0476 **MEDIEVAL NIGHT 21 (B)** D Hogan 4-9-12 **W Lee**
4 (11) 3213 **NIBRAS RAINBOW 23 (B;D)** P Flynn 6-9-12 **L Roche**
5 (16) /065 **URBAN WAR J33** J Hanlon 8-9-12 **G Ryan**
6 (9) 0-50 **BREWEL HILL 23 (CD)** P McCreery 10-9-11 **R Colgan**
7 (12) 6079 **ROCKBURY LAD 31 (D)** M O'Callaghan 7-9-10 **D McMonagle**
8 (5) 8544 **CHAPEL ISLAND 26** A Oliver 3-9-6 **W Joyce (3)**
9 (10) -229 **CLEOPATRA'S NEEDLE J14 (H)** H Rogers 8-9-6 **C Hayes**
10 (20) 007 **INVINCIBLE DESTINY 30 (T★)** J Harrington 3-9-6 **S Foley**
11 (19) 680- **MONEY SHUFFLER J91 (B★)** W Roper 6-9-6 **J Ryan**
12 (17) 0-00 **CHAVAJOD 122 (V)** D Coakley 8-9-5 **P Harnett (5)**
13 (6) 9-90 **CHOU CHOU 72 (D)** E O'Connell 5-9-5 **C Cusack (7)**
14 (8) -003 **THEGOOSEISCOOKED 32 (T★;CD)** G Keane 9-9-4 **C Keane**
15 (7) 0516 **NEPHIN MOUNTAIN 10** M Mulvany 3-9-2 **T Casey (7)**
16 (1) 6-42 **DUCHESS ANNE 18** D Foster 5-8-13 **B Coen**
17 (2) -084 **REPONSE FINALE 68** G Cromwell 4-8-12 **R Whearty**
18 (13) 0006 **SHAHADA ACE 18** A Slattery 4-8-13 **RESERVE**
19 (3) 088 **WINSTON'S PROMISE 15 (H★)** L Cusack 3-8-12 **RESERVE**
20 (15) 0008 **DANCING STEVE 6 (V;D)** A McGuinness 5-10-0 **RESERVE**
Miss Crinshawn ●99, Nibras Rainbow 98, Duchess Anne 97.
5 Nibras Rainbow, 7 Miss Crinshawn, Chapel Island, 10 Duchess Anne, 12 Thegooseiscooked, Cleopatra's Needle